



Master Seafood List

Legend

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| Ocean Wise, sustainable seafood option *only the green options are Ocean Wise recommended options |
| Avoid, unsustainable choice |
| Under review, still gathering information on the fishery |
| Eco-Certified, refer to the Recommendation to determine if it is Ocean Wise or not |

Last Updated: April 3, 2018

| Type | Eco-Certification | Recommendation | Variety | Latin name | MSC Fishery Name | Farmed/Wild | Harvest Method | Region |
|----------------|-------------------|-----------------|--|--|------------------------------------|-------------|--|--|
| Abalone | | Ocean Wise | Abalone, Red, Japanese, Paua/Black, Tokobushi/Small, Perlemoen, Blacklip, Greenlip | <i>Haliotis spp.</i> | | Farmed | Contained Production Systems | Worldwide |
| | | Ocean Wise | Abalone | <i>Haliotis spp.</i> | | Farmed | Sea ranching | China, Japan |
| | MSC | Ocean Wise | Greenlip, Brownlip, Roe's | <i>Haliotis laevigata, Haliotis conicopora, Haliotis roel</i> | Western Australia Abalone Fishery | Wild | Hand collection | Australia |
| Alfonsino | | Ocean Wise | Alfonsino | <i>Beryx splendens, B. decadactylus</i> | | Wild | Midwater trawl | New Zealand (management areas BYX1 and BYX2) |
| | | Not Recommended | Alfonsino | <i>Beryx splendens, B. decadactylus</i> | | Wild | Bottom trawl (all areas); Midwater trawl (BYX3) | New Zealand |
| Anchovy | | Not Recommended | European anchovy | <i>Engraulis encrasicolus</i> | | Wild | Unassociated purse seine, Midwater trawl | Mediterranean Sea, Black Sea |
| | MSC | Not Recommended | Anchovy | <i>Engraulis anchoita</i> | Argentine anchovy | Wild | Midwater trawl | South West Atlantic - Argentina, Uruguay |
| | MSC | Not Recommended | European anchovy | <i>Engraulis encrasicolus</i> | Cantabrian Sea purse seine anchovy | Wild | Purse seine | Bay of Biscay: Sub-area VIII |
| Anglerfish | MSC | Ocean Wise | Anglerfish | <i>Lophius piscatorius</i> | ISF Iceland anglerfish | Wild | Bottom Trawl, nephrops trawl, Danish seine, Longline | Iceland |
| | MSC | Not Recommended | Anglerfish | <i>Lophius piscatorius</i> | ISF Iceland anglerfish | Wild | Gillnet | Iceland |
| Barnacle | | Ocean Wise | Gooseneck barnacle | <i>Pollicipes polymerus</i> | | Wild | Hand harvest | British Columbia |
| Barramundi | | Ocean Wise | Barramundi | <i>Lates calcarifer</i> | | Farmed | Recirculating aquaculture system (RAS) | US |
| | | Ocean Wise | Barramundi | <i>Lates calcarifer</i> | | Farmed | Open net pen | Van Phong Bay, Vietnam |
| | | Not Recommended | Barramundi | <i>Lates calcarifer</i> | | Farmed | Open net pen | Australia, South Pacific |
| | | Not Recommended | Barramundi | <i>Lates calcarifer</i> | | Wild | Gillnet, handline, pelagic longline | Indonesia |
| | | Under Review | Barramundi | <i>Lates calcarifer</i> | | Wild | Gillnet | Australia |
| Bass | | Ocean Wise | Hybrid striped bass | <i>Morone saxatilis x Morone chrysops</i> | | Farmed | Recirculating aquaculture system (RAS) | US |
| | | Ocean Wise | Striped bass | <i>Morone saxatilis</i> | | Wild | Uncovered Pound Nets, handlines, pole-and-line | US Atlantic |
| | | Not Recommended | Striped bass | <i>Morone saxatilis</i> | | Wild | Set Gillnets | US Atlantic |
| Black Sea Bass | | Ocean Wise | Atlantic Seabass, Black Perch, Chub, Rock Bass, Seabass, Tallywag | <i>Centropristis striata</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide |
| | | Ocean Wise | Atlantic Seabass, Black Perch, Chub, Rock Bass, Seabass, Tallywag | <i>Centropristis striata</i> | | Wild | Trap | US Southern Mid-Atlantic, US Northern Mid Atlantic |
| | | Ocean Wise | Atlantic Seabass, Black Perch, Chub, Rock Bass, Seabass, Tallywag | <i>Centropristis striata</i> | | Wild | Handline | US Mid-Atlantic, US South Atlantic |
| | | Not Recommended | aka Atlantic sea bass | <i>Centropristis striata</i> | | Wild | Bottom trawl | US Atlantic |
| Bluefish | | Ocean Wise | Bluefish | <i>Pomatomus saltatrix</i> | | Wild | Handline, Pole, Troll | Northern Atlantic US |
| | | Not Recommended | Bluefish | <i>Pomatomus saltatrix</i> | | Wild | Bottom gillnet, Bottom trawl | Northern Atlantic US |
| Bluenose | | Not Recommended | Antarctic butterflyfish, deepsea trevalla, bluenose seabass | <i>Hyperoglyphe antarctica</i> | | Wild | Bottom longline, Bottom trawl, Midwater trawl | New Zealand |
| Capelin | | Ocean Wise | Smelt, smelt roe, masago | <i>Mallotus villosus</i> | | Wild | Purse seine | Canada: Gulf of St Lawrence, North Atlantic |
| | | Not Recommended | Smelt, smelt roe, masago | <i>Mallotus villosus</i> | | Wild | Trap net, Tuck seine | Canada: Gulf of St Lawrence, North Atlantic |
| | MSC | Ocean Wise | Smelt, smelt roe, masago | <i>Mallotus villosus</i> | | Wild | Purse seine, Trawls, Pelagic Trawl | Iceland |
| Carp | Naturland | Ocean Wise | Carp | <i>Cyprinus carpio</i> | | Farmed | Various | Worldwide |
| Catfish | | Ocean Wise | Channel catfish | <i>Ictalurus punctatus</i> | | Farmed | Pond | US |
| | | Ocean Wise | Catfish | <i>Clarias gariepinus, Ictalurus punctatus, Silurus glanis</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide |
| | | Not Recommended | Channel catfish | <i>Ictalurus punctatus</i> | | Farmed | Pond, net pen | China |
| | | Not Recommended | Pangasius, basa, sutchi catfish, Mekong river fish, striped catfish | <i>Pangasiandon hypophthalmus</i> | | Farmed | Pond | Vietnam |
| | ASC | Ocean Wise | Catfish, Pangasius | <i>Pangasius spp.</i> | | Farmed | Various | Worldwide |

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|-----------------|-------------------------|-----------------|--|---|--|--------|---|---|
| | Naturland | Ocean Wise | Catfish, Pangasius | <i>Pangasius spp.</i> | | Farmed | Various | Worldwide |
| Caviar/Roe | | Ocean Wise | Sea urchin roe, red sea urchin roe, uni | <i>Strongylocentrotus droebachiensis, S. franciscanus</i> | | Wild | Diver | Canada |
| | | Ocean Wise | Shortnose sturgeon | <i>Acipenser brevirostrum</i> | | Farmed | Recirculating aquaculture system (RAS) | Canada, New Brunswick |
| | | Ocean Wise | White sturgeon | <i>Acipenser transmontanus</i> | | Farmed | Recirculating aquaculture system (RAS) | Sechelt, BC |
| | | Not Recommended | Atlantic sturgeon | <i>Acipenser oxyrinchus oxyrinchus</i> | | Wild | Large mesh bottom gillnet | Quebec: St Lawrence River |
| | | Not Recommended | Lake sturgeon | <i>Acipenser fulvescens</i> | | Wild | Large mesh bottom gillnet | Quebec: St Lawrence River |
| | | Not Recommended | Paddlefish | <i>Polyodon spathula</i> | | Wild | Drift gillnet | Mississippi, US |
| | | Not Recommended | Shovelnose sturgeon | <i>Scaphirhynchus platorhynchus</i> | | Wild | Drift gillnet | Mississippi River, US |
| | | Not Recommended | Capelin, Smelt, smelt roe, masago | <i>Mallotus villosus</i> | | Wild | Purse seine; Midwater trawl | Canada |
| | | Not Recommended | White sturgeon | <i>Acipenser transmontanus</i> | | Farmed | Recirculating aquaculture system (RAS) | Columbia River, US |
| | | Under Review | Flying fish roe, tobiko | <i>Parexocoetus brachypterus; Cheilopogon exsiliens</i> | | Wild | Dip net; Handline | Worldwide |
| | | Under Review | Lumpfish | <i>Cyclopterus lumpus</i> | | Wild | Gillnet | Canada |
| Char | | Ocean Wise | Arctic char | <i>Salvelinus alpinus</i> | | Farmed | Flow through system | Canada, Iceland, US |
| | | Ocean Wise | Arctic char | <i>Salvelinus alpinus</i> | | Farmed | Recirculating Aquaculture Systems (RAS) | Worldwide |
| | | Ocean Wise | Arctic char | <i>Salvelinus alpinus</i> | | Wild | Weir, Bottom gillnet | Canada: Nunavut |
| Chilean Seabass | | Not Recommended | Patagonian toothfish | <i>Dissostichus eleginoides</i> | | Wild | Bottom longline; Bottom trawl; Various | Prince Edward and Marion Islands, Chile |
| | MSC | Ocean Wise | Patagonian toothfish | <i>Dissostichus eleginoides</i> | Macquarie Island toothfish | Wild | Trawl | Macquarie Island |
| | MSC | Ocean Wise | Patagonian toothfish | <i>Dissostichus eleginoides</i> | Heard Island and McDonald Islands (HIMI) toothfish | Wild | Bottom trawl, Bottom longline | Heard Island and McDonald islands |
| | MSC | Ocean Wise | Patagonian toothfish | <i>Dissostichus eleginoides</i> | Falkland Island toothfish | Wild | Longline | Falkland Islands |
| | MSC | Ocean Wise | Patagonian toothfish | <i>Dissostichus eleginoides</i> | South Georgia Patagonian toothfish longline | Wild | Bottom longline | Around the island of South Georgia |
| | MSC | Not Recommended | Patagonian toothfish | <i>Dissostichus eleginoides</i> | Macquarie Island toothfish | Wild | Bottom longline | Macquarie Island |
| | MSC | Not Recommended | Patagonian toothfish | <i>Dissostichus eleginoides</i> | SARPC Toothfish | Wild | Bottom longline | Area around the islands of Kerguelen and Crozet |
| | MSC | Not Recommended | Patagonian toothfish | <i>Dissostichus eleginoides</i> | Ross Sea Toothfish Longline | Wild | Bottom longline | Ross sea |
| Clams | | Ocean Wise | Atlantic surf clam | <i>Spisula solidissima</i> | | Wild | Hydraulic dredge | US Atlantic |
| | | Ocean Wise | Clams, (Manila, Razor & Venus Clams, Cockles, Littlenecks, Steamers, Hard Clams) | <i>Anadara spp., Cyclina spp., Merceneria spp., Meretrix spp., Sinonvacula spp., Tapes spp., Venerupis spp.</i> | | Farmed | Dredge, Hand harvest, Hand rake | Worldwide |
| | | Ocean Wise | Geoduck | <i>Panopea generosa</i> | | Farmed | On-bottom culture | British Columbia, Washington |
| | | Ocean Wise | Geoduck | <i>Panopea generosa</i> | | Wild | Stinger | British Columbia, Washington |
| | | Ocean Wise | Hard clam | <i>Mercenaria mercenaria</i> | | Wild | Hand rake, Hand harvest | Massachusetts, North Carolina, Rhode Island |
| | | Ocean Wise | Hard clam | <i>Mercenaria mercenaria</i> | | Wild | Hand rake | Atlantic Canada |
| | | Ocean Wise | Northern quahog clam | <i>Mercenaria mercenaria</i> | | Wild | Hand rake | Massachusetts, New York, North Carolina, Rhode Island |
| | | Ocean Wise | Ocean quahog | <i>Arctica islandica</i> | | Wild | Hydraulic dredge | US Atlantic |
| | | Ocean Wise | Razor clam | <i>Siliqua patula</i> | | Wild | Hand harvest | Washington, Oregon, Quinault Nation |
| | | Ocean Wise | Razor clam | <i>Siliqua patula</i> | | Wild | Hand harvest | Alaska & British Columbia |
| | | Ocean Wise | Softshell/Steamers clam (Fryer, Ipswich & Longneck Clams, Steamers) | <i>Mya arenaria</i> | | Wild | Hand rake, Hand harvest | Maine, Massachusetts |
| | | Ocean Wise | Softshell clam | <i>Mya arenaria</i> | | Wild | Hand rake | Atlantic Canada |
| | MSC | Ocean Wise | Arctic surf clam | <i>Mactromeris polynyma</i> | Clearwater Seafoods Banquereau and Grandbanks Arctic surf clam | Wild | Hydraulic dredge | Banquereau Bank, Grand Banks |
| | MSC | Ocean Wise | Atlantic surf clam & Ocean quahog | <i>Spisula solidissima, Arctica islandica</i> | US Atlantic Surfclam and Ocean Quahog | Wild | Hydraulic dredge | US Northeast Atlantic |
| | MSC | Ocean Wise | Cockle | <i>Cerastoderma edule</i> | Clams and cockle Fishery from Ria de Arousa | Wild | Hand harvest | Ria de Arousa - Spain |
| | MSC | Ocean Wise | Pullet carpet shell clam | <i>Venerupis pullastra</i> | Clams and cockle Fishery from Ria de Arousa | Wild | Hand harvest | Ria de Arousa - Spain |
| | MSC | Ocean Wise | Grooved carpet shell | <i>Duditapes decussatus</i> | Clams and cockle Fishery from Ria de Arousa | Wild | Hand harvest | Ria de Arousa - Spain |
| | MSC | Ocean Wise | Short-necked clam | <i>Ruditapes philippinarum</i> | Clams and cockle Fishery from Ria de Arousa | Wild | Hand harvest | Ria de Arousa - Spain |
| | MSC | Ocean Wise | Razor clam | <i>Ensis arcuatus</i> | Razor clam fishery from Ria de Pontevedra | Wild | Diver | Ria de Pontevedra - Spain |
| | ASC | Ocean Wise | Clams | Multiple Species | | Farmed | Various | Worldwide |
| | Canadian Organic | Ocean Wise | Clams | Multiple Species | | Farmed | Various | Canada |
| | Food Alliance Shellfish | Ocean Wise | Clams | Multiple Species | | Farmed | Various | Worldwide |
| | MSC | Not Recommended | Hard clam | <i>Meretrix lyrata</i> | Vietnam Ben Tre clam hand gathered | Wild | Hand harvest | Ben Tre Province - Vietnam |
| | MSC | Ocean Wise | Razor shell clam | <i>Ensis directus</i> | DFA Dutch North Sea ensis | Wild | Hydraulic dredge | Netherlands |
| | MSC | Not Recommended | Short-necked clams | <i>Paphia malabarica</i> | Ashtamudi Estuary Short-Necked Clam Fishery | Wild | Diver, Hydraulic dredge | Ashtamudi Estuary, Kerala, India |

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| Cobia | | Ocean Wise | Cobia | <i>Rachycentron canadum</i> | | Farmed | Recirculating aquaculture system (RAS) | US |
| | | Ocean Wise | Cobia | <i>Rachycentron canadum</i> | | Wild | Handline, Midwater gillnet | US Atlantic, US Gulf of Mexico |
| | | Not Recommended | Cobia | <i>Rachycentron canadum</i> | | Farmed | Open net pen, Submersible net pen | Panama |
| | | Not Recommended | Cobia | <i>Rachycentron canadum</i> | | Wild | Bottom longline | US Gulf of Mexico |
| Cockle | | Ocean Wise | New Zealand Cockle | <i>Austrovenus stutchburyi</i> | | Wild | Hand picking, dredge | New Zealand |
| | MSC | Ocean Wise | Common cockle | <i>Cerastoderma edule</i> | Burry Inlet cockles | Wild | Hand harvest, Hand rake | Burry Inlet, Carmarthenshire and Swansea, South Wales, UK |
| | MSC | Ocean Wise | Common cockle | <i>Cerastoderma edule</i> | Dee Estuary cockle | Wild | Hand harvest | Dee Estuary, UK |
| | MSC | Ocean Wise | Common cockle | <i>Cerastoderma edule</i> | DFPO Limfjord mussel and cockle | Wild | Hydraulic dredge | Denmark's Limfjord, FAO Statistical Area 27 |
| | MSC | Ocean Wise | Waddenzee | <i>Cerastoderma edule</i> | OHV Dutch Waddenzee and Oosterschelde Hand Raked cockle | Wild | Hand rake | Netherlands EEZ |
| | MSC | Ocean Wise | Oosterschelde | <i>Cerastoderma edule</i> | OHV Dutch Waddenzee and Oosterschelde Hand Raked cockle | Wild | Hand rake | Netherlands EEZ |
| Cod | | Ocean Wise | Atlantic cod | <i>Gadus morhua</i> | | Wild | Handline | US: Georges Bank |
| | | Ocean Wise | Pacific cod | <i>Gadus macrocephalus</i> | | Wild | Bottom trawl, Trap, Jig, Bottom longline | Alaska |
| | | Ocean Wise | Pacific cod | <i>Gadus macrocephalus</i> | | Wild | Bottom trawl | California, Oregon, Washington |
| | | Ocean Wise | Pacific cod | <i>Gadus macrocephalus</i> | | Wild | Bottom trawl | British Columbia |
| | | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | | Wild | Bottom trawl, Bottom longline, Bottom gillnet | Canada |
| | | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | | Wild | Bottom gillnet, Bottom longline, Bottom trawl | US: Georges Bank |
| | | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | | Wild | Bottom longline, Bottom trawl, Handline | US: Gulf of Maine |
| | | Not Recommended | Pacific cod | <i>Gadus macrocephalus</i> | | Wild | Bottom trawl, Danish seine, Bottom longline | Russia |
| | | Not Recommended | Pacific cod | <i>Gadus macrocephalus</i> | | Wild | Bottom trawl, Bottom longline, Bottom gillnet, Danish seine, Trap net | Japan |
| | | Under Review | Atlantic cod | <i>Gadus morhua</i> | | Wild | Handline | Canada |
| | MSC | Ocean Wise | Arctic cod | <i>Gadus morhua</i> | Faroe Island North East Arctic cod & Saithe | Wild | Bottom trawl | Norwegian and Russian EEZ and International waters |
| | MSC | Not Recommended | Arctic cod | <i>Gadus morhua</i> | UK Fisheries/DFFU/Doggerbank Northeast Arctic cod, haddock and saithe | Wild | Bottom trawl | North East Arctic - ICES Sub Areas I and II |
| | MSC | Ocean Wise | Atlantic cod | <i>Gadus morhua</i> | Russian Federation Barents sea cod and haddock | Wild | Bottom trawl | Norwegian EEZ and Svalbard FPZ |
| | MSC | Ocean Wise | Arctic cod | <i>Gadus morhua</i> | Barents Sea cod, haddock and saithe | Wild | Bottom trawl | Barents Sea - Within Norwegian and Russian EEZ and International Waters |
| | MSC | Ocean Wise | Atlantic cod (North) | <i>Gadus morhua</i> | ISF cod | Wild | Bottom trawl, Midwater trawl, Longline, Danish seine, Handline, Gillnet | Icelandic EEZ |
| | MSC | Ocean Wise | North East Arctic cod | <i>Gadus morhua</i> | Greenland cod, haddock and saithe trawl | Wild | Bottom trawl | ICES Areas I and II: within Norwegian and Russian EEZ and International waters |
| | MSC | Ocean Wise | Pacific cod | <i>Gadus macrocephalus</i> | Alaska Pacific Cod - Bering Sea and Aleutian Islands | Wild | Jig, Bottom longline, Trap, Trawl | Alaska - Bearing Sea and Aleutian Islands |
| | MSC | Ocean Wise | Pacific cod | <i>Gadus macrocephalus</i> | Alaska Pacific Cod - Gulf of Alaska | Wild | Jig, Bottom longline, Trap, Trawl | Alaska - Gulf of Alaska |
| | MSC | Not Recommended | Arctic cod | <i>Gadus morhua</i> | Norway North East Arctic cod | Wild | Trawl, Longline, Gillnet, Danish seine, Handline | Norway - ICES subareas I and II |
| | MSC | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | Canada/Newfoundland 3PS cod | Wild | Handline, Longline, Gillnet, Various | North-West Atlantic, FAO 21, Northwest Atlantic Fisheries Organisation (NAFO) Subdivision 3Ps |
| | MSC | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | AGARBA Spain Barents Sea cod | Wild | Bottom trawl | Arctic Ocean-Barents Sea, ICES subareas I & II |
| | MSC | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | Arkhangelsk Trawl Fleet Barents Sea cod & haddock | Wild | Bottom trawl | Barents and Norwegian Seas |
| | MSC | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | DFPO Denmark Eastern Baltic cod | Wild | Bottom trawl, Longline | ICES sub division 25-32 |
| | MSC | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | Fiskbranschens Sweden Eastern Baltic cod | Wild | Bottom trawl, Longline, Trap | ICES areas 25-31 (Eastern Baltic Sea) |
| MSC | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | Poland Eastern Baltic cod | Wild | Bottom trawl, Bottom gillnet, Midwater trawl, Longline | Poland - FAO 27, ECES 25-32 | |
| MSC | Not Recommended | Atlantic cod | <i>Gadus morhua</i> | DFPO Denmark North Sea & Skagerrak cod & saithe | Wild | Bottom trawl, Danish seine, Set net, Various | North Sea (ICES area IV) and Divisions IIIa,b,c,d. | |
| MSC | Not Recommended | European cod | <i>Gadus morhua</i> | Germany Eastern Baltic cod | Wild | Bottom trawl, Midwater trawl, Seine | Eastern Baltic Sea | |
| MSC | Not Recommended | North Sea Cod | <i>Gadus morhua</i> | Scottish Fisheries Sustainable Accreditation Group (SFSAG) North Sea cod | Wild | Trawl | Northeast Atlantic FAO area 27 | |
| MSC | Not Recommended | Arctic cod | <i>Gadus morhua</i> | Comapêche and Euronor cod and haddock | Wild | Bottom trawl | North East Arctic - ICES Sub Areas I and II | |
| Conch | | Ocean Wise | Queen conch, Pink conch | <i>Strombus gigas</i> | | Wild | Diver | Caribbean Sea: US Virgin Islands |
| | | Not Recommended | Queen conch, Pink conch | <i>Strombus gigas</i> | | Wild | Diver | Caribbean Sea: Honduras |
| | | Not Recommended | Queen conch, Pink conch | <i>Strombus gigas</i> | | Wild | Diver | Caribbean Sea: Nicaragua |
| | | Not Recommended | Queen conch, Pink conch | <i>Strombus gigas</i> | | Wild | Hand harvest | Caribbean Sea: Belize |
| | | Not Recommended | Queen conch, Pink conch | <i>Strombus gigas</i> | | Wild | Diver | Caribbean Sea: Puerto Rico |
| | | Not Recommended | Queen conch, Pink conch | <i>Strombus gigas</i> | | Wild | Diver | Northwest Atlantic: Bahamas |
| | | Not Recommended | Queen conch, Pink conch | <i>Strombus gigas</i> | | Wild | Hand harvest | Northwest Atlantic: Turks and Caicos |
| | | Not Recommended | Queen conch, Pink conch | <i>Strombus gigas</i> | | Wild | Hand harvest | Northwest Atlantic: Turks and Caicos |
| Crab | | Ocean Wise | Atlantic Red Deepsea Crab | <i>Chaceon quinquegens</i> | | Wild | Trap | US Atlantic |
| | | Ocean Wise | Atlantic rock crab | <i>Cancer irroratus</i> | | Wild | Conical trap | Belle River, PEI. LFA 23, 25, 26A |
| | | Ocean Wise | Blue crab (Hardshell, Softshell) | <i>Callinectes sapidus</i> | | Wild | Trotline | Chesapeake Bay, US |

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| | Ocean Wise | Blue swimmer crab | <i>Portunus armatus</i> | | Wild | Trap | Australia |
| | Ocean Wise | Brown rock crab | <i>Cancer antennarius</i> | | Wild | Crab ring | Oregon |
| | Ocean Wise | Dungeness crab | <i>Metacarcinus magister</i> (formerly <i>Cancer magister</i>) | | Wild | Trap | Alaska, British Columbia, Washington, Oregon |
| | Ocean Wise | King crab (Golden, Blue, Red) | <i>Lithodes aequispinus</i> , <i>Paralithodes platypus</i> , <i>Paralithodes camtschaticus</i> | | Wild | Trap | Alaska - Aleutian Islands, Bristol Bay |
| | Ocean Wise | King Crab (Red) | <i>Paralithodes camtschaticus</i> | | Wild | Trap | Norway |
| | Ocean Wise | Red rock crab | <i>Cancer productus</i> | | Wild | Crab ring | Oregon |
| | Ocean Wise | Snow Crab | <i>Chionoecetes opilio</i> | | Wild | Trap | Alaska Bering Sea |
| | Ocean Wise | Southern Tanner Crab | <i>Chionoecetes bairdi</i> | | Wild | Pot | Alaska Bering Sea |
| | Ocean Wise | Stone crab | <i>Menippe mercenaria</i> , <i>Menippe adina</i> | | Wild | Trap | US Atlantic, US Gulf of Mexico |
| | Ocean Wise | Mexican swimming crab | <i>Callinectes bellicosus</i> , <i>C. arcuatus</i> , <i>C. Sapidus</i> | | Wild | Traps, rings, scoopnets | Gulf of California (Sonora and Sinaloa) and Campeche |
| | Not Recommended | King Crab (Southern) | <i>Lithodes santolla</i> | | Wild | Trap | Argentina |
| | Not Recommended | Atlantic rock crab | <i>Cancer irroratus</i> | | Wild | Trap | US Atlantic |
| | Not Recommended | Atlantic rock crab | <i>Cancer irroratus</i> | | Wild | Trap | Canada: Gulf of St Lawrence |
| | Not Recommended | Beni-zuwai crab | <i>Chionoecetes japonicus</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | Blue crab (Hardshell, Softshell) | <i>Callinectes sapidus</i> | | Wild | Trap | Gulf of Mexico, US Atlantic |
| | Not Recommended | Blue, red swimmer crab (Hardshell, Softshell) | <i>Portunus pelagicus</i> , <i>P. haanii</i> | | Wild | Trap, Bottom gillnet, Bottom trawl | China, Thailand, Indonesia, India, Vietnam |
| | Not Recommended | Blue swimmer crab | <i>Portunus armatus</i> | | Wild | Bottom trawl | Australia |
| | Not Recommended | Blue swimmer crab | <i>Portunus pelagicus</i> | | Wild | Bottom gillnet, Trap | Philippines |
| | Not Recommended | Brown rock crab | <i>Cancer antennarius</i> | | Wild | Trap | California |
| | Not Recommended | Chinese mitten Crab | <i>Eriocheir sinensis</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | Dungeness crab | <i>Metacarcinus magister</i> (formerly <i>Cancer magister</i>) | | Wild | Trap | California |
| | Not Recommended | Hanasaki Crab | <i>Paralithodes brevipes</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | Jonah crab | <i>Cancer borealis</i> | | Wild | Trap | Canada and US Atlantic |
| | Not Recommended | Kegani Crab | <i>Erimacrus isenbeckii</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | King Crab (Red) | <i>Paralithodes camtschaticus</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | King Crab (Blue) | <i>Paralithodes platypus</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | King Crab (Golden) | <i>Lithodes aequispinus</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | Red rock crab | <i>Cancer productus</i> | | Wild | Trap | California |
| | Not Recommended | Snow crab | <i>Chionoecetes opilio</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | Southern Tanner Crab | <i>Chionoecetes bairdi</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | Triangle tanner crab | <i>Chionoecetes angulatus</i> | | Wild | Trap | Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan |
| | Not Recommended | Yellow rock crab | <i>Cancer anthonyi</i> | | Wild | Trap | California |
| MSC | Ocean Wise | Blue swimmer crab & Sea Mullet | <i>Portunus armatus</i> , <i>Mugil cephalus</i> | Western Australia Peel Harvey estuarine fishery | Wild | Trap, Gillnet, Various | Peel Harvey, Estuary, Western Australia. |
| MSC | Ocean Wise | Crystal crab | <i>Chaceon albus</i> | Australia West Coast deep sea crab | Wild | Trap | West coast of Western Australia: FAO statistical area 57 |
| MSC | Not Recommended | Snow crab | <i>Chionoecetes opilio</i> | Gulf of St Lawrence snow crab trap | Wild | Trap | Nova Scotia |
| MSC | Ocean Wise | Snow crab | <i>Chionoecetes opilio</i> | Scotian shelf snow crab trap | Wild | Trap | Nova Scotia |
| MSC | Ocean Wise | Snow Crab | <i>Chionoecetes opilio</i> | Newfoundland & Labrador snow crab | Wild | Trap | Newfoundland & Labrador |
| MSC | Not Recommended | Blue crab | <i>Callinectes sapidus</i> | Louisiana blue crab | Wild | Trap | Gulf of Mexico, State waters of Louisiana |
| MSC | Not Recommended | Brown crab | <i>Cancer pagurus</i> | SSMO Shetland inshore brown & velvet crab, lobster and scallop fishery | Wild | Trap | EU waters - ICES Area Iva which is within 6 nautical miles of Shetland |
| MSC | Not Recommended | Velvet crab | <i>Necora puber</i> | SSMO Shetland inshore brown & velvet crab, lobster and scallop fishery | Wild | Trap | EU waters - ICES Area Iva which is within 6 nautical miles of Shetland |
| MSC | Not Recommended | Deeep Sea Red Crab | <i>Chaceon quinquegens</i> | Atlantic deep sea red crab | Wild | Trap | Cape Hatteras (North Carolina) in the South to the border with Canada in the North |
| Crayfish | Ocean Wise | Crayfish (Crawfish, Crawdad) | <i>Procambarus clarkii</i> | | Farmed | Pond | US |
| | Not Recommended | Crayfish (Crawfish, Crawdad) | <i>Procambarus clarkii</i> | | Wild | Trap | Louisiana Atchafalaya Basin |
| | Not Recommended | Crayfish (Crawfish, Crawdad) | <i>Procambarus clarkii</i> | | Farmed | Pond | China |
| Croaker | Ocean Wise | Atlantic croaker | <i>Micropogonias undulatus</i> | | Wild | Trap net, Seine, hook and line | US Atlantic Ocean |

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|-----------|------------|------------------------|--------------------------------------|---|---|---------------------------------------|---------------------------------------|--|
| | | Not Recommended | Atlantic croaker | <i>Micropogonias undulatus</i> | | Wild | Bottom gillnet, Bottom trawl | US Atlantic Ocean |
| Drum | | Ocean Wise | Red drum | <i>Sciaenops ocellatus</i> | | Farmed | Pond | Texas, US |
| | | Ocean Wise | Black Drum | <i>Pogonias cromis</i> | | Wild | Trotline | Louisiana, Gulf of Mexico |
| | | Not Recommended | Black Drum | <i>Pogonias cromis</i> | | Wild | Trotline | Texas, Gulf of Mexico |
| Eel | | Not Recommended | American eel (Freshwater eel, unagi) | <i>Anguilla rostrata</i> | | Farmed | Pond | South Korea, Japan, Taiwan, China |
| | | Not Recommended | European eel (Freshwater eel, unagi) | <i>Anguilla anguilla</i> | | Farmed | Pond | South Korea, Japan, Taiwan, China |
| | | Not Recommended | Japanese eel (Freshwater eel, unagi) | <i>Anguilla japonica</i> | | Farmed | Pond | South Korea, Japan, Taiwan, China |
| Eulachon | | Not Recommended | Eulachon | <i>Thaleichthys pacificus</i> | | Wild | Seine, Conical net | BC |
| Flounder | | Ocean Wise | Arrowtooth flounder | <i>Atheresthes stomia</i> | | Wild | Bottom trawl | Alaska, California, Washington, Oregon |
| | | Ocean Wise | Arrowtooth flounder | <i>Atheresthes stomia</i> | | Wild | Midwater trawl | British Columbia |
| | | Ocean Wise | California flounder | <i>Paralichthys californicus</i> | | Wild | Trolling Lines | Central California, Southern California |
| | | Ocean Wise | Kamchatka flounder | <i>Atheresthes evermanni</i> | | Wild | Bottom trawl | Alaska |
| | | Ocean Wise | Starry flounder | <i>Platichthys stellatus</i> | | Wild | Bottom trawl | California |
| | | Not Recommended | California flounder | <i>Paralichthys californicus</i> | | Wild | Bottom trawl, Bottom gillnet | Central California, Southern California |
| | | Not Recommended | Arrowtooth flounder | <i>Atheresthes stomia</i> | | Wild | Bottom trawl | British Columbia |
| | | Not Recommended | Summer flounder, Lemon sole | <i>Paralichthys dentatus, various</i> | | Wild | Bottom trawl | Atlantic US – New England |
| | | Not Recommended | Windowpane flounder | <i>Scophthalmus aquosus</i> | | Wild | Bottom trawl | Atlantic US – Mid-Atlantic, Gulf of Maine, Georges Bank, New England |
| | | Not Recommended | Winter flounder; blackback flounder | <i>Pseudopleuronectes americanus</i> | | Wild | Bottom trawl; Bottom gillnet | Atlantic US (Georges Bank and Southern New England) |
| | | Not Recommended | Witch flounder | <i>Glyptocephalus cynoglossus</i> | | Wild | Bottom trawl | Atlantic US – New England, Mid Atlantic |
| | | Not Recommended | Winter flounder; blackback flounder | <i>Pseudopleuronectes americanus</i> | | Wild | Bottom trawl | Atlantic Canada |
| | | Not Recommended | Yellowtail flounder | <i>Limanda ferruginea</i> | | Wild | Bottom trawl; Bottom gillnet | Atlantic US – Georges Bank, New England, Cape Cod, Gulf of Maine, Mid Atlantic |
| | MSC | Ocean Wise | Arrowtooth flounder | <i>Atheresthes stomias</i> | Alaska Flatfish - Bering Sea and Aleutian Islands | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | MSC | Ocean Wise | Alaska Plaice | <i>Pleuronectes quadrituberculatus</i> | Alaska Flatfish - Bering Sea and Aleutian Islands | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | MSC | Ocean Wise | Flathead sole | <i>Hippoglossoides elassodon</i> | Alaska Flatfish - Bering Sea and Aleutian Islands | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | MSC | Ocean Wise | Kamchatka flounder | <i>Atheresthes evermanni</i> | Alaska Flatfish - Bering Sea and Aleutian Islands | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | MSC | Ocean Wise | Northern rock sole | <i>Lepidopsetta polyxystra</i> | Alaska Flatfish - Bering Sea and Aleutian Islands | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | MSC | Ocean Wise | Yellowfin sole | <i>Limanda aspera</i> | Alaska Flatfish - Bering Sea and Aleutian Islands | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | MSC | Ocean Wise | Arrowtooth flounder | <i>Atheresthes stomias</i> | Alaska Flatfish - Gulf of Alaska | Wild | Bottom trawl | Gulf of Alaska |
| | MSC | Ocean Wise | Flathead sole | <i>Hippoglossoides elassodon</i> | Alaska Flatfish - Gulf of Alaska | Wild | Bottom trawl | Gulf of Alaska |
| | MSC | Ocean Wise | Northern rock sole | <i>Lepidopsetta polyxystra</i> | Alaska Flatfish - Gulf of Alaska | Wild | Bottom trawl | Gulf of Alaska |
| | MSC | Ocean Wise | Rex sole | <i>Glyptocephalus zachirus</i> | Alaska Flatfish - Gulf of Alaska | Wild | Bottom trawl | Gulf of Alaska |
| | MSC | Ocean Wise | Southern Rock sole | <i>Lepidopsetta bilineata</i> | Alaska Flatfish - Gulf of Alaska | Wild | Bottom trawl | Gulf of Alaska |
| | MSC | Ocean Wise | Arrowtooth flounder | <i>Atheresthes stomias</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California |
| | MSC | Ocean Wise | Chilipepper rockfish | <i>Sebastes goodei</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California |
| | MSC | Ocean Wise | Daover sole | <i>Microstomus pacificus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California |
| MSC | Ocean Wise | English sole | <i>Parophrys vetulus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Lingcod | <i>Ophiodon elongatus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Longnose Skates | <i>Raja rhina</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Longspine Thornyheads | <i>Sebastolobus altivelis</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Petrale sole | <i>Eopsetta jordani</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Sablefish | <i>Anoplopoma fimbria</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Shortspine thornyheads | <i>Sebastolobus alascanus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Splitnose rockfish | <i>Sebastes diploproa</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Widow rockfish | <i>Sebastes entomelas</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Yellowtail rockfish | <i>Sebastes flavidus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California | |
| MSC | Ocean Wise | Flathead flounder | <i>Hippoglossoides dubius</i> | Kyoto Danish Seine Fishery Federation flathead flounder | Wild | Danish seine | Sea of Japan | |
| MSC | Ocean Wise | Yellowtail flounder | <i>Limanda ferruginea</i> | OCI Grand Bank Yellowtail flounder trawl | Wild | Bottom trawl | Grand Banks | |
| Greenling | | Not Recommended | Kelp greenling | <i>Hexagrammosdeca grammus</i> | | Wild | Handline | Oregon, Washington, California |
| Grenadier | | Ocean Wise | Giant grenadier | <i>Albatrossia pectoralis</i> | | Wild | Bottom trawl | Oregon, Washington, California |
| | | Ocean Wise | Pacific grenadier | <i>Coryphaenoides acrolepis</i> | | Wild | Bottom trawl | California |
| | MSC | Ocean Wise | Blue Grenadier | <i>Macruronus novaezelandiae</i> | Australia blue grenadier | Wild | Bottom trawl, Midwater trawl | Southern Ocean, around Tasmania within EEZ of Australia |

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|---------|-----------------|--------------------|--|---------------------------------------|--|-----------------|---|---|
| Grouper | | Ocean Wise | Black grouper | <i>Mycteroperca bonaci</i> | | Wild | Handline | S. Atlantic, Gulf of Mexico |
| | | Ocean Wise | Hawaiian grouper | <i>Epinephelus quernus</i> | | Wild | Handline | Hawaii |
| | | Not Recommended | Black grouper | <i>Mycteroperca bonaci</i> | | Wild | Bottom longline | Gulf of Mexico |
| | | Not Recommended | Black grouper | <i>Mycteroperca bonaci</i> | | Wild | Bottom longline | Mexico |
| | | Not Recommended | Gag grouper | <i>Mycteroperca microlepis</i> | | Wild | Bottom longline, Handline | S. Atlantic, Gulf of Mexico |
| | | Not Recommended | Red grouper | <i>Epinephelus morio</i> | | Wild | Bottom longline, Handline | S. Atlantic, Gulf of Mexico |
| | | Not Recommended | Red grouper | <i>Epinephelus morio</i> | | Wild | Bottom longline, Handline | Mexico |
| | | Not Recommended | Snowy grouper | <i>Epinephelus niveatus</i> | | Wild | Bottom longline, Handline | S. Atlantic, Gulf of Mexico |
| | | Not Recommended | Warsaw grouper | <i>Epinephelus nigritus</i> | | Wild | Bottom longline, Handline | S. Atlantic, Gulf of Mexico |
| | | Not Recommended | Yellowedge grouper | <i>Epinephelus flavolimbatus</i> | | Wild | Bottom longline, Handline | S. Atlantic, Gulf of Mexico |
| Haddock | | Ocean Wise | Haddock | <i>Melanogrammus aeglefinus</i> | | Wild | Handline, Bottom longline | US - Georges Bank |
| | | Not Recommended | Haddock | <i>Melanogrammus aeglefinus</i> | | Wild | Handline | US - Gulf of Maine |
| | | Not Recommended | Haddock | <i>Melanogrammus aeglefinus</i> | | Wild | Bottom trawl, Bottom longline | US - Gulf of Maine |
| | | Not Recommended | Haddock | <i>Melanogrammus aeglefinus</i> | | Wild | Bottom trawl | US - Georges Bank |
| | MSC | Not Recommended | Arctic haddock | <i>Melanogrammus aeglefinus</i> | Norway North East Arctic haddock | Wild | Bottom trawl, Bottom longline, Gillnet, Danish seine, Handline | ICES Sub-areas I and II |
| | MSC | Ocean Wise | Atlantic haddock | <i>Melanogrammus aeglefinus</i> | Canada Scotia-Fundy haddock | Wild | Bottom trawl, Bottom longline, Handline, Gillnet | Scotian shelf 4X5Y and 5Zjm |
| | MSC | Not Recommended | Atlantic haddock | <i>Melanogrammus aeglefinus</i> | Arkhangelsk Trawl Fleet Barents Sea cod & haddock | Wild | Bottom trawl | Barents and Norwegian Seas |
| | MSC | Not Recommended | Atlantic haddock | <i>Melanogrammus aeglefinus</i> | Scottish Fisheries Sustainable Accreditation Group (SFSAG) North Sea haddock | Wild | Danish seine, Bottom trawl | North Sea, ICES Sub Area IVa,b |
| | MSC | Not Recommended | Atlantic haddock | <i>Melanogrammus aeglefinus</i> | DFPO Denmark North Sea & Skagerrak haddock | Wild | Bottom trawl, Danish seine, Gillnet, Bottom longline | North Sea & Skagerrak |
| | MSC | Ocean Wise | Arctic haddock | <i>Melanogrammus aeglefinus</i> | Faroe Island North East Arctic haddock | Wild | Bottom trawl | ICES areas I and II within Norwegian and Russian EEZ and International waters |
| | MSC | Not Recommended | Atlantic haddock | <i>Melanogrammus aeglefinus</i> | UK Fisheries/DFFU/Doggerbank Northeast Arctic cod, haddock and saithe | Wild | Bottom trawl | North East Arctic - ICES Sub Areas I and II |
| | MSC | Ocean Wise | Icelandic haddock | <i>Melanogrammus aeglefinus</i> | ISF Iceland haddock | Wild | Bottom trawl, Midwater trawl, longline, Danish seine, Handline, Gillnet | Icelandic EEZ |
| | MSC | Ocean Wise | North East Arctic haddock | <i>Melanogrammus aeglefinus</i> | Greenland cod, haddock and saithe trawl | Wild | Bottom trawl | ICES Areas I and II: within Norwegian and Russian EEZ and International waters |
| | MSC | Ocean Wise | Atlantic haddock | <i>Melanogrammus aeglefinus</i> | Russian Federation Barents sea cod and haddock | Wild | Bottom trawl | Norwegian EEZ and Svalbard FPZ |
| | MSC | Ocean Wise | Atlantic haddock | <i>Melanogrammus aeglefinus</i> | US Acadian redfish, haddock and pollock Otter Trawl | Wild | Bottom trawl | US FAO Fishing Area 21 in Division 21.4X and Division 21.5t |
| | MSC | Ocean Wise | Atlantic haddock | <i>Melanogrammus aeglefinus</i> | Barents Sea cod and Barents sea haddock | Wild | Bottom trawl | Barents Sea - ICES Areas I and II. Within Norwegian and Russian EEZ and International Waters |
| MSC | Not Recommended | Atlantic haddock | <i>Melanogrammus aeglefinus</i> | Comapêche and Euronor cod and haddock | Wild | Bottom trawl | North East Arctic - ICES Sub Areas I and II | |
| Hake | | Ocean Wise | Offshore hake | <i>Merluccius albidus</i> | | Wild | Bottom trawl | US Atlantic |
| | | Ocean Wise | Red hake | <i>Urophycis chuss</i> | | Wild | Bottom trawl | US Atlantic |
| | | Ocean Wise | Silver hake | <i>Merluccius bilinearis</i> | | Wild | Bottom trawl | US Atlantic |
| | | Not Recommended | White hake | <i>Urophycis tenuis</i> | | Wild | Bottom trawl, Bottom gillnet, Bottom longline | US North Atlantic |
| | | Not Recommended | White hake | <i>Urophycis tenuis</i> | | Wild | Bottom trawl, Bottom gillnet, Bottom longline | Canada: Maritimes, Newfoundland, Labrador |
| | MSC | Ocean Wise | North Pacific Hake | <i>Merluccius productus</i> | Pacific hake mid-water trawl | Wild | Midwater trawl | Washington, Oregon, California, British Columbia |
| | MSC | Not Recommended | Hake | <i>Merluccius merluccius</i> | DFPO Denmark North Sea, Skagerrak & Kattegat hake | Wild | Bottom trawl, Danish seine, Gillnet, Bottom longline | North Sea, Skagerrak & Kattegat |
| | MSC | Not Recommended | Hake | <i>Merluccius merluccius</i> | Grupo Regal Spain hake longline | Wild | Longline | CES sub-areas VI, VII and Divisions VIII a, b, d, e |
| MSC | Not Recommended | South African hake | <i>Merluccius paradoxus, Merluccius capensis</i> | South Africa hake trawl | Wild | Bottom trawl | South Atlantic Ocean | |
| Halibut | | Ocean Wise | Atlantic halibut | <i>Hippoglossus hippoglossus</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide |
| | | Not Recommended | Atlantic halibut | <i>Hippoglossus hippoglossus</i> | | Wild | Bottom trawl | US Atlantic - New England |
| | MSC | Ocean Wise | Atlantic halibut | <i>Hippoglossus hippoglossus</i> | Canada Atlantic halibut | Wild | Longline, Gillnet, Bottom trawl | Nova Scotia and Newfoundland including part of the Grand banks and Georges bank, NAFO areas 3NOPs, 4VWZ and 5Zc |
| | MSC | Ocean Wise | Pacific Halibut | <i>Hippoglossus hippoglossus</i> | Canada Pacific Halibut (BC) | Wild | Bottom Longline | British Columbia |
| MSC | Not Recommended | Pacific Halibut | <i>Hippoglossus hippoglossus</i> | US North Pacific Halibut | Wild | Bottom Longline | Alaska and Washington | |
| Herring | | Ocean Wise | Atlantic herring ("sardines", pilchard) | <i>Clupea harengus</i> | | Wild | Midwater trawl, Purse seine | US N. Atlantic |
| | | Ocean Wise | Pacific herring | <i>Clupea pallasii</i> | | Wild | Purse seine, Gillnet | British Columbia |
| | | Ocean Wise | Pacific herring | <i>Clupea pallasii</i> | | Wild | Bottom gillnet | California |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Gulf of St Lawrence Fall herring gillnet | Wild | Gillnet | Southern Gulf of St. Lawrence, Herring Fishing Area 16F |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Danish Pelagic Producers Organization Atlanto Scandian herring | Wild | Purse seine, Midwater trawl | North-East Atlantic (ICES divisions I, IIa and IIb, V, XIV). |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Faroese Pelagic Organization (FPO) Atlanto-Scandian herring | Wild | Purse seine, Midwater trawl | North-East Atlantic in FAO 27, ICES division areas I, IIa, IIb, V & XIV |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Hastings fleet pelagic herring | Wild | Gillnet | Eastern English Channel |

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| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Norway North Sea and Skagerrak herring | Wild | Midwater trawl, Purse seine | North Sea and Skagerrak |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Norway spring spawning herring | Wild | Midwater trawl, Purse seine | EEZ's of Norway, Russia, Iceland, EU and Faroe Islands |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Pelagic Freezer-Trawler Association North Sea herring | Wild | Midwater trawl | The North Sea and Eastern English Channel |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Samherji Norwegian & Icelandic herring trawl and seine | Wild | Midwater trawl, Purse seine | Icelandic EEZ |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Scottish Pelagic Sustainability Group Ltd Atlanto Scandian herring | Wild | Midwater trawl | EEZ of Norway and Faroe |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Scottish Pelagic Sustainability Group Ltd North Sea herring | Wild | Midwater trawl | Central and north North Sea |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | SPSG West of Scotland herring Pelagic Trawl | Wild | Midwater trawl | Within EU waters - ICES Areas VIa North, VIb, Vb |
| | MSC | Not Recommended | Herring | <i>Clupea harengus</i> | CSHMAC Celtic Sea herring | Wild | Midwater trawl | North East Atlantic (Celtic Sea) |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Northern Ireland Pelagic Sustainability Group (NIPSG) Irish Sea herring | Wild | Midwater trawl | North East Atlantic |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | NAFO Division 4R Atlantic herring purse seine | Wild | Purse seine | NAFO Division 4R, in Herring Fishing Areas (FA) 13 and 14 |
| | MSC | Ocean Wise | Herring | <i>Clupea harengus</i> | Northern Ireland Pelagic Sustainability Group (NIPSG) Irish Sea-Atlantic mackerel & North Sea herring | Wild | Midwater trawl | North East Atlantic |
| | MSC | Not Recommended | Herring | <i>Clupea harengus</i> | Canadian 4VWX Purse Seine herring fishery | Wild | Purse seine | Bay of Fundy Stock: NAFO Division 4VWX Herring |
| | MSC | Not Recommended | Herring | <i>Clupea harengus</i> | DPPO and DFPO North Sea herring | Wild | Purse seine, Midwater trawl | ICES divisions IV a, b, c, and VII d. |
| | MSC | Not Recommended | Herring | <i>Clupea harengus</i> | FROM Nord North Sea and Eastern Channel pelagic trawl herring | Wild | Midwater trawl | FAO statistical area 27, Subarea IV and Divisions IIIa and VII d |
| | MSC | Not Recommended | Herring | <i>Clupea harengus</i> | DFPO, DPPO and SPFPO Skagerrak, Kattegat and Western Baltic herring | Wild | Midwater trawl; Purse seine; Trap net; Gillnet | Skagerrak, Kattegat and Western Baltic |
| | MSC | Not Recommended | Thread herring | <i>Opisthonema spp. - O. Libertate, O. medirastre and O. bulleri</i> | Southern Gulf of California thread herring | Wild | Purse seine | Gulf of California, Mexico (Pacific Ocean) |
| Hogfish | | Ocean Wise | Hogfish | <i>Lachnolaimus maximus</i> | | Wild | Hand implements, Handlines, Hand operated pole and line | Florida Gulf of Mexico |
| | | Ocean Wise | Hogfish | <i>Lachnolaimus maximus</i> | | Wild | Hand implements | South Carolina |
| | | Not Recommended | Hogfish | <i>Lachnolaimus maximus</i> | | Wild | Hand implements | North Carolina, Puerto Rico, Florida (Western Central Atlantic) |
| | | Not Recommended | Hogfish | <i>Lachnolaimus maximus</i> | | Wild | Handlines and hand operated pole and lines | North Carolina, South Carolina, Florida (Western Central Atlantic) |
| Hoki | MSC | Ocean Wise | Hoki | <i>Macruronus novaezelandiae</i> | New Zealand hoki | Wild | Midwater trawl, Bottom trawl | New Zealand |
| | MSC | Not Recommended | Hoki | <i>Macruronus magellanicus</i> | Argentine hoki | Wild | Bottom trawl, Midwater trawl | Argentina |
| Icefish | MSC | Ocean Wise | Australia mackerel icefish | <i>Champscephalus gunnari</i> | Australia mackerel icefish | Wild | Bottom trawl, Midwater trawl | Heard Island and McDonald Islands |
| | MSC | Ocean Wise | Icefish | <i>Champscephalus gunnari</i> | South Georgia icefish pelagic trawl | Wild | Pelagic trawl | South Georgia |
| Kelp | | Ocean Wise | Giant Kelp | <i>Macrocystis pyrifera</i> | | Wild | Hand harvest | British Columbia |
| | | Ocean Wise | Bull Kelp | <i>Nereocystis leutkeana</i> | | Wild | Hand harvest | British Columbia |
| Krill | | Ocean Wise | Pacific Krill | <i>Euphausia pacifica</i> | | Wild | Midwater trawl | British Columbia |
| | | Ocean Wise | Antarctic krill | <i>Euphausia superba</i> | | Wild | Midwater trawl | Southern Ocean |
| | MSC | Ocean Wise | Antarctic krill | <i>Euphausia superba</i> | Aker Biomarine Antarctic krill | Wild | Midwater trawl | Atlantic sector of the Southern Ocean |
| | MSC | Ocean Wise | Antarctic krill | <i>Euphausia superba</i> | Olympic Seafood Antarctic krill | Wild | Midwater trawl | Antarctic Sea / Southern Ocean - FAO statistical area/s 48 - Southern Ocean, CCAMLR area 48.1, 48.2, 48.3, 48.4 |
| Limpet | MSC | Ocean Wise | Atlantic Slipper Limpet | <i>Crepidula fornicata</i> | Cancale Bay Atlantic slipper limpet dredge | Wild | Dredge | Bay of Cancale, ICES area VIIe. FAO statistical area 27 |
| Ling | MSC | Ocean Wise | Ling | <i>Molva molva</i> | ISF Iceland Saithe Fishery: Expedited Assessment of the ISF Iceland Ling | Wild | Bottom trawl, Danish seine, Longline, Handline, Gillnet, Various | Icelandic EEZ |
| | MSC | Ocean Wise | Ling | <i>Molva molva</i> | ISF Icelandic golden redfish, blue ling, and tusk | Wild | Trawl, Seine, longline, handline, gillnet | Icelandic EEZ |
| | MSC | Not Recommended | Ling | <i>Genypterus blacodes</i> | New Zealand EEZ ling trawl and longline fishery | Wild | Bottom trawl, Bottom longline | New Zealand EEZ -Management areas: LIN3, LIN4, LIN5, LIN6, LIN7 |
| Lingcod | | Ocean Wise | Lingcod (Buffalo cod, blue cod, white cod) | <i>Ophiodon elongatus</i> | | Wild | Bottom trawl, Bottom longline, Handline | Washington, Oregon, California |
| | | Ocean Wise | Lingcod (Buffalo cod, blue cod, white cod) | <i>Ophiodon elongatus</i> | | Wild | Bottom longline, Jig, Troll, Midwater trawl | British Columbia |
| | | Not Recommended | Lingcod (Buffalo cod, blue cod, white cod) | <i>Ophiodon elongatus</i> | | Wild | Bottom trawl | British Columbia |
| | MSC | Ocean Wise | Lingcod | <i>Ophiodon elongatus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California |
| Lionfish | | Ocean Wise | Lionfish | <i>Pterois volitans, Pterois miles</i> | | Wild | Spear, Trap | US Atlantic & Gulf of Mexico |
| Lobster | | Ocean Wise | California spiny lobster | <i>Panulirus interruptus</i> | | Wild | Trap | Baja California |
| | | Ocean Wise | Caribbean spiny lobster | <i>Panulirus interruptus</i> | | Wild | Casitas, Trap | Bahamas |
| | | Ocean Wise | Caribbean spiny lobster | <i>Panulirus argus</i> | | Wild | Trap | Florida |
| | | Ocean Wise | Caribbean, California Spiny Lobster | <i>Panulirus argus, P. interruptus</i> | | Wild | Casitas, Diver, Trap | Mexico |
| | | Ocean Wise | Norway lobster | <i>Nephrops norvegicus</i> | | Wild | Trap | Kattegat Bay, Norway |

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|-----------|-----------------|-------------------------|---------------------------------|--|--|------------------------------|--|--|
| | Not Recommended | American lobster | <i>Homarus americanus</i> | | Wild | Trap | US Gulf of Maine, US Georges Banks, Southern New England | |
| | Not Recommended | Caribbean Spiny Lobster | <i>Panulirus argus</i> | | Wild | Trap | Belize, Brazil, Honduras, Nicaragua | |
| | Not Recommended | Norway lobster | <i>Nephrops norvegicus</i> | | Wild | Bottom trawl, Trap | Northeast Atlantic Ocean (except Mediterranean Sea) | |
| | Under Review | American lobster | <i>Homarus americanus</i> | | Wild | Trap | Canada | |
| MSC | Ocean Wise | American lobster | <i>Homarus americanus</i> | Eastern Canada offshore lobster | Wild | Trap | Canada - Lobster Fishing Area 41 | |
| MSC | Ocean Wise | American lobster | <i>Homarus americanus</i> | Gaspésie lobster trap | Wild | Trap | Canada - LFAs 19, 20 and 21 | |
| MSC | Ocean Wise | European lobster | <i>Homarus gammarus</i> | Normandy and Jersey lobster | Wild | Trap | North and West Cotentin (Basse Normandie, France), Jersey and Granville Bay. | |
| MSC | Ocean Wise | Rock lobster | <i>Jasus tristani</i> | Tristan da Cunha rock lobster | Wild | Trap | Tristan da Cunha islands | |
| MSC | Ocean Wise | Spiny lobster | <i>Panulirus argus</i> | Sian Ka'an and Banco Chinchorro Biosphere Reserves spiny lobster | Wild | Diver, Casitas, Hand harvest | Mexico | |
| MSC | Ocean Wise | American lobster | <i>Homarus americanus</i> | Bay of Fundy, Scotian Shelf and Southern Gulf of St. Lawrence lobster trap | Wild | Trap | UoC1 - Southern Gulf of St Lawrence, LFAs 23, 25, 26A and 26B | |
| MSC | Not Recommended | American lobster | <i>Homarus americanus</i> | Iles-de-la-Madeleine Lobster | Wild | Trap | Magdalen Islands LFA 22 | |
| MSC | Not Recommended | American lobster | <i>Homarus americanus</i> | Prince Edward Island lobster trap | Wild | Trap | Prince Edward Island, LFAs 24, 25, and 26A | |
| MSC | Not Recommended | American lobster | <i>Homarus americanus</i> | Bay of Fundy, Scotian Shelf and Southern Gulf of St. Lawrence lobster trap | Wild | Trap | UoC2 - Scotian Shelf, LFAs 27-33, UoC3 - Scotian Shelf, LFAs 34, UoC4 - Bay of Fundy, LFAs 35-38 | |
| MSC | Not Recommended | Rock lobster | <i>Panulirus cygnus</i> | Australian Western rock lobster | Wild | Trap | Western Australia | |
| MSC | Not Recommended | Red Rock Lobster | <i>Panulirus interruptus</i> | Gulf of Maine lobster fishery | Wild | Trap | FAO Fishing Area 21 Northwest Atlantic, LCMA 1 | |
| MSC | Not Recommended | Red Rock Lobster | <i>Panulirus interruptus</i> | Mexico Baja California red rock lobster | Wild | Trap | Mexico, Baja California | |
| MSC | Not Recommended | Rock lobster | <i>Jasus frontalis</i> | Juan Fernandez Rock lobster | Wild | Trap | Chile - Robinson Crusoe and Sta Clara, Alejandro Selkirk, Islas Desventuradas | |
| MSC | Not Recommended | Yellow Squat Lobster | <i>Cervimunida johni</i> | Chile squat lobsters and nylon shrimp modified trawl fishery | Wild | Trawl | FAO statistical area 87, South East Pacific | |
| MSC | Not Recommended | Red Squat Lobster | <i>Pleuroncodes monodon</i> | Chile squat lobsters and nylon shrimp modified trawl fishery | Wild | Trawl | FAO statistical area 87, South East Pacific | |
| MSC | Not Recommended | Yellow Squat Lobster | <i>Cervimunida johni</i> | Chile squat lobsters demersal trawl Camanchaca Fishery | Wild | Trawl | Chile | |
| MSC | Not Recommended | Red Squat Lobster | <i>Pleuroncodes monodon</i> | Chile squat lobsters demersal trawl Camanchaca Fishery | Wild | Trawl | Chile | |
| MSC | Not Recommended | Nephrops | <i>Nephrops norvegicus</i> | Danish and Swedish nephrops | Wild | Bottom trawl | Denmark | |
| Lumpfish | MSC | Ocean Wise | Lumpfish | <i>Cyclopterus lumpus</i> | Greenland lumpfish | Wild | Gillnet | Greenland - North-west Atlantic |
| | MSC | Not Recommended | Lumpfish | <i>Cyclopterus lumpus</i> | NFA Norwegian Ling and Tusk and Norwegian NFA lumpfish | Wild | Gillnet | Norway |
| Mackerel | | Ocean Wise | Atka mackerel | <i>Pleurogrammus monopterygius</i> | | Wild | Bottom trawl | Alaska |
| | | Ocean Wise | Atlantic mackerel | <i>Scomber scombrus</i> | | Wild | Purse seine | US |
| | | Ocean Wise | Atlantic mackerel | <i>Scomber scombrus</i> | | Wild | Purse seine | Canada |
| | | Ocean Wise | King mackerel, Spanish mackerel | <i>Scomberomorus cavalla, S. maculatus</i> | | Wild | Handline, Gillnet | Gulf of Mexico, US South Atlantic |
| | | Ocean Wise | Atlantic mackerel | <i>Scomber scombrus</i> | | Wild | Midwater trawl | US Atlantic |
| | MSC | Ocean Wise | North East Atlantic mackerel | <i>Scomber scombrus</i> | MINSA North East Atlantic mackerel | Wild | Midwater trawl, Purse Seine, Handline, Various | North East Atlantic, Europe & Norway |
| | MSC | Ocean Wise | Mackerel scad | <i>Scomber scombrus</i> | Faroese Pelagic Organisation (FPO) North East Atlantic mackerel | Wild | Purse seine, Midwater trawl | North east Atlantic. FAO statistical area 27 |
| | MSC | Ocean Wise | Mackerel | <i>Scomber scombrus</i> | ISF Iceland Mackerel | Wild | Pelagic Trawl, Purse Seine, Handline, Otter Trawl | Iceland |
| | MSC | Ocean Wise | Mackerel | <i>Scomber scombrus</i> | Northern Ireland Pelagic Sustainability Group(NIPSG) Irish Sea-Atlantic mackerel & North Sea herring | Wild | Midwater trawl | North East Atlantic ICES Areas VI, VII, IVa. |
| Mahi Mahi | | Ocean Wise | Mahi mahi (dolphinfish) | <i>Coryphaena hippurus</i> | | Wild | Troll, Pole, Handline | US Atlantic |
| | | Ocean Wise | Mahi mahi (dolphinfish) | <i>Coryphaena hippurus</i> | | Wild | Pelagic longline | US Atlantic, US Gulf of Mexico |
| | | Ocean Wise | Mahi mahi (dolphinfish) | <i>Coryphaena hippurus</i> | | Wild | Pelagic longline | Ecuador |
| | | Not Recommended | Mahi mahi (dolphinfish) | <i>Coryphaena hippurus</i> | | Wild | Troll, Pole | US Pacific (Hawaii) |
| | | Not Recommended | Mahi mahi (dolphinfish) | <i>Coryphaena hippurus</i> | | Wild | Pelagic longline | Guatemala, Costa Rica, Peru, East Pacific Ocean, North Pacific Ocean, South Pacific Ocean, West Central Pacific Ocean, Indian Ocean, Indonesia, Panama, Taiwan |
| | | Not Recommended | Mahi mahi (dolphinfish) | <i>Coryphaena hippurus</i> | | Wild | FAD purse seine | North Atlantic, South Atlantic, East Pacific |
| | | Not Recommended | Mahi mahi (dolphinfish) | <i>Coryphaena hippurus</i> | | Wild | Unassociated purse seine | East Pacific Ocean |
| Marlin | | Ocean Wise | Blue marlin | <i>Makaira nigricans</i> | | Wild | Deepset longline | Hawaii (East and West) |
| | | Not Recommended | Black marlin | <i>Istiompax indica</i> | | Wild | Pelagic longline | North Pacific, South Pacific, Western Central Pacific |
| | | Not Recommended | Blue marlin | <i>Makaira nigricans</i> | | Wild | Pelagic longline | North Pacific, South Pacific, Western Central Pacific |
| | | Not Recommended | Striped marlin | <i>Tetrapturus audax</i> | | Wild | Pelagic longline | North Pacific, South Pacific, Western Central Pacific |
| Menhaden | | Ocean Wise | Atlantic menhaden | <i>Brevoortia tyrannus</i> | | Wild | Purse seine | US Atlantic |

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| | | Ocean Wise | Gulf menhaden | Brevoortia patronus | | Wild | Purse seine | US Gulf of Mexico |
| Milkfish | Naturland | Ocean Wise | Milkfish | Chanos chanos | | Farmed | Various | Worldwide |
| Monkfish | | Not Recommended | Goosefish, anglerfish | Lophius americanus | | Wild | Bottom trawl; Bottom gillnet | US Atlantic |
| Mullet | | Ocean Wise | Striped mullet | Mugil cephalus | | Wild | Seine, Various | US Atlantic and Gulf of Mexico |
| | | Not Recommended | Red Mullet | Illex argentinus | | Wild | Bottom gillnet, bottom trawl, beam trawl | United Kingdom: Cornwall |
| Mussels | | Ocean Wise | Blue mussel | Mytilus edulis | | Farmed | Off-bottom culture | Worldwide |
| | | Ocean Wise | Blue mussel | Mytilus edulis | | Wild | Hand rake, dredge | Maine, Massachusetts (rake only), New York, Rhode Island |
| | | Ocean Wise | Bay mussel | Mytilus trossulus | | Farmed | Off-bottom culture | BC |
| | | Ocean Wise | Green mussel | Perna canaliculus | | Farmed | Off-bottom culture | New Zealand (most) |
| | | Ocean Wise | Mediterranean mussel | Mytilus galloprovincialis | | Farmed | Off-bottom culture | Worldwide |
| | | Ocean Wise | Mussels (various) | Mytilus spp., Perna spp. | | Farmed | Off-bottom culture, On-bottom culture | Worldwide |
| | | Not Recommended | Blue mussel | Mytilus edulis | | Wild | Dredge | Massachusetts |
| | ASC | Ocean Wise | Mussels | Multiple Species | | Farmed | Various | Worldwide |
| | Canadian Organic | Ocean Wise | Mussels | Multiple Species | | Farmed | Various | Canada |
| | Food Alliance Shellfish | Ocean Wise | Mussels | Multiple Species | | Farmed | Various | Worldwide |
| | Naturland | Ocean Wise | Mussels | Multiple Species | | Farmed | Various | Worldwide |
| | GAA BAP | Ocean Wise | Mussels | Multiple Species | | Farmed | Various | Worldwide |
| | MSC | Ocean Wise | Chilean mussel | Mytilus chilensis | Chilean mussel fishery and suspended culture Toralla S.A and Cultivos Toralla S.A | Wild | Off-bottom culture | South East Pacific |
| | MSC | Ocean Wise | Mussels | Mytilus spp | Exmouth mussels | Wild | Off-bottom culture | NW English Channel |
| | MSC | Ocean Wise | Mussels | Mytilus edulis | Royal Frysk Jutland blue shell mussel dredge | Wild | Dredge | East coast of Jutland, Denmark |
| | MSC | Ocean Wise | Mussels | Mytilus edulis | North Menai Strait mussel | Wild | On-bottom culture | Irish Sea |
| | MSC | Ocean Wise | Mussels | Mytilus edulis | DFPO Limfjord mussel and cockle | Wild | Dredge | Denmark's Limfjord, FAO Statistical Area 27 |
| | MSC | Ocean Wise | Mussels | Mytilus edulis | Netherlands blue shell mussel | Wild | Dredge, On-bottom culture | The Waddenzee and Zeeuwse delta of the Dutch coastal region |
| | MSC | Ocean Wise | Mussels | Mytilus edulis | Schleswig-Holstein blue shell mussel | Wild | Dredge, On-bottom culture | ICES Area IVb - in the German part of the Wadden Sea around Niedersachsen; Schleswig-Holstein and Flensburger Innenförde area. North Sea, FAO statistical area 27 |
| | MSC | Ocean Wise | Mussels | Mytilus edulis | Limfjord blue shell mussel (rope grown) | Farmed | Off-bottom culture | Limfjorden, Denmark |
| MSC | Not Recommended | Mussels | Mytilus edulis | DFPO Inner Danish Waters blue shell mussel | Wild | Dredge | Eastern Inner Danish Waters - ICES IIIa and Baltic Sea area 22 | |
| MSC | Not Recommended | Mussels | Mytilus edulis | Ireland Bottom Grown Mussel (Mytilus edulis) Fishery | Wild | Modified Dutch bottom dredge with limited hand raking | Ireland | |
| MSC | Not Recommended | Mussels | Mytilus edulis | Northern Ireland Bottom Grown Mussel (Mytilus edulis) Fishery | Wild | Dredge, Hand rake | Northern Ireland | |
| MSC | Not Recommended | Mussels | Mytilus edulis | Netherlands suspended culture mussel | Farmed | Off-bottom culture, On-bottom culture | North Sea | |
| MSC | Not Recommended | Mussels | Mytilus edulis | Shetland and Scottish Mainland Rope Grown mussel Enhanced fishery | Farmed | Off-bottom culture | Scottish Mainland & Shetland | |
| MSC | Not Recommended | Mussels | Mytilus edulis | SSPO Swedish West Coast rope grown mussel | Farmed | Off-bottom culture | Skagerrak & Kattegat | |
| Octopus | | Ocean Wise | Common octopus | Octopus vulgaris | | Wild | Pot | Spain, Portugal |
| | | Ocean Wise | Day octopus | Octopus cyanea | | Wild | Spear, Handline | Hawaii |
| | | Ocean Wise | Giant Pacific octopus | Enteroctopus dofleini | | Wild | Trap, Pot | British Columbia, Alaska |
| | | Ocean Wise | Night octopus | Octopus ornatus | | Wild | Spear, Handline | Hawaii |
| | | Not Recommended | Common octopus | Octopus vulgaris | | Wild | Bottom trawl, Trap | Spain, Portugal, Morocco, Mauritania |
| | | Not Recommended | Common octopus | Octopus vulgaris | | Wild | Handline | Mexico |
| | | Not Recommended | Day octopus | Octopus cyanea | | Wild | Trap, Spear, Handline | Indonesia |
| | | Not Recommended | Red octopus | Octopus maya | | Wild | Handline | Mexico |
| MSC | Not Recommended | Common octopus | Octopus vulgaris | Western Asturias Octopus Traps Fishery of Artisanal Cofradias | Wild | Traps | Spain | |
| Opah | | Not Recommended | Opah | Lampris guttatus | | Wild | Gillnet | California |
| | | Not Recommended | Opah aka Moonfish | Lampris guttatus | | Wild | Pelagic longline | Hawaii, Pacific Ocean (North, South, WCPO) |
| Orange Roughy | | Not Recommended | aka Slimehead | Hoplostethus atlanticus | | Wild | Bottom trawl | New Zealand |
| | MSC | Not Recommended | Orange roughy aka slimehead | Hoplostethus atlanticus | | Wild | Bottom trawl | New Zealand |
| Oysters | | Ocean Wise | Eastern oyster | Crassostrea virginica | | Wild | Dredge, Tong | US Gulf of Mexico |
| | | Ocean Wise | Eastern oyster | Crassostrea virginica | | Wild | Tong, Hand rake | Canada: Gulf of St. Lawrence |
| | | Ocean Wise | Oysters - various | Crassostrea spp., Ostrea spp., Saccostera spp. | | Farmed | Off-bottom culture, On-bottom culture | Worldwide |
| | ASC | Ocean Wise | Oysters | Multiple Species | | Farmed | Various | Worldwide |
| | Canadian Organic | Ocean Wise | Oysters | Multiple Species | | Farmed | Various | Canada |
| | Food Alliance Shellfish | Ocean Wise | Oysters | Multiple Species | | Farmed | Various | Worldwide |
| | MSC | Ocean Wise | European flat oyster | Ostrea edulis | Dutch Oyster Association oyster fishery | Wild | Dredge | Oosterschelde, Lake Grevelingen |

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| | MSC | Ocean Wise | Pacific Oyster | <i>Crassostrea gigas</i> | Dutch Oyster Association oyster fishery | Wild | Dredge | Oosterschelde, Lake Grevelingen |
| | MSC | Ocean Wise | Silver lipped pearl oyster | <i>Pinctada maxima</i> | Australia silver lipped pearl oyster | Wild | hand gathered | Western Australia and Northern territories |
| | MSC | Ocean Wise | European flat oyster | <i>Ostrea edulis</i> | Limfjord oyster dredge fishery | Wild | Dredge | Western Limfjord, Denmark |
| Perch | | Ocean Wise | Yellow perch | <i>Perca flavescens</i> | | Wild | Bottom gillnet, Trap net | Canada (Lake Erie, Lake Huron, Lake Ontario, Lake Superior) & US (Lake Huron, Lake Michigan, Lake Ontario, Lake Superior) |
| | | Ocean Wise | Yellow perch | <i>Perca flavescens</i> | | Wild | Trap net | Maryland, US |
| | | Ocean Wise | Yellow perch | <i>Perca flavescens</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide |
| | | Not Recommended | Yellow perch | <i>Perca flavescens</i> | | Wild | Bottom gillnet | Ontario: Shoal Lake, Lake of the Woods |
| | | Not Recommended | Yellow perch | <i>Perca flavescens</i> | | Wild | Midwater gillnet | Manitoba |
| | MSC | Not Recommended | European perch | <i>Perca fluviatilis</i> | Lake peipus perch and pike-perch | Wild | Various | Europe Inland Waters |
| | MSC | Not Recommended | Common perch | <i>Perca fluviatilis</i> | Irikla Reservoir perch | Wild | Gillnet | Irikla Reservoir, Caspian Sea Basin, Russia |
| MSC | Not Recommended | Perch | <i>Perca fluviatilis</i> | Bratsk Reservoir perch | Wild | Trap net | Bratsk Reservoir, Angara River, Irkutsk oblast, Russia | |
| Pike | | Not Recommended | Northern pike | <i>Esox lucius</i> | | Wild | Midwater gillnet | Manitoba |
| | | Not Recommended | Northern pike | <i>Esox lucius</i> | | Wild | Bottom gillnet | Ontario: Shoal Lake, Lake of the Woods |
| | MSC | Not Recommended | Northern pike | <i>Esox lucius</i> | Waterhen Lake walleye and Northern pike Commercial Gillnet | Wild | Gillnet | Waterhen Lake, Manitoba |
| | MSC | Not Recommended | Pikeperch | <i>Sander lucioperca</i> | Lake peipus perch and pike-perch | Wild | Various | Europe Inland Waters |
| | MSC | Not Recommended | Pikeperch | <i>Sander lucioperca</i> | SIC Lake Malaren and Lake Vanern pikeperch | Wild | Gillnet, traps | Sweden |
| Plaice | | Ocean Wise | Alaska plaice | | | Wild | Bottom trawl, Midwater trawl, Bottom longline | Alaska |
| | | Not Recommended | American plaice | <i>Hippoglossoides platessoides</i> | | Wild | Bottom trawl | US Atlantic - New England |
| | | Not Recommended | European plaice | <i>Pleuronectes platessa</i> | | Wild | Danish seine, Bottom trawl, Bottom longline, Bottom gillnet | Iceland |
| | MSC | Ocean Wise | Alaska plaice | | | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | MSC | Ocean Wise | Plaice | <i>Pleuronectes platessa</i> | ISF Iceland saithe, ling, Atlantic wolffish and plaice | Wild | Trawl, Seine, longline, handline | North East atlantic (FAO 27) |
| | MSC | Not Recommended | Plaice | <i>Pleuronectes platessa</i> | Cooperative Fishery Organisation (CVO) North Sea plaice and sole | Wild | Trawl, Various | North Sea |
| | MSC | Not Recommended | Dover Sole | <i>Solea solea</i> | Cooperative Fishery Organisation (CVO) North Sea plaice and sole | Wild | Trawl, Various | North Sea |
| | MSC | Not Recommended | Plaice | <i>Pleuronectes platessa</i> | Osprey Trawlers North Sea twin-rigged plaice | Wild | Bottom trawl | Central North Sea |
| | MSC | Not Recommended | Plaice | <i>Pleuronectes platessa</i> | Ekofish Group-North Sea twin rigged otter trawl plaice | Wild | Bottom trawl | Between Scotland and Denmark |
| | MSC | Not Recommended | Plaice | <i>Pleuronectes platessa</i> | DFPO Denmark North Sea plaice | Wild | Danish seine, Bottom trawl, Gillnet | The North Sea |
| MSC | Not Recommended | Plaice | <i>Pleuronectes platessa</i> | North Sea - Skagerrak Plaice Fishery Scope Extension Assessment | Wild | Danish seine, Gillnet, Demersal trawl, Longline | North Sea, Skagerrak & Kattegat, FAO statistical area 27, ICES Area IV, Division IIIa. | |
| Pollock | | Not Recommended | Atlantic pollock | <i>Pollachius virens</i> | | Wild | Bottom trawl; Bottom gillnet | US - Georges Bank, Gulf of Maine |
| | | Not Recommended | Atlantic pollock | <i>Pollachius virens</i> | | Wild | Trawl; Gillnet; Danish Seine | Canada |
| | | Not Recommended | Walleye pollock | <i>Gadus chalcogrammus</i> | | Wild | Midwater Trawls, Danish Seine | Russia |
| | | Not Recommended | Atlantic pollock | <i>Pollachius virens</i> | | Wild | Trawl; Gillnet; Danish Seine | Iceland |
| | MSC | Ocean Wise | Alaskan pollock | <i>Theragra chalcogramma; Gadus chalcogrammus</i> | Alaska Pollock - Bering Sea and Aleutian Islands | Wild | Midwater trawl | Bering Sea and Aleutian Islands |
| | MSC | Ocean Wise | Alaskan pollock | <i>Theragra chalcogramma; Gadus chalcogrammus</i> | Alaska Pollock- Gulf of Alaska | Wild | Trawl | Gulf of Alaska |
| | MSC | Ocean Wise | Atlantic pollock | <i>Pollachius virens</i> | US Acadian redfish, haddock and pollock Otter Trawl | Wild | Bottom trawl | US FAO Fishing Area 21 in Division 21.4X and Division 21.5t |
| | MSC | Not Recommended | Russian pollock | <i>Theragra chalcogramma</i> | Russia Sea of Okhotsk pollock | Wild | Midwater trawl | Russia, Sea of Okhotsk |
| Pomfret | | Not Recommended | Bigscale pomfret | <i>Taractichthys steindachneri, Eumegistus illustris</i> | | Wild | Pelagic longline; Handline | Hawaii |
| Pompano | | Ocean Wise | Florida pompano | <i>Trachinotus carolinus</i> | | Wild | Handline, Seine, Gillnet, Cast net | US |
| | | Ocean Wise | Pompano | <i>Trachinotus spp.</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide |
| | | Not Recommended | Pompano | <i>Trachinotus spp.</i> | | Farmed | Open net pen | Asia, Dominican Republic |
| Porgy | | Not Recommended | Red porgy, Seabream, Silver snapper, Tai | <i>Pargus pargus</i> | | Wild | Handline | US Atlantic, Gulf of Mexico |
| Redfish | MSC | Ocean Wise | Acadian redfish | <i>Sebastes fasciatus</i> | Canada 3LN redfish | Wild | Bottom trawl, Midwater trawl | Northeast Atlantic |
| | MSC | Ocean Wise | Acadian redfish | <i>Sebastes fasciatus</i> | US Acadian redfish, haddock and pollock Otter Trawl | Wild | Bottom trawl | US FAO Fishing Area 21 in Division 21.4X and Division 21.5t |
| | MSC | Ocean Wise | Golden Redfish | <i>Sebastes marinus</i> | ISF Iceland golden redfish | Wild | Bottom trawl, Danish seine, Bottom longline, Handline, Gillnet, Nephrops trawl | North East Atlantic |
| Rockfish | | Ocean Wise | Aurora rockfish | <i>Sebastes aurora</i> | | Wild | Bottom trawl | California, Oregon, Washington |
| | | Ocean Wise | Black rockfish | <i>Sebastes melanops</i> | | Wild | Handline | California, Washington, Oregon |
| | | Ocean Wise | Blackgill rockfish | <i>Sebastes melanostomus</i> | | Wild | Bottom longline, Bottom trawl | California, Washington, Oregon |
| | | Ocean Wise | Blackspotted rockfish | <i>Sebastes melanostictus</i> | | Wild | Bottom trawl | Alaska |
| | | Ocean Wise | Blue rockfish | <i>Sebastes mystinus</i> | | Wild | Handline | California, Washington, Oregon |

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| | Ocean Wise | Bocaccio rockfish | <i>Sebastes paucispinis</i> | | Wild | Bottom longline; Bottom trawl | California, Washington, Oregon | |
| | Ocean Wise | Brown rockfish | <i>Sebastes auriculatus</i> | | Wild | Handline | California, Washington, Oregon | |
| | Ocean Wise | Cabezon | <i>Scorpaenichthys marmoratus</i> | | Wild | Handline | California, Oregon, Washington | |
| | Ocean Wise | Canary rockfish | <i>Sebastes pinniger</i> | | Wild | Midwater trawl | British Columbia | |
| | Ocean Wise | Canary rockfish | <i>Sebastes pinniger</i> | | Wild | Bottom trawl | California, Washington, Oregon | |
| | Ocean Wise | Chilipepper rockfish | <i>Sebastes goodei</i> | | Wild | Bottom trawl | California, Washington, Oregon | |
| | Ocean Wise | China rockfish | <i>Sebastes nebulosus</i> | | Wild | Handline | California, Washington, Oregon | |
| | Ocean Wise | Darkblotched rockfish | <i>Sebastes crameri</i> | | Wild | Bottom trawl | California | |
| | Ocean Wise | Dusky rockfish | <i>Sebastes variabilis</i> | | Wild | Bottom trawl | Alaska | |
| | Ocean Wise | Greenstriped rockfish | <i>Sebastes elongatus</i> | | Wild | Bottom trawl | California, Washington, Oregon | |
| | Ocean Wise | Longspine thornyhead | <i>Sebastolobus altivelus</i> | | Wild | Bottom trawl, Bottom longline | California, Washington, Oregon | |
| | Ocean Wise | Longspine thornyhead | <i>Sebastolobus altivelus</i> | | Wild | Bottom trawl, Bottom longline | British Columbia | |
| | Ocean Wise | Northern rockfish | <i>Sebastes polyspinis</i> | | Wild | Bottom trawl | Alaska | |
| | Ocean Wise | Pacific Ocean perch | <i>Sebastes alutus</i> | | Wild | Bottom trawl | California, Alaska | |
| | Ocean Wise | Rougheye rockfish | <i>Sebastes aleutianus</i> | | Wild | Bottom trawl, Bottom longline | California, Alaska | |
| | Ocean Wise | Shortspine thornyhead | <i>Sebastolobus alascanus</i> | | Wild | Bottom trawl, Bottom longline | Alaska, California, Washington, Oregon | |
| | Ocean Wise | Shortraker rockfish | <i>Sebastes borealis</i> | | Wild | Bottom trawl | Alaska | |
| | Ocean Wise | Silvergrey rockfish | <i>Sebastes brevispinis</i> | | Wild | Midwater trawl | British Columbia | |
| | Ocean Wise | Splitnose rockfish | <i>Sebastes diploproa</i> | | Wild | Bottom trawl | California, Washington, Oregon | |
| | Ocean Wise | Tiger rockfish | <i>Sebastes nigrocinctus</i> | | Wild | Bottom longline, Troll, Jig | British Columbia (Inshore) | |
| | Ocean Wise | Vermilion rockfish | <i>Sebastes miniatus</i> | | Wild | Bottom longline | California | |
| | Ocean Wise | Widow rockfish | <i>Sebastes flavidus</i> | | Wild | Bottom trawl, Midwater trawl | California, Oregon | |
| | Ocean Wise | Quillback rockfish | <i>Sebastes maliger</i> | | Wild | Bottom longline, Jig, Troll | British Columbia (Inshore & Offshore) | |
| | Ocean Wise | Yelloweye rockfish | <i>Sebastes ruberrimus</i> | | Wild | Bottom longline, Jig, Troll | British Columbia (Inshore) | |
| | Ocean Wise | Yellowmouth rockfish | <i>Sebastes reedi</i> | | Wild | Midwater trawl | British Columbia | |
| | Ocean Wise | Yellowtail rockfish | <i>Sebastes flavidus</i> | | Wild | Midwater trawl, Bottom longline, Jig, Troll | California, Oregon, Washington | |
| | Ocean Wise | Yellowtail rockfish | <i>Sebastes flavidus</i> | | Wild | Midwater trawl, Bottom longline, Jig, Troll | British Columbia | |
| | Not Recommended | Black and yellow rockfish | <i>Sebastes chrysomelas</i> | | Wild | Handline | California | |
| | Not Recommended | Canary rockfish | <i>Sebastes pinniger</i> | | Wild | Bottom trawl | British Columbia | |
| | Not Recommended | China rockfish | <i>Sebastes nebulosus</i> | | Wild | Bottom longline | British Columbia | |
| | Not Recommended | Copper rockfish | <i>Sebastes caurinus</i> | | Wild | Bottom longline | British Columbia | |
| | Not Recommended | Darkblotched rockfish | <i>Sebastes crameri</i> | | Wild | Bottom trawl, Midwater trawl | British Columbia | |
| | Not Recommended | Greenstriped rockfish | <i>Sebastes elongatus</i> | | Wild | Bottom trawl | British Columbia | |
| | Not Recommended | Grass rockfish | <i>Sebastes rastrelliger</i> | | Wild | Handline | California, Washington, Oregon | |
| | Not Recommended | Pacific Ocean perch | <i>Sebastes alutus</i> | | Wild | Bottom trawl, Midwater trawl | British Columbia | |
| | Not Recommended | Redbanded rockfish | <i>Sebastes babcocki</i> | | Wild | Bottom longline, Bottom trawl, Midwater trawl | British Columbia | |
| | Not Recommended | Redstripe rockfish | <i>Sebastes proriger</i> | | Wild | Bottom trawl | British Columbia | |
| | Not Recommended | Rougheye rockfish | <i>Sebastes aleutianus</i> | | Wild | Bottom trawl, Midwater trawl, Bottom longline, Jig, Troll | British Columbia | |
| | Not Recommended | Shortraker rockfish | <i>Sebastes borealis</i> | | Wild | Bottom trawl, Bottom longline | British Columbia | |
| | Not Recommended | Shortspine thornyhead | <i>Sebastes alascanus</i> | | Wild | Bottom trawl | British Columbia | |
| | Not Recommended | Silvergrey rockfish | <i>Sebastes brevispinis</i> | | Wild | Bottom trawl | British Columbia | |
| | Not Recommended | Tiger rockfish | <i>Sebastes nigrocinctus</i> | | Wild | Bottom longline, Troll, Jig | British Columbia (Offshore) | |
| | Not Recommended | Vermilion rockfish | <i>Sebastes miniatus</i> | | Wild | Handline | California, Washington, Oregon | |
| | Not Recommended | Widow rockfish | <i>Sebastes entomelas</i> | | Wild | Bottom trawl | British Columbia | |
| | Not Recommended | Yelloweye rockfish | <i>Sebastes ruberrimus</i> | | Wild | Bottom longline, Troll, Jig | British Columbia (Outside) | |
| | Not Recommended | Yellowmouth rockfish | <i>Sebastes reedi</i> | | Wild | Bottom trawl | British Columbia | |
| | Not Recommended | Yellowtail rockfish | <i>Sebastes flavidus</i> | | Wild | Bottom trawl | British Columbia | |
| | MSC | Ocean Wise | Chilipepper rockfish | <i>Sebastes goodei</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California |
| | MSC | Ocean Wise | Splitnose rockfish | <i>Sebastes diploproa</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California |
| | MSC | Ocean Wise | Widow rockfish | <i>Sebastes flavidus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California |
| | MSC | Ocean Wise | Yellowtail rockfish | <i>Sebastes flavidus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California |
| Sablefish | Ocean Wise | Sablefish, black cod, butterfish | <i>Anoplopoma fimbria</i> | | Wild | Bottom longline, Bottom trawl | British Columbia | |
| | Ocean Wise | Sablefish, black cod, butterfish | <i>Anoplopoma fimbria</i> | | Farmed | Open net pen | British Columbia | |
| | Ocean Wise | Sablefish, black cod, butterfish | <i>Anoplopoma fimbria</i> | | Wild | Bottom longline, Trap | Alaska | |

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|-------------------|-----|-----------------|--|---------------------------------------|---|--------|---|--|
| | | Ocean Wise | Sablefish, black cod, butterfish | <i>Anoplopoma fimbria</i> | | Wild | Bottom trawl, Bottom longline, Trap | California |
| | MSC | Ocean Wise | Sablefish, black cod, butterfish | <i>Anoplopoma fimbria</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl, Various | Washington, Oregon, California |
| | MSC | Ocean Wise | Sablefish, black cod, butterfish | <i>Anoplopoma fimbria</i> | US North Pacific sablefish | Wild | Bottom longline | Alaska |
| Saithe | MSC | Ocean Wise | Saithe | <i>Pollachius virens</i> | Germany North Sea saithe trawl | Wild | Bottom trawl | EC waters: ICES Sub-Area IIa, IIIa, IIIbcd, IV |
| | MSC | Ocean Wise | Saithe | <i>Pollachius virens</i> | Norway North Sea saithe | Wild | Danish seine, Trawl, Purse seine, Jig, Longline, Various | The Norwegian Sea |
| | MSC | Ocean Wise | Saithe | <i>Pollachius virens</i> | Norway North East Arctic Saithe | Wild | Danish seine, Trawl, Purse seine, Jig, Longline, Various | North Sea |
| | MSC | Ocean Wise | Saithe | <i>Pollachius virens</i> | Faroe Island saithe | Wild | Trawl, Longline, Jig | Faroe Plateau and Faroe Bank |
| | MSC | Ocean Wise | Saithe | <i>Pollachius virens</i> | Faroe Islands North East Arctic cod and saithe | Wild | Bottom trawl | ICES areas I and II within Norwegian and Russian EEZ and International waters; FAO area 27 |
| | MSC | Ocean Wise | Saithe | <i>Pollachius virens</i> | ISF Iceland saithe | Wild | Bottom trawl, Danish seine, Longline, Handline, Gillnet, Nephrops trawl | Iceland |
| | MSC | Ocean Wise | Saithe | <i>Pollachius virens</i> | Greenland cod, haddock and saithe traw | Wild | Bottom trawl | ICES Areas I and II: within Norwegian and Russian EEZ and International Waters |
| | MSC | Ocean Wise | Saithe | <i>Pollachius virens</i> | UK Fisheries/DFFU/Doggerbank Group saithe | Wild | Bottom trawl | NE Atlantic, ICES Subareas IV, VI and Iia |
| | MSC | Ocean Wise | Saithe | <i>Pollachius virens</i> | Barents Sea cod, haddock and saithe | Wild | Bottom trawl | Barents Sea - ICES Areas I and II. Within Norwegian and Russian EEZ and International Waters |
| | MSC | Not Recommended | Saithe | <i>Pollachius virens</i> | UK Fisheries/DFFU/Doggerbank Northeast Arctic cod, haddock and saithe | Wild | Bottom trawl | North East Arctic - ICES Sub Areas I and II |
| | MSC | Not Recommended | Saithe | <i>Pollachius virens</i> | EURONOR saithe | Wild | Bottom trawl | The North Sea and the Arctic Ocean (ICES subareas I, II and IV) |
| | MSC | Not Recommended | Saithe | <i>Pollachius virens</i> | Scapêche and Compagnie de Pêche de St. Malo saithe | Wild | Bottom trawl | North Sea, West Scotland, Arctic |
| | MSC | Not Recommended | Saithe | <i>Pollachius virens</i> | Scottish Fisheries Sustainable Accreditation Group (SFSAG) saithe | Wild | Bottom trawl | North Sea and West of Scotland |
| | MSC | Not Recommended | Saithe | <i>Pollachius virens</i> | DFPO Denmark North Sea & Skagerrak saithe | Wild | Bottom trawl, Gillnet | North Sea (ICES area IV) and Divisions IIIa,b,c,d |
| | MSC | Not Recommended | Saithe | <i>Pollachius virens</i> | Arkhangelsk Trawl Fleet Barents Sea cod, haddock, and saithe | Wild | Trawl | Barents and Norwegian Seas |
| Salmon (Atlantic) | | Ocean Wise | Atlantic salmon | <i>Salmo salar</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide |
| | | Ocean Wise | Atlantic salmon | <i>Salmo salar</i> | | Farmed | Open net pen | Norway - Salten Aqua farms only |
| | | Ocean Wise | Atlantic salmon (Blue Circle Brand only) | <i>Salmo salar</i> | | Farmed | Open net pen | Norway - Kvaroy and Selsoyvik farms only |
| | | Not Recommended | Atlantic salmon | <i>Salmo salar</i> | | Farmed | Open net pen | British Columbia |
| | | Not Recommended | Atlantic salmon | <i>Salmo salar</i> | | Farmed | Open net pen | Norway |
| | | Not Recommended | Atlantic salmon | <i>Salmo salar</i> | | Farmed | Open net pen | Chile |
| | | Not Recommended | Atlantic salmon | <i>Salmo salar</i> | | Farmed | Open net pen | Scotland |
| | ASC | Not Recommended | Atlantic Salmon | <i>Salmo spp.</i> | | Farmed | Open net pen | Atlantic Canada, Maine, US |
| Salmon (Chinook) | | Ocean Wise | Chinook salmon | <i>Oncorhynchus tshawytscha</i> | | Wild | Drift Gillnet | BC north coast, BC central coast, Transboundary Canada, Area D |
| | | Ocean Wise | Chinook salmon | <i>Oncorhynchus tshawytscha</i> | | Wild | Troll/Pole | BC north coast; West Coast Vancouver Island |
| | | Ocean Wise | Chinook salmon | <i>Oncorhynchus tshawytscha</i> | | Wild | Gillnet | Washington North Pacific |
| | | Ocean Wise | Chinook salmon | <i>Oncorhynchus tshawytscha</i> | | Farmed | Open net pen | New Zealand |
| | | Not Recommended | Chinook salmon | <i>Oncorhynchus tshawytscha</i> | | Wild | Gillnet, Purse seine, Troll | US Washington, Oregon, California ** except WA North Pacific |
| | | Not Recommended | Chinook salmon | <i>Oncorhynchus tshawytscha</i> | | Wild | Unassociated purse seine, Drift gillnet | BC south coast |
| | MSC | Ocean Wise | Chinook salmon | <i>Oncorhynchus tshawytscha</i> | Alaska Salmon - Prince William Sound | Wild | Gillnets, seines driftnets, hook and line, troll, | Prince William Sound, Alaska |
| | MSC | Ocean Wise | Chinook salmon | <i>Oncorhynchus tshawytscha</i> | Alaska Salmon | Wild | Gillnets, seines driftnets, hook and line, troll, | Alaska **except South East Alaska and Yakutat |
| | MSC | Not Recommended | Chinook salmon | <i>Oncorhynchus tshawytscha</i> | Alaska Annette Islands Reserve | Wild | Gillnets, purse seine | AK Annette Islands |
| Salmon (Chum) | | Ocean Wise | Chum salmon | <i>Oncorhynchus keta</i> | | Wild | Purse seine, Gillnet, Troll | BC |
| | | Ocean Wise | Chum salmon | <i>Oncorhynchus keta</i> | | Wild | Gillnet | United States: Washington North Pacific |
| | | Not Recommended | Chum salmon | <i>Oncorhynchus keta</i> | | Wild | Troll, Gillnet, Purse seine | US Washington, Oregon, California ** except WA North Pacific |
| | MSC | Ocean Wise | Chum salmon | <i>Oncorhynchus keta</i> | British Columbia Chum Salmon | Wild | Purse seine, Troll, Gillnet | Inner South Coast, West Vancouver Island |
| | MSC | Ocean Wise | Chum salmon | <i>Oncorhynchus keta</i> | VA-Delta Kamchatka salmon | Wild | Trap net in sea, beach seines in river | Russia: Sea of Okhotsk and Ozernaya, Koshegochek, Golgina, Opala, Kol and Vorovskaya Rivers |
| | MSC | Ocean Wise | Chum salmon | <i>Oncorhynchus kisutch</i> | Alaska Salmon | Wild | Gillnets, seines driftnets, hook and line, troll, | Alaska **except South East Alaska and Yakutat |
| | MSC | Ocean Wise | Chum salmon | <i>Oncorhynchus kisutch</i> | Alaska Salmon - Prince William Sound | Wild | Gillnets, seines driftnets, hook and line, troll, | Prince William Sound, Alaska |
| | MSC | Not Recommended | Chum salmon | <i>Oncorhynchus kisutch</i> | Alaska Annette Islands Reserve | Wild | Gillnets, purse seine | AK Annette Islands |
| | MSC | Not Recommended | Chum salmon | <i>Oncorhynchus keta</i> | Iturup Island pink & chum salmon | Wild | Trap | Iturup Island, Russia |
| Salmon (Coho) | | Ocean Wise | Coho salmon | <i>Oncorhynchus kisutch</i> | | Wild | Gillnet | Washington North Pacific |
| | | Ocean Wise | Coho salmon | <i>Oncorhynchus kisutch</i> | | Wild | Gillnet | BC central coast, transboundary Canada |
| | | Ocean Wise | Coho salmon | <i>Oncorhynchus kisutch</i> | | Wild | Troll, Unassociated purse seine | North Coast BC |
| | | Ocean Wise | Coho salmon, sockeye salmon | <i>Oncorhynchus kisutch, O. nerka</i> | | Farmed | Recirculating aquaculture system (RAS) | Canada: BC, US |

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| | Not Recommended | Coho salmon | <i>Oncorhynchus kisutch</i> | | Wild | Troll, Gillnet, Purse seine | US Washington, Oregon, California ** except WA North Pacific |
| | Not Recommended | Coho salmon | <i>Oncorhynchus kisutch</i> | | Wild | Unassociated purse seine, Gillnet | BC south coast |
| | Not Recommended | Coho salmon | <i>Oncorhynchus kisutch</i> | | Farmed | Open net pen | Chile |
| | Ocean Wise | Coho Salmon | <i>Oncorhynchus kisutch</i> | Alaska Salmon | Wild | Purse seine, gillnet, troll | Alaska **except South East Alaska and Yakutat |
| | Not Recommended | Coho Salmon | <i>Oncorhynchus kisutch</i> | Alaska Annette Islands Reserve | Wild | Gillnets, purse seines | AK Annette Islands |
| Salmon (Pink) | Ocean Wise | Pink salmon | <i>Oncorhynchus gorbuscha</i> | | Wild | Gillnet, Purse seine | US Puget Sound |
| | Ocean Wise | Pink salmon | <i>Oncorhynchus gorbuscha</i> | | Wild | Purse seine, Gillnet, Troll | BC |
| | Ocean Wise | Pink salmon | <i>Oncorhynchus gorbuscha</i> | | Wild | Reefnet | Washington |
| | Not Recommended | Pink salmon | <i>Oncorhynchus gorbuscha</i> | | Wild | Troll, Gillnet, Purse seine | US Washington, Oregon, California ** except Puget Sound (gillnet, drift net, purse seine) |
| | Ocean Wise | Pink salmon | <i>Oncorhynchus gorbuscha</i> | British Columbia Pink Salmon | Wild | Beach seine, Gillnet, Weir, Purse seine, Various | Fraser River, Inner South Coast, North/Central Coast, Haida Gwaii |
| | Ocean Wise | Pink salmon | <i>Oncorhynchus gorbuscha</i> | VA-Delta Kamchatka salmon | Wild | Trap net in sea, beach seines in river | Russia: Sea of Okhotsk and Ozernaya, Koshegochek, Golgina, Opala, Kol and Vorovskaya Rivers |
| | Ocean Wise | Pink salmon | <i>Oncorhynchus gorbuscha</i> | Alaska Salmon | Wild | Purse seine, gillnet, troll | Alaska **except South East Alaska and Yakutat |
| | Ocean Wise | Pink salmon | <i>Oncorhynchus gorbuscha</i> | Alaska Salmon - Prince William Sound | Wild | Gillnets, seines driftnets, hook and line, troll, | Prince William Sound, Alaska |
| | Not Recommended | Pink salmon | <i>Oncorhynchus gorbuscha</i> | Alaska Annette Islands Reserve | Wild | Gillnets, purse seines | AK Annette Islands |
| | Not Recommended | Pink salmon | <i>Oncorhynchus gorbuscha</i> | Iturup Island pink & chum salmon | Wild | Trap | Iturup Island, Russia |
| Not Recommended | Pink salmon | <i>Oncorhynchus gorbuscha</i> | Sakhalin Island Northeast trap net pink salmon | Wild | Trap net, Gillnet | East Sakhalin Island, Russia | |
| Salmon (Sockeye) | Ocean Wise | Sockeye salmon | <i>Oncorhynchus nerka</i> | | Wild | Gillnet | Washington North Pacific |
| | Ocean Wise | Sockeye salmon | <i>Oncorhynchus nerka</i> | | Wild | Purse seine, Gillnet, Troll | BC |
| | Ocean Wise | Sockeye salmon (Early summer run) | <i>Oncorhynchus nerka</i> | | Wild | Reefnet | Washington - Lummi Island, San Juan Island |
| | Not Recommended | Sockeye salmon | <i>Oncorhynchus nerka</i> | | Wild | Troll, Gillnet, Purse seine | US Washington, Oregon, California ** except WA North Pacific |
| | Under Review | Sockeye salmon | <i>Oncorhynchus nerka</i> | | Wild | Purse seine, Gillnet, Troll | Russia, Japan |
| | Ocean Wise | Sockeye salmon | <i>Oncorhynchus nerka</i> | Alaska Salmon | Wild | Purse seine, gillnet, troll | Alaska **except South East Alaska and Yakutat |
| | Ocean Wise | Sockeye salmon | <i>Oncorhynchus nerka</i> | Alaska Salmon - Prince William Sound | Wild | Gillnets, seines driftnets, hook and line, troll, | Prince William Sound, Alaska |
| | Ocean Wise | Sockeye salmon | <i>Oncorhynchus nerka</i> | British Columbia sockeye salmon | Wild | Gillnet, Purse seine | Barkley Sound, Nass River, Skeena River |
| | Ocean Wise | Sockeye salmon | <i>Oncorhynchus nerka</i> | VA-Delta Kamchatka salmon | Wild | Coastal trap nets in the sea, and beach seines in rivers | Russia: Sea of Okhotsk and Ozernaya, Koshegochek, Golgina, Opala, Kol and Vorovskaya Rivers |
| | Not Recommended | Sockeye salmon | <i>Oncorhynchus nerka</i> | Alaska Annette Islands Reserve | Wild | Gillnets, purse seines | AK Annette Islands |
| Sanddab | Ocean Wise | Pacific sanddab | <i>Citharichthys sordidus</i> | | Wild | Bottom trawl | Washington, Oregon, California |
| Sardine | Ocean Wise | Pacific sardine | <i>Sardinops sagax</i> | | Wild | Purse seine | US Pacific, Canadian Pacific |
| | Not Recommended | European sardine / Atlantic sardine | <i>Sardina pilchardus</i> | | Wild | Unassociated purse seine, Midwater trawl | Mediterranean Sea, Black Sea |
| | Ocean Wise | Sardine | <i>Sardina pilchardus</i> | South Brittany sardine purse seine | Wild | Purse seine | Bay of Biscay |
| | Not Recommended | Sardine | <i>Sardina pilchardus</i> | Cornwall sardine, UK | Wild | Ring net, Gillnet | Cornwall, UK |
| | Not Recommended | Sardine | <i>Sardina pilchardus</i> | Gulf of California, Mexico - sardine | Wild | Purse seine | Gulf of California, Mexico |
| | Not Recommended | Sardine | <i>Sardina pilchardus</i> | Portugal sardine purse seine | Wild | Purse seine | Portugal |
| | Not Recommended | Sardine | <i>Sardina pilchardus</i> | Bay of Biscay purse seine sardine fishery | Wild | Purse seine | Bay of Biscay |
| Scad | Ocean Wise | Bigeye scad | <i>Selar crumenophthalmus</i> | | Wild | Handline, Purse seine | Hawaii |
| | Ocean Wise | Mackerel scad | <i>Decapterus macarellus</i> | | Wild | Handline, Lift net | Hawaii |
| Scallop | Ocean Wise | Pink scallop | <i>Chlamys rubida</i> | | Wild | Butterfly trawl | British Columbia |
| | Ocean Wise | Spiny scallop | <i>Chlamys hastata</i> | | Wild | Butterfly trawl | British Columbia |
| | Ocean Wise | Baja scallop, lions paw scallop | <i>Nodipecten subnodosus</i> | | Wild | Diver | Baja California |
| | Ocean Wise | Bay scallop | <i>Argopecten irradians (or Aequipecten)</i> | | Farmed | Off-bottom culture, On-bottom culture, Dredge, Hand harvest | Worldwide |
| | Ocean Wise | Chilean/Peruvian scallop | <i>Argopecten purpuratus</i> | | Farmed | Off-bottom culture | Chile |
| | Ocean Wise | Japanese scallop | <i>Pecten yessoensis</i> | | Farmed | Off-bottom culture | Japan |
| | Ocean Wise | Mexican Bay Scallops | <i>Argopecten ventricosus</i> | | Wild | Diver | Magdalena Bay, Baja California Sur (Mexico) |
| | Ocean Wise | Peruvian Calico scallop | <i>Argopecten purpuratus</i> | | Wild | Diver | Peru, Sechura Bay |
| | Ocean Wise | Qualicum Beach scallop | <i>Patinopecten x</i> | | Farmed | Off-bottom culture | Vancouver Island |
| | Ocean Wise | Scallops (various) | <i>Argopecten spp., Chlamys spp., Patinopecten spp., Patenopecten spp.</i> | | Farmed | Off-bottom culture, On-bottom culture | Worldwide |
| | Ocean Wise | Weathervane scallop | <i>Patinopecten caurinus</i> | | Wild | Dredge | Alaska |
| Not Recommended | Bay scallop | <i>Argopecten irradians</i> | | Wild | Dredge | US: New York, Massachusetts | |

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| | ASC | Ocean Wise | Scallops (various) | Multiple Species | | Farmed | Various | Worldwide |
| | Canadian Organic | Ocean Wise | Scallops (various) | Multiple Species | | Farmed | Various | Canada |
| | MSC | Ocean Wise | Patagonian Scallop | <i>Zygochlamys patagonica</i> | Patagonian Scallop | Wild | Dredge | Argentina |
| | MSC | Ocean Wise | Queen scallop | <i>Aequipecten opercularis</i> | Faroe Islands queen scallop | Wild | Dredge | Faroe Islands |
| | MSC | Ocean Wise | Yesso scallop | <i>Patinopecten yessoensis</i> | Zhangzidao scallop | Wild/Farmed | Off-bottom culture, Diver, Dredge | The North Yellow sea |
| | MSC | Ocean Wise | Atlantic Sea Scallop | <i>Placopecten magellanicus</i> | Eastern Canada offshore scallop | Wild | New bedford rake or dredge | St Pierre Bank (SFA 10,11, and 12) Eastern Scotian Shelf (SFA 25, Browns and German Bank (SFA 26), Georges Bank (SFA 27) |
| | MSC | Ocean Wise | Atlantic Sea Scallop | <i>Placopecten magellanicus</i> | FBSA Canada Full Bay sea scallop | Wild | Dredge | The Bay of Fundy and Scallop Fishing Area 29 |
| | MSC | Not Recommended | Japanese scallop | <i>Patinopecten yessoensis</i> | Japanese scallop hanging and seabed enhanced fisheries | Wild | Various | Japan Sea and Funka Bay |
| | MSC | Not Recommended | King scallops | <i>Pecten maximus</i> | SSMO Shetland inshore brown & velvet crab, lobster and scallop fishery | Wild | Dredge | EU waters-ICES Areas Iva which is within 6 nautical miles of Shetland |
| | MSC | Not Recommended | Sea scallop | <i>Placopecten magellanicus</i> | US Sea Scallop | Wild | Dredge | US Mid-Atlantic, Georges Banks |
| Scup/ Porgy | | Ocean Wise | Scup | <i>Stenotomus chrysops</i> | | Wild | Bottom trawl | US: New England |
| | | Ocean Wise | aka Fairmaid, Ironside, Scuppaug | <i>Stenotomus chrysops</i> | | Wild | Bottom trawl | US: mid-Atlantic |
| Sea bass, European | | Ocean Wise | European seabass, branzino | <i>Dicentrarchus labrax</i> | | Farmed | Recirculating Aquaculture System (RAS) | Worldwide |
| | | Not Recommended | European seabass, branzino | <i>Dicentrarchus labrax</i> | | Farmed | Open net pen | Mediterranean Sea |
| | MSC | Ocean Wise | Dutch rod and line fishery for sea bass | <i>Dicentrarchus labrax</i> | | Wild | Handline | Southern North Sea |
| Sea Bream | | Not Recommended | Black seabream | <i>Spondylisoma cantharus</i> | | Wild | Handline, Midwater trawl, Bottom gillnet, Bottom trawl | United Kingdom, France |
| | | Not Recommended | Gilthead seabream | <i>Sparus aurata</i> | | Farmed | Open net pen | Mediterranean Sea |
| Sea Cucumber | | Ocean Wise | Giant Red Sea Cucumber | <i>Paratichopus californicus</i> | | Wild | Diver | British Columbia |
| | | Ocean Wise | Orange-footed sea cucumber | <i>Cucumaria frondosa</i> | | Wild | Towed dredges | Newfoundland and Labrador, Quebec |
| | | Not Recommended | Orange-footed sea cucumber | <i>Cucumaria frondosa</i> | | Wild | Towed dredges | Nova Scotia, New Brunswick |
| Seaweed | | Ocean Wise | Seaweed | <i>All species</i> | | Farmed | Various | Worldwide |
| Shark | | Ocean Wise | Spiny dogfish | <i>Squalus acanthias</i> | | Wild | Bottom trawl | Washington, Oregon, California |
| | | Not Recommended | Common thresher shark | <i>Alopias vulpinus</i> | | Wild | Gillnet | California |
| | | Not Recommended | Blue shark | <i>Prionace glauca</i> | | Wild | Pelagic longline, Deepset longline, Shallowset longline | South Pacific, East Pacific, North Pacific, WCPO, Indian Ocean, North Atlantic, South Atlantic, Canada |
| | | Not Recommended | Silky shark | <i>Cacharhinus falciformis</i> | | Wild | Pelagic longline, FAD purse seine | East Pacific, South Pacific, North Pacific, Sri Lanka Indian Ocean |
| | | Not Recommended | Porbeagle shark | <i>Lamna nasus</i> | | Wild | Pelagic longline | Canadian Atlantic |
| | | Not Recommended | Porbeagle shark | <i>Lamna nasus</i> | | Wild | Handline, Pelagic longline, Various | Atlantic ocean |
| | | Not Recommended | Shortfin mako shark | <i>Isurus oxyrinchus</i> | | Wild | Gillnet | California |
| | | Not Recommended | Shortfin mako shark | <i>Isurus oxyrinchus</i> | | Wild | Pelagic longline | WCPO, North Pacific, South Pacific, Indian Ocean, North Atlantic, South Atlantic, Canada North Atlantic, US North Atlantic |
| | | Not Recommended | Spiny dogfish | <i>Squalus acanthias</i> | | Wild | Trawl; Longline; Handline | Worldwide (except US West coast) |
| Shrimp/Prawns | | Ocean Wise | Giant freshwater prawn | <i>Macrobrachium rosenbergii</i> | | Farmed | Pond | Central America, North America, South America |
| | | Ocean Wise | Giant freshwater prawn | <i>Macrobrachium rosenbergii</i> | | Farmed | Pond | Asia |
| | | Ocean Wise | Northern pink shrimp | <i>Pandalus borealis</i> | | Wild | Trap | Nova Scotia: Chedabucto Bay |
| | | Ocean Wise | Spot prawn | <i>Pandalus platyceros</i> | | Wild | Trap | Washington |
| | | Ocean Wise | Spot prawn | <i>Pandalus platyceros</i> | | Wild | Trap | BC |
| | | Ocean Wise | Tiger shrimp (Selva brand only) | <i>Penaeus monodon</i> | | Farmed | Silvofishery: extensive mixed shrimp and mangrove forestry using Selva Shrimp Criteria® | Vietnam: Ca Mau |
| | | Ocean Wise | Whiteleg shrimp | (Lito) <i>Penaeus vannamei</i> | | Farmed | Recirculating aquaculture system (RAS), Pond, Raceway | US |
| | | Ocean Wise | Giant Tiger Prawn | <i>Penaeus monodon</i> | | Farmed | Ponds | Myanmar |
| | | Under Review | Northern shrimp | <i>Pandalus borealis</i> | | Wild | Bottom trawl | British Columbia |
| | | Under Review | Pink/Ocean shrimp | <i>Pandalus jordani</i> | | Wild | Bottom trawl | British Columbia |
| | | Under Review | Sidestripe shrimp | <i>Pandalopsis dispar</i> | | Wild | Bottom trawl | British Columbia |
| | | Not Recommended | Humpback shrimp (Coonstripe shrimp) | <i>Pandalus hypsinotus</i> | | Wild | Trap | Alaska, California |
| | | Not Recommended | Northern shrimp | <i>Pandalus borealis</i> | | Wild | Bottom trawl | Alaska |
| | | Not Recommended | Ridgeback shrimp | <i>Sicyonia ingentis</i> | | Wild | Bottom trawl | California |
| | | Not Recommended | Sidestripe shrimp | <i>Pandalopsis dispar</i> | | Wild | Bottom trawl | Alaska |
| | | Not Recommended | Spot prawn | <i>Pandalus platyceros</i> | | Wild | Trap | Alaska |
| | | Not Recommended | Argentine red shrimp | <i>Pleoticus muelleri</i> | | Wild | Bottom trawl | Argentina |

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|-----------|-----------------|---|---|---|-------------|--|---|
| | Not Recommended | Blue shrimp | <i>Litopenaeus stylirostris</i> | | Wild | Trawl; Various | Gulf of Mexico, Mexico |
| | Not Recommended | Brown shrimp (Gulf shrimp) | <i>Farfantepenaeus aztecus</i> | | Wild | Bottom trawl, Skimmer trawl | US South Atlantic, US Gulf of Mexico |
| | Not Recommended | Chinese white shrimp | (<i>Fennero</i>) <i>Penaeus chinensis</i> | | Farmed | Pond | Asia |
| | Not Recommended | Giant freshwater prawn | <i>Macrobrachium rosenbergii</i> | | Farmed | Pond | Bangladesh |
| | Not Recommended | Humpy shrimp | <i>Pandalus goniurus</i> | | Wild | Various | BC, Alaska, California, Oregon, Washington |
| | Not Recommended | Pink shrimp | <i>Pandalus jordani</i> | | Wild | Bottom trawl | California |
| | Not Recommended | Pink shrimp (Gulf shrimp) | <i>Penaeus duorarum</i> | | Wild | Bottom trawl, Skimmer trawl | US South Atlantic, US Gulf of Mexico |
| | Not Recommended | Rock shrimp (Gulf shrimp) | <i>Sicyonia brevirostris</i> | | Wild | Bottom trawl, Midwater trawl, Cast net | Gulf of Mexico, Florida Gulf, South Atlantic |
| | Not Recommended | Royal red shrimp (Gulf shrimp) | <i>Hymenopenaeus robustus</i> | | Wild | Bottom trawl, Skimmer trawl | Gulf of Mexico, US South Atlantic |
| | Not Recommended | Seabob shrimp (Gulf shrimp) | <i>Xiphopenaeus kroyeri</i> | | Wild | Bottom trawl, Skimmer trawl | US South Atlantic, US Gulf of Mexico |
| | Not Recommended | Spot prawn | <i>Pandalus platyceros</i> | | Wild | Trap | California |
| | Not Recommended | Tiger prawn | <i>Penaeus monodon</i> | | Farmed | Pond | Asia, South America |
| | Not Recommended | Tiger prawn | <i>Penaeus monodon</i> | | Farmed | Pond | Bangladesh |
| | Not Recommended | Tiger prawn | <i>Penaeus monodon</i> | | Farmed | Pond | India |
| | Not Recommended | Tiger prawn | <i>Penaeus monodon</i> | | Farmed | Pond | Indonesia |
| | Not Recommended | Giant tiger prawn | <i>Penaeus monodon</i> | | Farmed | Pond | Malaysia |
| | Not Recommended | Giant tiger prawn | <i>Penaeus monodon</i> | | Farmed | Pond Silviculture | Vietnam |
| | Not Recommended | White shrimp | <i>Litopenaeus vannamei</i> | | Farmed | Pond | Malaysia |
| | Not Recommended | Whiteleg shrimp | (<i>Lito</i>) <i>Penaeus vannamei</i> | | Farmed | Pond | Honduras |
| | Not Recommended | Whiteleg shrimp | (<i>Lito</i>) <i>Penaeus vannamei</i> | | Farmed | Pond | India |
| | Not Recommended | Whiteleg shrimp | (<i>Lito</i>) <i>Penaeus vannamei</i> | | Farmed | Pond | Indonesia |
| | Not Recommended | Whiteleg shrimp | (<i>Lito</i>) <i>Penaeus vannamei</i> | | Farmed | Pond | Ecuador |
| | Not Recommended | Whiteleg shrimp | (<i>Lito</i>) <i>Penaeus vannamei</i> | | Wild/Farmed | Trawl; Pond | Mexico to Peru |
| | Not Recommended | Whiteleg shrimp | (<i>Lito</i>) <i>Penaeus vannamei</i> | | Farmed | Pond | Thailand |
| | Not Recommended | Whiteleg shrimp | (<i>Lito</i>) <i>Penaeus vannamei</i> | | Farmed | Pond | China |
| | Not Recommended | Whiteleg shrimp | (<i>Lito</i>) <i>Penaeus vannamei</i> | | Farmed | Intensive Pond | Vietnam |
| ASC | Ocean Wise | Shrimp | Multiple Species | | Farmed | Various | Worldwide |
| Naturland | Ocean Wise | Shrimp | Multiple Species | | Farmed | Various | Worldwide |
| MSC | Ocean Wise | Shrimp | Multiple Species | Australia Northern prawn | Wild | Trawl | Australia |
| MSC | Ocean Wise | Coldwater Prawn | <i>Pandalus borealis</i> | Norway North East Arctic cold water prawn | Wild | Trawl | Barents Sea and Svalbard |
| MSC | Ocean Wise | Northern Coldwater Prawn | <i>Pandalus borealis</i> | Canada Scotian Shelf Northern prawn Trawl | Wild | Bottom trawl | CAN - Shrimp Fishing Areas (SFA) 13, 14, 15 |
| MSC | Ocean Wise | Northern Coldwater Prawn | <i>Pandalus borealis</i> | Gulf of St. Lawrence northern shrimp | Wild | Bottom trawl | Gulf of St. Lawrence, SFA 9, 10, 12 |
| MSC | Ocean Wise | Northern Coldwater Prawn | <i>Pandalus borealis</i> | Canada offshore northern and striped shrimp | Wild | Bottom trawl | Atlantic Canada - SFAs 1,2,3,4,5,6, |
| MSC | Ocean Wise | Northern shrimp, pink shrimp, deepwater prawn, deep-sea prawn, great northern prawn and crevette nordique | <i>Pandalus borealis</i> | Faroe Islands North East Arctic cold water prawn | Wild | Bottom trawl; Modified trawl | Barrents sea |
| MSC | Ocean Wise | Oregon Pink shrimp | <i>Pandalus jordani</i> | Oregon and Washington pink shrimp | Wild | Midwater Trawl | Oregon & Washington Coast |
| MSC | Ocean Wise | Northern Coldwater Prawn | <i>Pandalus borealis</i> | Estonia North East Arctic cold water prawn | Wild | Bottom trawl; Modified trawl | ICES Ia,b and Iib. FAO 27 |
| MSC | Not Recommended | Brown Shrimp | <i>Crangon Crangon</i> | North Sea Brown Shrimp | Wild | Bottom trawl; Beam Trawl | North Sea |
| MSC | Not Recommended | Northern Coldwater Prawn | <i>Pandalus borealis</i> | Canada offshore northern and striped shrimp | Wild | Bottom trawl | Atlantic Canada - SFA 7 |
| MSC | Not Recommended | Atlantic seabob shrimp | <i>Xiphopenaeus kroyeri</i> | Suriname Atlantic seabob shrimp | Wild | Bottom trawl | Suriname |
| MSC | Not Recommended | Brown Tiger Prawn | <i>Penaeus esculentus</i> | Exmouth Gulf prawn | Wild | Bottom trawl | North/northwest waters of Exmouth Gulf, Western Australia |
| MSC | Not Recommended | Western King prawn | <i>Penaeus latissulcatus</i> | Exmouth Gulf prawn | Wild | Bottom trawl | North/northwest waters of Exmouth Gulf, Western Australia |
| MSC | Not Recommended | Brown Tiger Prawn | <i>Penaeus esculentus</i> | Shark Bay prawn | Wild | Bottom trawl | North/northwest waters of Exmouth Gulf, Western Australia |
| MSC | Not Recommended | Western King prawn | <i>Penaeus latissulcatus</i> | Shark Bay prawn | Wild | Bottom trawl | North/northwest waters of Exmouth Gulf, Western Australia |
| MSC | Not Recommended | Coldwater Prawn | <i>Pandalus borealis</i> | West Greenland coldwater prawn | Wild | Bottom trawl | West Greenland |
| MSC | Not Recommended | Cold water prawns, shrimp, northern shrimp, deep-water shrimp, pink shrimp, northern red shrimp | <i>Pandalus borealis</i> | Denmark Skagerrak and the Norwegian Deep cold water prawn | Wild | Bottom trawl | Skagerrak, Kattegat and the Norwegian Deep. ICES divisions: IIIa and IVa East. FAO statistical area: 27 |
| MSC | Not Recommended | Cold water prawns, shrimp, northern shrimp, deep-water shrimp, pink shrimp, northern red shrimp | <i>Pandalus borealis</i> | Norway Skagerrak and the Norwegian Deep cold-water prawn | Wild | Bottom trawl | North Sea and Skagerrak, FAO statistical area 27. ICES Divisions IIIa and IVa East |
| MSC | Not Recommended | King Prawn | <i>Penaeus latissulcatus</i> | Spencer Gulf king prawn | Wild | Bottom trawl | The Spencer Gulf of South Australia |

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|---------|-----------------|--|--|---|--|---|---|---|-----------------------------------|
| | MSC | Not Recommended | Northern Shrimp | <i>Pandalus borealis</i> | Sweden Skagerrak, Kattegat and the Norwegian Deep cold-water prawn | Wild | Bottom trawl | ICES Divisions IIIa West and IVa East (Skagerrak and the Norwegian Deep) in Norwegian and EU waters, FAO 27 | |
| | MSC | Not Recommended | Nylon Shrimp | <i>Heterocarpus reedi</i> | Chile squat lobsters and nylon shrimp modified trawl fishery | Wild | Bottom trawl; Modified trawl | FAO statistical area 87, South East Pacific | |
| Skate | | Ocean Wise | Big skate | <i>Raja binoculata</i> | | Wild | Bottom longline, bottom trawl | British Columbia | |
| | | Ocean Wise | Big skate | <i>Raja binoculata</i> | | Wild | Bottom trawl | Oregon, California, Washington | |
| | | Ocean Wise | California skate | <i>Raja inornata</i> | | Wild | Bottom trawl | Oregon, California, Washington | |
| | | Ocean Wise | Longnose skate | <i>Raja rhina</i> | | Wild | Bottom trawl | Oregon, California, Washington | |
| | | Not Recommended | Longnose skate | <i>Raja rhina</i> | | Wild | Bottom trawl, Bottom longline | British Columbia | |
| | | Not Recommended | Winter skate | <i>Leucoraja ocellata</i> | | Wild | Trawl, Bottom gillnet | US Atlantic | |
| | | MSC | Ocean Wise | Longnose skate | <i>Raja rhina</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl; Midwater trawl | Washington, Oregon, California |
| Smelt | | Ocean Wise | Rainbow smelt | <i>Osmerus mordax</i> | | Wild | Bottom gillnet, Midwater trawl | Canada (Lake Erie, Lake Huron) | |
| | | Ocean Wise | Rainbow smelt | <i>Osmerus mordax</i> | | Wild | Bottom gillnet, Trap net | US (Lake Superior) | |
| | | Under Review | Night smelt | <i>Spirinchus starksi</i> | | Wild | Dip net; Gillnet | California, Oregon | |
| | | MSC | Ocean Wise | Great silver smelt | <i>Argentina silus</i> | Faroe Islands silver smelt | Wild | Trawl | Faroe Bank & Faroe Plateau |
| Snapper | | Ocean Wise | Blacktail snapper | <i>Lutjanus fulvus</i> | | Wild | Handline, surround net, diver | Hawaii | |
| | | Ocean Wise | Bluestriped snapper | <i>Lutjanus kasmira</i> | | Wild | Handline, surround net, diver | Hawaii | |
| | | Ocean Wise | Gray snapper | <i>Lutjanus griseus</i> | | Wild | Diver | US: Gulf of Mexico | |
| | | Ocean Wise | Gray snapper (uku) | <i>Aprion virescens</i> | | Wild | Handline, Troll, Pole | Hawaii | |
| | | Ocean Wise | Kalekale snapper | <i>Pristipomoides sieboldii</i> | | Wild | Handline | Hawaii | |
| | | Ocean Wise | Mutton snapper | <i>Lutjanus analis</i> | | Wild | Handline, Diver | US Gulf of Mexico, US South Atlantic | |
| | | Ocean Wise | Oblique-banded snapper | <i>Pristipomoides zonatus</i> | | Wild | Handline | Hawaii | |
| | | Ocean Wise | Pink snapper | <i>Pristipomoides filamentosus</i> | | Wild | Handline | Hawaii | |
| | | Ocean Wise | Red snapper | <i>Etelis carbunculus</i> | | Wild | Handline | Hawaii | |
| | | Ocean Wise | Ruby snapper | <i>Etelis coruscans</i> | | Wild | Handline | Hawaii | |
| | | Ocean Wise | Rusty jobfish | <i>Aphareus rustilans</i> | | Wild | Handline | Hawaii | |
| | | Ocean Wise | Yellowtail snapper | <i>Ocyurus chrysurus</i> | | Wild | Handline | US Gulf of Mexico | |
| | | Not Recommended | Red snapper | <i>Lutjanus campechanus</i> | | Wild | Handline, Troll, Pole | US - Gulf of Mexico, South Atlantic | |
| | | Not Recommended | Lane snapper | <i>Lutjanus synagris</i> | | Wild | Handline, Trap | Brazil Atlantic | |
| | | Not Recommended | Lane snapper | <i>Lutjanus synagris</i> | | Wild | Handline, Bottom longline | Gulf of Mexico, US South Atlantic | |
| | | Not Recommended | Mutton snapper | <i>Lutjanus analis</i> | | Wild | Handline, Trap | Brazil Atlantic | |
| | | Not Recommended | Mutton snapper | <i>Lutjanus analis</i> | | Wild | Bottom longline | US Gulf of Mexico | |
| | | Not Recommended | Gray snapper | <i>Lutjanus griseus</i> | | Wild | Handline | US: Gulf of Mexico, Southeast Atlantic | |
| | Not Recommended | Thai Snapper, Porgy, Red Hawaiian Porgy, Squirefish, Sea Bream, Red Bream, Cockney | <i>Pagrus auratus, Chrysophrys auratus</i> | | Wild | Trawl; Bottom longline; Handline; Danish seine | New Zealand | | |
| | Not Recommended | Vermilion snapper | <i>Rhomboplites aurorubens</i> | | Wild | Handline, Troll, Pole | US - Gulf of Mexico, South Atlantic | | |
| | Not Recommended | Yellowtail snapper | <i>Ocyurus chrysurus</i> | | Wild | Handline, Troll, Pole, Trap | US - Gulf of Mexico, South Atlantic, Brazil | | |
| Sole | | Ocean Wise | Butter sole | <i>Isopsetta isolepis</i> | | Wild | Bottom trawl | Alaska | |
| | | Ocean Wise | Dover sole | <i>Microstomus pacificus</i> | | Wild | Bottom trawl | Alaska | |
| | | Ocean Wise | Dover sole | <i>Microstomus pacificus</i> | | Wild | Bottom trawl | Washington, Oregon, California | |
| | | Ocean Wise | English sole | <i>Parophrys vetulus</i> | | Wild | Bottom trawl | British Columbia | |
| | | Ocean Wise | English sole | <i>Parophrys vetulus</i> | | Wild | Bottom trawl | Washington, Oregon, California | |
| | | Ocean Wise | Flathead sole | <i>Hippoglossoides elassodon</i> | | Wild | Bottom trawl | Alaska | |
| | | Ocean Wise | Petrale sole | <i>Eopsetta jordani</i> | | Wild | Bottom trawl | British Columbia | |
| | | Ocean Wise | Petrale sole | <i>Eopsetta jordani</i> | | Wild | Bottom trawl | Washington, Oregon, California | |
| | | Ocean Wise | Rex sole | <i>Glyptocephalus zachirus</i> | | Wild | Bottom trawl | California, Alaska | |
| | | Ocean Wise | Rock sole | <i>Lepidopsetta bilineata</i> | | Wild | Bottom trawl | Alaska | |
| | | Ocean Wise | Yellowfin sole | <i>Pleuronectes asper</i> aka <i>Limanda aspera</i> | | Wild | Bottom trawl | Alaska | |
| | | Not Recommended | Dover sole | <i>Microstomus pacificus</i> | | Wild | Bottom trawl | British Columbia | |
| | | Not Recommended | Rex sole | <i>Errex zachirus</i> | | Wild | Bottom trawl | British Columbia | |
| | | Not Recommended | Rock sole | <i>Lepidopsetta bilineata</i> | | Wild | Bottom trawl | British Columbia | |
| | | MSC | Ocean Wise | Dover sole | <i>Microstomus pacificus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl | Washington, Oregon and California |
| | | MSC | Ocean Wise | English sole | <i>Parophrys vetulus</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl | Washington, Oregon and California |
| | | MSC | Ocean Wise | Petrale sole | <i>Eopsetta jordani</i> | US West Coast limited entry groundfish trawl | Wild | Bottom trawl, Midwater trawl | Washington, Oregon and California |
| | | MSC | Ocean Wise | Flathead Sole | <i>Hippoglossoides elassodon</i> | Alaska Flatfish - Bering Sea and Aleutian Islands | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | | MSC | Ocean Wise | Northern rock sole | <i>Lepidopsetta polyxystra</i> | Alaska Flatfish - Bering Sea and Aleutian Islands | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | | MSC | Ocean Wise | Yellowfin sole | <i>Limanda aspera</i> | Alaska Flatfish - Bering Sea and Aleutian Islands | Wild | Bottom trawl | Bering Sea and Aleutian Islands |
| | MSC | Ocean Wise | Flathead Sole | <i>Hippoglossoides elassodon</i> | Alaska Flatfish - Gulf of Alaska | Wild | Bottom trawl | Gulf of Alaska | |
| | MSC | Ocean Wise | Northern rock sole | <i>Lepidopsetta polyxystra</i> | Alaska Flatfish - Gulf of Alaska | Wild | Bottom trawl | Gulf of Alaska | |

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| | MSC | Ocean Wise | Rex sole | <i>Glyptocephalus zachirus</i> | Alaska Flatfish - Gulf of Alaska | Wild | Bottom trawl | Gulf of Alaska | |
| | MSC | Ocean Wise | Southern Rock Sole | <i>Lepidopsetta bilineata</i> | Alaska Flatfish - Gulf of Alaska | Wild | Bottom trawl | Gulf of Alaska | |
| | MSC | Not Recommended | Dover Sole | <i>Solea solea</i> | Cooperative Fishery Organisation (CVO) North Sea plaice and sole | Wild | Trawl; Various | The North Sea | |
| | MSC | Not Recommended | Dover Sole | <i>Solea solea</i> | DFPO Denmark North Sea sole | Wild | Bottom trawl; Gillnet | North Sea | |
| | MSC | Not Recommended | Dover sole | <i>Solea solea</i> | FROM Nord North Sea and Eastern Channel trammel net sole | Wild | Trammel net | North Sea and Eastern Channel: FAO area 27. North Sea stock: ICES subarea IVc. Eastern Channel stock: ICES division VIIId | |
| Spearfish | | Not Recommended | Shortbill spearfish | <i>Tetrapturus angustirostris</i> | | Wild | Pelagic longline, Pole, Handline, Purse seine, Various | Hawaii, Pacific Imported | |
| Sprat | MSC | Ocean Wise | European Sprat | <i>Sprattus sprattus</i> | LFPO pelagic trawl sprat | Wild | Trawl; various | Northeast Atlantic | |
| Squid | | Ocean Wise | Humboldt squid, jumbo squid | <i>Dosidicus gigas</i> | | Wild | Jig | Mexico, Gulf of California | |
| | | Ocean Wise | Humboldt squid, jumbo squid | <i>Dosidicus gigas</i> | | Wild | Jig | Chile, Peru | |
| | | Ocean Wise | Japanese flying squid | <i>Todarodes pacificus</i> | | Wild | Jig, unassociated purse seine, trap net | Japan | |
| | | Not Recommended | Japanese flying squid | <i>Todarodes pacificus</i> | | Wild | Bottom trawl | Japan | |
| | | Not Recommended | Indian squid | <i>Loligo duveaueceli</i> | | Wild | Bottom trawl | India, Thailand | |
| | | Not Recommended | Longfin squid | <i>Loligo pealei</i> | | Wild | Bottom trawl | US Atlantic | |
| | | Not Recommended | Market squid | <i>Loligo opalescens</i> | | Wild | Purse seine | California | |
| | | Not Recommended | Mitre squid | <i>Loligo chilensis</i> | | Wild | Bottom trawl | China, Thailand | |
| | | Not Recommended | Argentine shortfin squid | <i>Illex argentinus</i> | | Wild | Jig | Argentina | |
| | Not Recommended | Shortfin squid | <i>Illex illecebrosus</i> | | Wild | Bottom trawl | East coast US | | |
| Steelhead | | Ocean Wise | Steelhead | <i>Oncorhynchus mykiss</i> | | Farmed | Open net pen, Man-made lake | Lois Lake, Canada | |
| | | Ocean Wise | Steelhead | <i>Oncorhynchus mykiss</i> | | Farmed | Recirculating aquaculture systems (RAS) | Worldwide | |
| | | Under Review | Steelhead | <i>Oncorhynchus mykiss</i> | | Farmed/Wild | Open net pen, Raceway | Canada | |
| Sturgeon | | Ocean Wise | Atlantic sturgeon | <i>Acipenser oxyrinchus</i> | | Farmed | Recirculating aquaculture system (RAS) | US | |
| | | Ocean Wise | Beluga sturgeon | <i>Huso huso</i> | | Farmed | Recirculating aquaculture system (RAS) | US | |
| | | Ocean Wise | Russian sturgeon | <i>Acipenser gueldenstaedtii</i> | | Farmed | Recirculating aquaculture system (RAS) | US | |
| | | Ocean Wise | Shortnose sturgeon | <i>Acipenser brevirostrum</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide | |
| | | Ocean Wise | Siberian sturgeon | <i>Acipenser baerii</i> | | Farmed | Recirculating aquaculture system (RAS) | US | |
| | | Ocean Wise | Sturgeon | <i>Various spp</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide | |
| | | Ocean Wise | Sterlet | <i>Acipenser ruthenus</i> | | Farmed | Recirculating aquaculture system (RAS) | US | |
| | | Ocean Wise | White sturgeon | <i>Acipenser transmontanus</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide | |
| | | Ocean Wise | White sturgeon | <i>Acipenser transmontanus</i> | | Farmed | Recirculating aquaculture system (RAS) | US | |
| | | Not Recommended | Atlantic sturgeon | <i>Acipenser oxyrinchus oxyrinchus</i> | | Wild | Large mesh bottom gillnet | Quebec: St Lawrence River | |
| | | Not Recommended | Lake sturgeon | <i>Acipenser fulvescens</i> | | Wild | Large mesh bottom gillnet | Quebec: St Lawrence River | |
| | | Not Recommended | Paddlefish | <i>Polyodon spathula</i> | | Wild | Drift gillnet | Mississippi River, US | |
| | | Not Recommended | Shovelnose sturgeon | <i>Scaphirhynchus platorhynchus</i> | | Wild | Drift gillnet | Mississippi River, US | |
| | | Not Recommended | White sturgeon | <i>Acipenser transmontanus</i> | | Wild | Drift gillnet | Columbia River Ore. | |
| | Under Review | Atlantic sturgeon | <i>Acipenser oxyrinchus oxyrinchus</i> | | Wild | Bottom gillnet | New Brunswick, St. Johns River | | |
| Swordfish | | Ocean Wise | Swordfish | <i>Xiophias gladius</i> | | Wild | Handline | Western and Central Pacific: Vietnam | |
| | | Ocean Wise | Swordfish | <i>Xiophias gladius</i> | | Wild | Handline | South Pacific, Western, and Central Pacific | |
| | | Ocean Wise | Swordfish | <i>Xiophias gladius</i> | | Wild | Shallow-set longline | Hawaii | |
| | | Ocean Wise | Swordfish | <i>Xiophias gladius</i> | | Wild | Buoy | US Atlantic, Northern Stock | |
| | | Ocean Wise | Swordfish | <i>Xiophias gladius</i> | | Wild | Pelagic longline | Atlantic US, Gulf of Mexico | |
| | | Ocean Wise | Swordfish | <i>Xiophias gladius</i> | | Wild | Harpoon, Handline | Atlantic Canada, US, Hawaii | |
| | | Ocean Wise | Swordfish | <i>Xiophias gladius</i> | | Wild | Harpoon, Handline | Pacific Ocean | |
| | | Ocean Wise | Swordfish | <i>Xiophias gladius</i> | | Wild | Harpoon | South Atlantic Ocean | |
| | | Not Recommended | Swordfish | <i>Xiophias gladius</i> | | Wild | Pelagic longline | Pacific Ocean (excluding Hawaii) | |
| | | Not Recommended | Swordfish | <i>Xiophias gladius</i> | | Wild | Gillnet | California | |
| | | Not Recommended | Swordfish | <i>Xiophias gladius</i> | | Wild | Shallow-set longline, Pelagic longline | Indian Ocean | |
| | | Not Recommended | Swordfish | <i>Xiophias gladius</i> | | Wild | Pelagic longline | Atlantic Ocean (excluding US) | |
| | | MSC | Ocean Wise | North Atlantic swordfish | <i>Xiophias gladius</i> | North West Atlantic Canada harpoon swordfish | Wild | Harpoon | NAFO areas 3, 4, 5, & 6 as well as outside the NAFO Convention Area, in the ICCAT Northern Swordfish Boundary Area |
| | | MSC | Not Recommended | North Atlantic swordfish | <i>Xiophias gladius</i> | North West Atlantic Canada longline swordfish | Wild | Pelagic longline | Atlantic Canadian EEZ and international waters within the ICCAT Northern Swordfish Boundary Area |
| | | MSC | Not Recommended | Broadbill swordfish | <i>Xiophias gladius</i> | Walker Seafood Australia albacore, yellowfin tuna and swordfish | Wild | Pelagic longline | Australia - FAO statistical area 81, Western and Central Pacific Ocean |
| Tilapia | | Ocean Wise | Blue Tilapia | <i>Oreochromis aureus</i> | | Farmed | Raceway | Peru | |
| | | Ocean Wise | Nile tilapia | <i>Oreochromis niloticus</i> | | Farmed | Open net pen | Mexico, Indonesia, Honduras | |
| | | Ocean Wise | Nile Tilapia | <i>Oreochromis niloticus</i> | | Farmed | Recirculating aquaculture system (RAS) | Worldwide | |

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|-----------------|-----------------|-----------------------------|--|---|---|---|---|------------------|
| | Ocean Wise | Tilapia | <i>Oreochromis spp., Sarotherodon spp., Tilapia spp.</i> | | Farmed | Recirculating aquaculture system (RAS) | US | |
| | Ocean Wise | Tilapia | <i>Oreochromis spp., Sarotherodon spp., Tilapia spp.</i> | | Farmed | Pond | Ecuador | |
| | Not Recommended | Tilapia | <i>Oreochromis niloticus, O. niloticus x Oreochromis mossambicus, O. niloticus, Oreochromis spp.</i> | | Farmed | Ponds | China | |
| | Not Recommended | Tilapia | <i>Oreochromis mossambicus, O. niloticus, Oreochromis spp.</i> | | Farmed | Ponds | Taiwan | |
| | Not Recommended | Tilapia | <i>Oreochromis mossambicus, O. niloticus, Oreochromis spp.</i> | | Farmed | Open net pen | Columbia | |
| | Naturland | Ocean Wise | Tilapia | <i>Oreochromis spp</i> | Farmed | Various | Worldwide | |
| Tilefish | Ocean Wise | Golden tilefish | <i>Lopholatilus chamaeleonticeps</i> | | Wild | Bottom longline; Handline | Western Atlantic (East Coast of North America) | |
| | Not Recommended | Blue tilefish | <i>Caulolatilus microps</i> | | Wild | Bottom longline; Handline | Gulf of Mexico, US S. Atlantic | |
| Triggerfish | Not Recommended | Queen triggerfish | <i>Balistes vetula</i> | | Wild | Handline, pot, trap, diver, bottom longline | US, Puerto Rico | |
| | Not Recommended | Gray triggerfish | <i>Balistes capriscus</i> | | Wild | Handline | US Gulf of Mexico | |
| | Not Recommended | Gray triggerfish | <i>Balistes capriscus</i> | | Wild | Diver, Handline | US Southeast Atlantic | |
| Trout | Ocean Wise | Brook trout, speckled trout | <i>Salvelinus fontinalis</i> | | Farmed | Recirculating Aquaculture Systems (RAS) | Worldwide | |
| | Ocean Wise | Lake trout | <i>Salvelinus namaycush</i> | | Wild | Trap net, Gillnet | Canada (Lake Huron), US (Lake Huron, Lake Superior - Michigan and Minnesota, Lake Michigan) | |
| | Ocean Wise | Rainbow trout | <i>Oncorhynchus mykiss</i> | | Farmed | Recirculating Aquaculture Systems (RAS) | Worldwide | |
| | Ocean Wise | Rainbow trout, steelhead | <i>Oncorhynchus mykiss</i> | | Farmed | Open net pen, Man-made lake | Lois Lake, Canada | |
| | Ocean Wise | Rainbow trout, steelhead | <i>Oncorhynchus mykiss</i> | | Wild | Midwater gillnet | US Washington: Quillayute River | |
| | Ocean Wise | Rainbow trout, steelhead | <i>Oncorhynchus mykiss</i> | | Farmed | Raceway, Pond | United States: Washington | |
| | Ocean Wise | Rainbow trout, steelhead | <i>Oncorhynchus mykiss</i> | | Farmed | Open net pen | United States | |
| | Not Recommended | Rainbow trout | <i>Oncorhynchus mykiss</i> | | Wild | Midwater gillnet | US Washington: Chehalis River, Hoh River, Queets River, Quinault River, Humpulus River | |
| | Not Recommended | Rainbow trout | <i>Oncorhynchus mykiss</i> | | Farmed | Marine Net pen | Chile | |
| | Not Recommended | Lake trout | <i>Salvelinus namaycush</i> | | Wild | Trap net; Gillnet | Canada (Lake Superior), US (Lake Superior - Wisconsin) | |
| | Under Review | Steelhead | <i>Oncorhynchus mykiss</i> | | Farmed | Open net pen | Canada | |
| Tuna (Albacore) | Ocean Wise | Albacore tuna | <i>Thunnus alalunga</i> | | Wild | Troll, Pole | Pacific Ocean (excluding Hawaii) | |
| | Ocean Wise | Albacore tuna | <i>Thunnus alalunga</i> | | Wild | Deepset longline | Hawaii | |
| | Ocean Wise | Albacore tuna | <i>Thunnus alalunga</i> | | Wild | Troll, Pole | North Atlantic Ocean | |
| | Not Recommended | Albacore tuna | <i>Thunnus alalunga</i> | | Wild | Pelagic longline | Pacific Ocean | |
| | Not Recommended | Albacore tuna | <i>Thunnus alalunga</i> | | Wild | Pelagic longline, Deepset longline, Shallowset longline | Indian Ocean | |
| | Not Recommended | Albacore tuna | <i>Thunnus alalunga</i> | | Wild | Pelagic longline | North Atlantic Ocean | |
| | Not Recommended | Albacore tuna | <i>Thunnus alalunga</i> | | Wild | Troll, Pole, Pelagic longline | South Atlantic Ocean | |
| | Not Recommended | Albacore tuna | <i>Thunnus alalunga</i> | | Wild | Gillnet | California | |
| | MSC | Ocean Wise | Albacore tuna | <i>Thunnus alalunga</i> | American Western Fish Boat Owners Association (WFOA) albacore tuna North Pacific | Wild | Troll, Pole, Jig | US North Pacific |
| | MSC | Ocean Wise | Albacore tuna | <i>Thunnus alalunga</i> | Canadian Highly Migratory Species Foundation (CHMSF) British Columbia albacore tuna North Pacific | Wild | Troll, Jig | British Columbia |
| | MSC | Ocean Wise | Albacore tuna | <i>Thunnus alalunga</i> | American Samoa EEZ Albacore and Yellowfin Longline Fishery | Wild | Longline | American Samoa |
| | MSC | Ocean Wise | Albacore tuna | <i>Thunnus alalunga</i> | New Zealand albacore tuna troll | Wild | Troll | New Zealand |
| | MSC | Ocean Wise | Albacore tuna | <i>Thunnus alalunga</i> | Fiji albacore and yellowfin tuna longline | Wild | Pelagic longline | Fiji |
| MSC | Not Recommended | Albacore tuna | <i>Thunnus alalunga</i> | Walker Seafood Australia albacore, yellowfin tuna and swordfish | Wild | Pelagic longline | Australia - FAO statistical area 81, Western and Central Pacific Ocean | |
| MSC | Not Recommended | Albacore tuna | <i>Thunnus alalunga</i> | North Atlantic albacore artisanal fishery | Wild | Troll, Pole | North Atlantic, FAO 27 Atlantic, Northeast | |
| Tuna (Bigeye) | Ocean Wise | Bigeye tuna | <i>Thunnus obesus</i> | | Wild | Longline | Hawaii | |
| | Not Recommended | Bigeye tuna | <i>Thunnus obesus</i> | | Wild | Greenstick | Atlantic Ocean | |
| | Not Recommended | Bigeye tuna | <i>Thunnus obesus</i> | | Wild | FAD purse seine, Pelagic longline | Pacific Ocean | |
| | Not Recommended | Bigeye tuna | <i>Thunnus obesus</i> | | Wild | FAD purse seine, Pelagic longline | Indian Ocean | |
| | Not Recommended | Bigeye tuna | <i>Thunnus obesus</i> | | Wild | FAD purse seine, Pelagic longline | Atlantic Ocean | |
| Tuna (Blackfin) | Not Recommended | Blackfin tuna | <i>Thunnus atlanticus</i> | | Wild | Troll, Pole, Greenstick | Atlantic Ocean | |
| | Not Recommended | Blackfin tuna | <i>Thunnus atlanticus</i> | | Wild | FAD purse seine, Pelagic longline | Atlantic Ocean | |

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|------------------|-----------------|-----------------|-------------------------------------|---|---|------------------|--|--|
| Tuna (Bluefin) | | Not Recommended | Pacific Bluefin tuna | <i>Thunnus orientalis</i> | | Wild | Unassociated purse seine, Pelagic longline | Pacific Ocean |
| | | Not Recommended | Pacific Bluefin tuna | <i>Thunnus orientalis</i> | | Farmed | Open net pen | Japan, Mexico |
| | | Not Recommended | Pacific Bluefin tuna | <i>Thunnus orientalis</i> | | Wild | Gillnet | California |
| | | Not Recommended | Atlantic Bluefin tuna | <i>Thunnus thynnus</i> | | Wild | All gears | Worldwide |
| | | Not Recommended | Atlantic Bluefin tuna | <i>Thunnus thynnus</i> | | Farmed | Open net pen | Mediterranean Sea |
| | | Not Recommended | Southern Bluefin tuna | <i>Thunnus maccoyii</i> | | Farmed | Open net pen | Australia |
| | | Not Recommended | Southern Bluefin tuna | <i>Thunnus maccoyii</i> | | Wild | Pelagic longline | Pacific Ocean, Indian Ocean |
| Tuna (Skipjack) | | Ocean Wise | Skipjack tuna | <i>Katsuwonus pelamis</i> | | Wild | Troll, Pole | Western and Central Pacific |
| | | Ocean Wise | Skipjack tuna | <i>Katsuwonus pelamis</i> | | Wild | Longline | Hawaii |
| | | Ocean Wise | Skipjack tuna | <i>Katsuwonus pelamis</i> | | Wild | Troll, Pole | Indian Ocean |
| | | Ocean Wise | Skipjack tuna | <i>Katsuwonus pelamis</i> | | Wild | Unassociated purse seine | Indian Ocean |
| | | Ocean Wise | Skipjack tuna | <i>Katsuwonus pelamis</i> | | Wild | Unassociated purse seine | Western and Central Pacific (excluding Hawaii) |
| | | Ocean Wise | Skipjack tuna | <i>Katsuwonus pelamis</i> | | Wild | Troll, Pole, Greenstick, Unassociated purse seine | Atlantic Ocean |
| | | Not Recommended | Skipjack tuna | <i>Katsuwonus pelamis</i> | | Wild | FAD purse seine | Pacific Ocean (excluding Hawaii) |
| | | Not Recommended | Skipjack tuna | <i>Katsuwonus pelamis</i> | | Wild | FAD purse seine | Indian Ocean |
| | | Not Recommended | Skipjack tuna | <i>Katsuwonus pelamis</i> | | Wild | FAD purse seine | Atlantic Ocean |
| | MSC | Ocean Wise | Skipjack tuna | <i>Katsuwonus pelamis</i> | Tri Marine Western and Central Pacific skipjack and yellowfin tuna | Wild | Unassociated purse seine | Western and Central Pacific |
| | MSC | Ocean Wise | Skipjack tuna | <i>Katsuwonus pelamis</i> | Solomon Islands skipjack and yellowfin tuna purse seine and pole & line | Wild | Unassociated purse seine, Pole, Troll | Western and Central Pacific Ocean. FAO Statistical area 71 |
| | MSC | Ocean Wise | Skipjack tuna | <i>Katsuwonus pelamis</i> | Northeastern Tropical Pacific Purse Seine yellowfin and skipjack tuna fishery | Wild | Free-Set Purse Seine | Mexico |
| | MSC | Not Recommended | Skipjack tuna | <i>Katsuwonus pelamis</i> | PNA Western and Central Pacific skipjack and tuna | Wild | Unassociated purse seine | Western and Central Pacific |
| | MSC | Not Recommended | Skipjack tuna | <i>Katsuwonus pelamis</i> | Northeastern Tropical Pacific Purse Seine yellowfin and skipjack tuna fishery | Wild | Dolphin-set purse seine | Mexico |
| MSC | Not Recommended | Skipjack tuna | <i>Katsuwonus pelamis</i> | Talley's New Zealand Skipjack Tuna | Wild | Purse Seine | New Zealand | |
| Tuna (Tongol) | | Ocean Wise | Tongol tuna | <i>Thunnus tonggol</i> | | Wild | Handline, Troll | Western Central Pacific Ocean (Indonesia) |
| | | Ocean Wise | Tongol tuna | <i>Thunnus tonggol</i> | | Wild | Unassociated purse seine | Western Central Pacific Ocean (Malaysia and Thailand) |
| | | Not Recommended | Tongol tuna | <i>Thunnus tonggol</i> | | Wild | Unassociated purse seine | Indian Ocean (Thailand, Malaysia, Iran) |
| | | Not Recommended | Tongol tuna | <i>Thunnus tonggol</i> | | Wild | Troll, Pole | Indian Ocean (Indonesia, Iran) |
| | | Not Recommended | Tongol tuna | <i>Thunnus tonggol</i> | | Wild | Gillnet, Drift gillnet | Indian Ocean (Indonesia, Iran) and WCPO (Indonesia) |
| Tuna (Yellowfin) | | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Handline, Troll/Pole | Western Central Pacific Ocean (excluding Hawaii) |
| | | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Deepset longline | Hawaii (Western and Central Pacific) |
| | | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Dolphin-set purse seine | Pacific Ocean (East) |
| | | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Unassociated purse seine | Pacific Ocean (West) |
| | | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Greenstick | North Atlantic |
| | | Not Recommended | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Troll, Pole | Atlantic Ocean |
| | | Not Recommended | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Deepset longline | Hawaii (Eastern and Central Pacific) |
| | | Not Recommended | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | FAD purse seine, Pelagic longline | Pacific Ocean (excluding Hawaii) |
| | | Not Recommended | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Unassociated purse seine | Pacific Ocean (East) |
| | | Not Recommended | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Troll, Pole, FAD purse seine, Unassociated purse seine, Pelagic longline | Indian Ocean |
| | | Not Recommended | Yellowfin tuna | <i>Thunnus albacares</i> | | Wild | Unassociated purse seine, FAD purse seine, Pelagic longline | Atlantic Ocean |
| | MSC | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | Fiji albacore and yellowfin tuna longline | Wild | Pelagic longline | Fiji |
| | MSC | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | Maldives pole & line skipjack & yellowfin tuna | Wild | Pole, Troll | Maldives |
| | MSC | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | Tri Marine Western and Central Pacific skipjack and yellowfin tuna | Wild | Unassociated purse seine | Western and Central Pacific |
| | MSC | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | Solomon Islands skipjack and yellowfin tuna purse seine and pole & line | Wild | Unassociated purse seine | Western and Central Pacific Ocean. FAO Statistical area 71 |
| | MSC | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | American Samoa EEZ Albacore and Yellowfin Longline Fishery | Wild | Longline | American Samoa |
| | MSC | Ocean Wise | Yellowfin tuna | <i>Thunnus albacares</i> | Northeastern Tropical Pacific Purse Seine yellowfin and skipjack tuna fishery | Wild | Free-Set Purse Seine | Mexico |
| | MSC | Not Recommended | Yellowfin tuna | <i>Thunnus albacares</i> | PNA Western and Central Pacific skipjack and tuna | Wild | Unassociated purse seine | Western and Central Pacific |
| | MSC | Not Recommended | Yellowfin tuna | <i>Thunnus albacares</i> | Northeastern Tropical Pacific Purse Seine yellowfin and skipjack tuna fishery | Wild | Dolphin-set purse seine | Mexico |
| MSC | Not Recommended | Yellowfin tuna | <i>Thunnus albacares</i> | Walker Seafood Australia albacore, yellowfin tuna and swordfish | Wild | Pelagic longline | Australia - FAO statistical area 81, Western and Central Pacific Ocean | |
| Turbot | | Ocean Wise | Greenland halibut; Greenland turbot | <i>Reinhardtius hippoglossoides</i> | | Wild | Bottom longline, Bottom trawl | Alaska |

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|-----------------|-----|-----------------|--|---|---|--------|---|--|
| | | Not Recommended | Greenland turbot | <i>Reinhardtius hippoglossoides</i> | | Wild | Bottom gillnet, Bottom longline, Bottom trawl | Greenland |
| | MSC | Ocean Wise | Greenland Halibut | <i>Reinhardtius hippoglossoides</i> | ISF Greenland Halibut | Wild | Trawl, Gillnet, Longline | Greenland |
| | MSC | Ocean Wise | Greenland Halibut | <i>Reinhardtius hippoglossoides</i> | West Greenland Halibut offshore Greenland Halibut | Wild | Bottom trawl | Greenland Northwest Atlantic |
| Tusk | MSC | Ocean Wise | Tusk | <i>Brosme brosme</i> | ISF Iceland golden redfish, blue ling and tusk | Wild | Trawl, Seine, longline, handline | North East atlantic (FAO 27) |
| | MSC | Not Recommended | Tusk | <i>Brosme brosme</i> | NFA Norwegian Ling and Tusk and Norwegian NFA lumpfish | Wild | Gillnet, longline, traps | Norway |
| Urchin | | Ocean Wise | Green sea urchin, red sea urchin, uni | <i>Strongylocentrotus droebachiensis</i> , <i>Strongylocentrotus franciscanus</i> | | Wild | Diver, Hand harvest | BC, Atlantic Canada |
| | | Not Recommended | Green sea urchin, uni | <i>Strongylocentrotus droebachiensis</i> | | Wild | Various | Maine |
| | | Not Recommended | Red urchin | <i>Strongylocentrotus franciscanus</i> | | Wild | Diver, Hand harvest | California |
| Vendance | MSC | Ocean Wise | Vendance | <i>Coregonus albula</i> | NKF Bothnian Bay vendace trawl | Wild | Bottom trawl | FAO 27 Atlantic, ICES subdivision area IIIa, 31 |
| Wahoo | | Ocean Wise | Wahoo (Pacific kingfish) | <i>Acanthocybium solandri</i> | | Wild | Troll, Handline | US: Pacific (Hawaii) and US Atlantic |
| | | Not Recommended | Wahoo (Pacific kingfish) | <i>Acanthocybium solandri</i> | | Wild | Pelagic longline | US Atlantic, US Gulf of Mexico |
| | | Not Recommended | Wahoo (Pacific kingfish) | <i>Acanthocybium solandri</i> | | Wild | FAD purse seine | North Atlantic, South Atlantic, East Pacific |
| Walleye | | Ocean Wise | aka yellow pickerel, pickerel, yellow pike, dore | <i>Sander vitreus</i> | | Wild | Bottom gillnet, Trap net | Canada (Lake Erie, Lake Huron, Lake Ontario), US (Lake Huron, Lake Michigan, Lake Superior - Michigan) |
| | | Not Recommended | Walleye | <i>Sander vitreus</i> | | Wild | Bottom gillnet | Ontario: Lake of the Woods |
| | | Not Recommended | aka yellow pickerel, pickerel, yellow pike, dore | <i>Sander vitreus</i> | | Wild | Bottom gillnet, Trap net | Canada (Lake Superior, Lake Manitoba, Lake Winnipeg, Lake Winnipegosis), US (Lake Superior - Wisconsin) |
| | MSC | Not Recommended | Walleye | <i>Sander vitreus</i> | Waterhen Lake walleye and Northern pike Commercial Gillnet | Wild | Gillnet | Waterhen Lake, Manitoba |
| Weakfish | | Not Recommended | aka Grey trout, northern seatrout, Atlantic seatrout | <i>Cynoscion regalis</i> | | Wild | Gillnet; Seine; Bottom trawl | US Atlantic |
| Whitefish, Lake | | Ocean Wise | Lake whitefish | <i>Coregonus clupeaformis</i> | | Wild | Bottom gillnet, Trap net | Canada (Lake Erie, Lake Huron, Lake Ontario, Lake Superior) & US (Lake Huron, Lake Erie, Lake Michigan - Wisconsin and Michigan, Lake Superior - Michigan) |
| | | Not Recommended | Lake whitefish | <i>Coregonus clupeaformis</i> | | Wild | Bottom gillnet, Trap net | Canada (Lake Manitoba, Lake Winnipeg, Lake Winnipegosis) & US (Lake Superior - Wisconsin) |
| | | Not Recommended | Lake whitefish | <i>Coregonus clupeaformis</i> | | Wild | Bottom Gillnet | Ontario: Lake of the Woods, Shoal Lake, Winnipeg River |
| | | Not Recommended | Round whitefish | <i>Prosopium cylindraceum</i> | | Wild | Trap net; Gillnet | Great Lakes |
| White Seabass | | Ocean Wise | White seabass | <i>Atractoscion nobilis</i> | | Wild | Handline, Drift gillnet | California |
| | | Not Recommended | White seabass | <i>Atractoscion nobilis</i> | | Wild | Bottom gillnet | California |
| Whelk | MSC | Ocean Wise | Whelk | <i>Buccinum undatum</i> | Basse Normandy Granville Bay Whelk | Wild | Pots | Normandy, France |
| Whiting | MSC | Ocean Wise | Blue whiting | <i>Micromesistius poutassou</i> | Faroese Pelagic Organisation (FPO) North East Atlantic blue whiting | Wild | Midwater trawl | North east Atlantic. FAO statistical area 27 |
| | MSC | Ocean Wise | Blue whiting | <i>Micromesistius poutassou</i> | Iceland North East Atlantic blue whiting | Wild | Bottom trawl, pelagic trawl, purse seine | Iceland |
| | MSC | Ocean Wise | Southern blue whiting | <i>Micromesistius australis</i> | New Zealand EEZ southern blue whiting pelagic trawl | Wild | Midwater trawl | New Zealand - Bounty Platform, Bounty Island, Pukaki rise |
| Wolffish | MSC | Ocean Wise | Atlantic Wolffish | <i>Anarhichas lupus</i> | ISF Iceland saithe, ling, Atlantic wolffish and plaice | Wild | Trawl, seine, longline, handline | North East atlantic (FAO 27) |
| Wreckfish | | Ocean Wise | aka Sea bass | <i>Polyprion americanus</i> | | Wild | Handline | US North Atlantic |
| Yellowtail | | Ocean Wise | California yellowtail | <i>Seriola lalandi</i> | | Wild | Handline | California |
| | | Ocean Wise | Almaco jack (Hamachi, yellowtail, amberjack, kampachi) | <i>Seriola rivoliana</i> | | Farmed | Submersible net pen | Hawaii |
| | | Ocean Wise | Greater amberjack | <i>Seriola dumerili</i> | | Wild | Diver | US Gulf of Mexico |
| | | Not Recommended | Hamachi, Yellowtail, kingfish, amberjack | <i>Seriola quinqueradiata</i> , <i>S. lalandi</i> | | Farmed | Open net pen | Japan |
| | | Not Recommended | California yellowtail | <i>Seriola lalandi</i> | | Wild | Drift gillnet, Bottom gillnet | California |
| | | Not Recommended | Greater amberjack | <i>Seriola dumerili</i> | | Wild | Handline | US South Atlantic, US Gulf of Mexico |