



Master Seafood List

Legend:

	Ocean Wise, sustainable seafood option
	Avoid, unsustainable choice
	Under review - still gathering information on the fishery
	Eco-Certified, refer to the Recommendation to determine if it is Ocean Wise or not.

*only the green options are Ocean Wise recommended options.

Last updated: August 29, 2017

Type	Eco-Certification	Recommendation	Variety	Latin name	MSC Fishery Name	Farmed/Wild	Harvest Method	Region
Abalone		Ocean Wise	Abalone, Red, Japanese, Paua/Black, Tokobushi/Small, Perlemoen, Blacklip, Greenlip	<i>Haliotis spp.</i>		Farmed	Contained Production Systems	Worldwide
Abalone		Not Recommended	Abalone	<i>Haliotis spp.</i>		Farmed	Sea ranching	China, Japan
Abalone	MSC	Ocean Wise	Greenlip, Brownlip, Roe's	<i>Haliotis laevigata</i> , <i>Haliotis conicopora</i> , <i>Haliotis roel</i>	Western Australia Abalone Fishery	Wild	Hand collection	Australia
Alfonsino		Ocean Wise	Alfonsino	<i>Beryx splendens</i> , <i>B. decadactylus</i>		Wild	Midwater trawl	New Zealand (management areas BYX1 and BYX2)
Alfonsino		Not Recommended	Alfonsino	<i>Beryx splendens</i> , <i>B. decadactylus</i>		Wild	Bottom trawl (all areas); Midwater trawl (BYX3)	New Zealand
Anchovy		Not Recommended	European anchovy	<i>Engraulis encrasicolus</i>		Wild	Unassociated purse seine, Midwater trawl	Mediterranean Sea, Black Sea
Anchovy	MSC	Not Recommended	Anchovy	<i>Engraulis anchoita</i>	Argentine anchovy	Wild	Midwater trawl	South West Atlantic - Argentina, Uruguay
Anchovy	MSC	Not Recommended	European anchovy	<i>Engraulis encrasicolus</i>	Cantabrian Sea purse seine anchovy	Wild	Purse seine	Bay of Biscay: Sub-area VIII
Barnacle		Ocean Wise	Gooseneck barnacle	<i>Pollicipes polymerus</i>		Wild	Hand harvest	British Columbia
Barramundi		Ocean Wise	Barramundi	<i>Lates calcarifer</i>		Farmed	Recirculating aquaculture system (RAS)	US
Barramundi		Ocean Wise	Barramundi	<i>Lates calcarifer</i>		Farmed	Open net pen	Van Phong Bay, Vietnam
Barramundi		Not Recommended	Barramundi	<i>Lates calcarifer</i>		Farmed	Open net pen	Australia, South Pacific
Barramundi		Not Recommended	Barramundi	<i>Lates calcarifer</i>		Wild	Gillnet, handline, pelagic longline	Indonesia
Barramundi		Under Review	Barramundi	<i>Lates calcarifer</i>		Wild	Gillnet	Australia
Bass		Ocean Wise	Hybrid striped bass	<i>Morone saxatilis</i> x <i>Morone chrysops</i>		Farmed	Recirculating aquaculture system (RAS)	US
		Not Recommended	Striped bass	<i>Morone saxatilis</i>		Wild	Gillnet, Poud net	US Atlantic
		Ocean Wise	Striped bass	<i>Morone saxatilis</i>		Wild	Handline	US Atlantic
Black Drum		Not Recommended	Black Drum	<i>Pogonias cromis</i>		Wild	Trotline	Gulf of Mexico
Black Sea Bass		Ocean Wise	Atlantic Seabass, Black Perch, Chub, Rock Bass, Seabass, Tallywag	<i>Centropristis striata</i>		Farmed	Recirculating aquaculture system (RAS)	Worldwide
Black Sea Bass		Ocean Wise	Atlantic Seabass, Black Perch, Chub, Rock Bass, Seabass, Tallywag	<i>Centropristis striata</i>		Wild	Trap	US Southern Mid-Atlantic, US Northern Mid Atlantic

Black Sea Bass		Ocean Wise	Atlantic Seabass, Black Perch, Chub, Rock Bass, Seabass, Tallywag	<i>Centropristis striata</i>		Wild	Handline	US Mid-Atlantic, US South Atlantic
Black Sea Bass		Not Recommended	aka Atlantic sea bass	<i>Centropristis striata</i>		Wild	Bottom trawl	US Atlantic
Bluefish		Ocean Wise	Bluefish	<i>Pomatomus saltatrix</i>		Wild	Handline, Pole, Troll	Northern Atlantic US
Bluefish		Not Recommended	Bluefish	<i>Pomatomus saltatrix</i>		Wild	Bottom gillnet, Bottom trawl	Northern Atlantic US
Bluenose		Not Recommended	Antarctic butterfish, deepsea trevalla, bluenose seabass	<i>Hyperoglyphe antarctica</i>		Wild	Bottom longline, Bottom trawl, Midwater trawl	New Zealand
Capelin		Ocean Wise	Smelt, smelt roe, masago	<i>Mallotus villosus</i>		Wild	Trap net; Purse seine	Iceland
Capelin		Ocean Wise	Smelt, smelt roe, masago	<i>Mallotus villosus</i>		Wild	Purse seine	Canada: Gulf of St Lawrence, North Atlantic
Capelin	MSC	Ocean Wise	Smelt, smelt roe, masago	<i>Mallotus villosus</i>		Wild	Purse seine, Trawls, Pelagic Trawl	Iceland
Capelin		Not Recommended	Smelt, smelt roe, masago	<i>Mallotus villosus</i>		Wild	Trap net, Tuck seine	Canada: Gulf of St Lawrence, North Atlantic
Carp	Naturland	Ocean Wise	Carp	<i>Cyprinus carpio</i>		Farmed	Various	Worldwide
Catfish	ASC	Ocean Wise	Catfish, Pangasius	<i>Pangasius spp.</i>		Farmed	Various	Worldwide
Catfish	Naturland	Ocean Wise	Catfish, Pangasius	<i>Pangasius spp.</i>		Farmed	Various	Worldwide
Catfish		Ocean Wise	Channel catfish	<i>Ictalurus punctatus</i>		Farmed	Pond	US
Catfish		Ocean Wise	Catfish	<i>Clarias gariepinus, Ictalurus punctatus, Silurus glanis</i>		Farmed	Recirculating aquaculture system (RAS)	Worldwide
Catfish		Not Recommended	Channel catfish	<i>Ictalurus punctatus</i>		Farmed	Pond, net pen	China
Catfish		Not Recommended	Pangasius, basa, sutchi catfish, Mekong river fish, striped catfish	<i>Pangasiandon hypophthalmus</i>		Farmed	Pond	Vietnam
Caviar/Roe		Ocean Wise	Capelin roe, smelt roe, massago	<i>Mallotus villosus</i>		Wild	Purse seine; Midwater trawl	Iceland
Caviar/Roe		Ocean Wise	Sea urchin roe, red sea urchin roe, uni	<i>Strongylocentrotus droebachiensis, S. franciscanus</i>		Wild	Diver	Canada
Caviar/Roe		Ocean Wise	Shortnose sturgeon	<i>Acipenser brevirostrum</i>		Farmed	Recirculating aquaculture system (RAS)	Canada, New Brunswick
Caviar/Roe		Ocean Wise	White sturgeon	<i>Acipenser transmontanus</i>		Farmed	Recirculating aquaculture system (RAS)	Sechelt, BC
Caviar/Roe		Not Recommended	Atlantic sturgeon	<i>Acipenser oxyrinchus oxyrinchus</i>		Wild	Large mesh bottom gillnet	Quebec: St Lawrence River
Caviar/Roe		Not Recommended	Lake sturgeon	<i>Acipenser fulvescens</i>		Wild	Large mesh bottom gillnet	Quebec: St Lawrence River
Caviar/Roe		Not Recommended	Paddlefish	<i>Polyodon spathula</i>		Wild	Drift gillnet	Mississippi, US
Caviar/Roe		Not Recommended	Shovelnose sturgeon	<i>Scaphirhynchus platorhynchus</i>		Wild	Drift gillnet	Mississippi River, US
Caviar/Roe		Not Recommended	Capelin, Smelt, smelt roe, masago	<i>Mallotus villosus</i>		Wild	Purse seine; Midwater trawl	Canada
Caviar/Roe		Not Recommended	White sturgeon	<i>Acipenser transmontanus</i>		Farmed	Recirculating aquaculture system (RAS)	Columbia River, US
Caviar/Roe		Under Review	Flying fish roe, tobiko	<i>Parexocoetus brachypterus; Cheilopogon exsiliens</i>		Wild	Dip net; Handline	Worldwide
Caviar/Roe		Under Review	Lumpfish	<i>Cyclopterus lumpus</i>		Wild	Gillnet	Canada
Char		Ocean Wise	Arctic char	<i>Salvelinus alpinus</i>		Farmed	Flow through system	Canada, Iceland, US

Char		Ocean Wise	Arctic char	<i>Salvelinus alpinus</i>		Farmed	Recirculating Aquaculture Systems (RAS)	Worldwide
Char		Ocean Wise	Arctic char	<i>Salvelinus alpinus</i>		Wild	Weir, Bottom gillnet	Canada: Nunavut
Chilean Seabass		Ocean Wise	Patagonian toothfish	<i>Dissostichus eleginoides</i>		Wild	Bottom longline	Heard and McDonald Islands, Falkland Islands, Macquarie Island, South Georgia
Chilean Seabass	MSC	Not Recommended	Patagonian toothfish	<i>Dissostichus eleginoides</i>	Macquarie Island toothfish	Wild	Bottom longline	Macquarie Island
Chilean Seabass	MSC	Ocean Wise	Patagonian toothfish	<i>Dissostichus eleginoides</i>	Macquarie Island toothfish	Wild	Trawl	Macquarie Island
Chilean Seabass	MSC	Ocean Wise	Patagonian toothfish	<i>Dissostichus eleginoides</i>	Heard Island and McDonald Islands (HIMI) toothfish	Wild	Bottom trawl, Bottom longline	Heard Island and McDonald islands
Chilean Seabass	MSC	Ocean Wise	Patagonian toothfish	<i>Dissostichus eleginoides</i>	Falkland Island toothfish	Wild	Longline	Falkland Islands
Chilean Seabass	MSC	Ocean Wise	Patagonian toothfish	<i>Dissostichus eleginoides</i>	South Georgia Patagonian toothfish longline	Wild	Bottom longline	Around the island of South Georgia
Chilean Seabass		Not Recommended	Patagonian toothfish	<i>Dissostichus eleginoides</i>		Wild	Bottom longline; Bottom trawl; Various	Kerguelen Islands, Crozet Islands, Prince Edward and Marion Islands, Chile
Chilean Seabass	MSC	Not Recommended	Patagonian toothfish	<i>Dissostichus eleginoides</i>	SARPC Toothfish	Wild	Bottom longline	Area around the islands of Kerguelen and Crozet
Chilean Seabass		Under Review	Antarctic toothfish	<i>Dissostichus mawsoni</i>		Wild	Bottom longline; Bottom trawl; Various	Ross sea
Clams	ASC	Ocean Wise	Clams	Multiple Species		Farmed	Various	Worldwide
Clams	Canadian Organic	Ocean Wise	Clams	Multiple Species		Farmed	Various	Canada
Clams	Food Alliance Shellfish	Ocean Wise	Clams	Multiple Species		Farmed	Various	Worldwide
Clams		Ocean Wise	Atlantic surf clam	<i>Spisula solidissima</i>		Wild	Hydraulic dredge	US Atlantic
Clams		Ocean Wise	Clams, (Manila, Razor & Venus Clams, Cockles, Littlenecks, Steamers, Hard Clams)	<i>Anadara spp., Cyclina spp., Merceneria spp., Meretrix spp., Sinonvacula spp., Tapes spp., Venerupis spp.</i>		Farmed	Dredge, Hand harvest, Hand rake	Worldwide
Clams		Ocean Wise	Geoduck	<i>Panopea generosa</i>		Farmed	On-bottom culture	British Columbia, Washington
Clams		Ocean Wise	Geoduck	<i>Panopea generosa</i>		Wild	Stinger	British Columbia, Washington
Clams		Ocean Wise	Hard clam	<i>Mercenaria mercenaria</i>		Wild	Hand rake, Hand harvest	Massachusetts, North Carolina, Rhode Island
Clams		Ocean Wise	Hard clam	<i>Mercenaria mercenaria</i>		Wild	Hand rake	Atlantic Canada
Clams		Ocean Wise	Northern quahog clam	<i>Mercenaria mercenaria</i>		Wild	Hand rake	Massachusetts, New York, North Carolina, Rhode Island
Clams		Ocean Wise	Ocean quahog	<i>Arctica islandica</i>		Wild	Hydraulic dredge	US Atlantic
Clams		Ocean Wise	Razor clam	<i>Siliqua patula</i>		Wild	Hand harvest	Washington, Oregon, Quinault Nation
Clams		Ocean Wise	Razor clam	<i>Siliqua patula</i>		Wild	Hand harvest	Alaska & British Columbia
Clams		Ocean Wise	Softshell/Steamer's clam (Fryer, Ipswich & Longneck Clams, Steamers)	<i>Mya arenaria</i>		Wild	Hand rake, Hand harvest	Maine, Massachusetts
Clams		Ocean Wise	Softshell clam	<i>Mya arenaria</i>		Wild	Hand rake	Atlantic Canada
Clams	MSC	Ocean Wise	Arctic surf clam	<i>Mactromeris polynyma</i>	Clearwater Seafoods Banquereau and Grandbanks Arctic surf clam	Wild	Hydraulic dredge	Banquereau Bank, Grand Banks

Clams	MSC	Ocean Wise	Atlantic surf clam & Ocean quahog	<i>Spisula solidissima, Arctica islandica</i>	US Atlantic Surfclam and Ocean Quahog	Wild	Hydraulic dredge	US Northeast Atlantic
Clams	MSC	Ocean Wise	Cockle	<i>Cerastoderma edule</i>	Clams and cockle Fishery from Ria de Arousa	Wild	Hand harvest	Ria de Arousa - Spain
Clams	MSC	Ocean Wise	Pullet carpet shell clam	<i>Venerupis pullastra</i>	Clams and cockle Fishery from Ria de Arousa	Wild	Hand harvest	Ria de Arousa - Spain
Clams	MSC	Ocean Wise	Grooved carpet shell	<i>Duditapes decussatus</i>	Clams and cockle Fishery from Ria de Arousa	Wild	Hand harvest	Ria de Arousa - Spain
Clams	MSC	Ocean Wise	Short-necked clam	<i>Ruditapes philippinarum</i>	Clams and cockle Fishery from Ria de Arousa	Wild	Hand harvest	Ria de Arousa - Spain
Clams	MSC	Ocean Wise	Razor clam	<i>Ensis arcuatus</i>	Razor clam fishery from Ria de Pontevedra	Wild	Diver	Ria de Pontevedra - Spain
Clams	MSC	Not Recommended	Hard clam	<i>Meretrix lyrata</i>	Vietnam Ben Tre clam hand gathered	Wild	Hand harvest	Ben Tre Province - Vietnam
Clams	MSC	Not Recommended	Razor shell clam	<i>Ensis directus</i>	DFA Dutch North Sea ensis	Wild	Hydraulic dredge	Netherlands
Clams	MSC	Not Recommended	Short-necked clams	<i>Paphia malabarica</i>	Ashtamudi Estuary Short-Necked Clam Fishery	Wild	Diver, Hydraulic dredge	Ashtamudi Estuary, Kerala, India
Cobia		Ocean Wise	Cobia	<i>Rachycentron canadum</i>		Farmed	Recirculating aquaculture system (RAS)	US
Cobia		Ocean Wise	Cobia	<i>Rachycentron canadum</i>		Wild	Handline, Midwater gillnet	US Atlantic, US Gulf of Mexico
Cobia		Not Recommended	Cobia	<i>Rachycentron canadum</i>		Farmed	Open net pen, Submersible net pen	Panama
Cobia		Not Recommended	Cobia	<i>Rachycentron canadum</i>		Wild	Bottom longline	US Gulf of Mexico
Cockle		Ocean Wise	New Zealand Cockle	<i>Austrovenus stutchburyi</i>		Wild	Hand picking, dredge	New Zealand
Cockle	MSC	Ocean Wise	Common cockle	<i>Cerastoderma edule</i>	Burry Inlet cockles	Wild	Hand harvest, Hand rake	Burry Inlet, Carmarthenshire and Swansea, South Wales, UK
Cockle	MSC	Ocean Wise	Common cockle	<i>Cerastoderma edule</i>	Dee Estuary cockle	Wild	Hand harvest	Dee Estuary, UK
Cockle	MSC	Ocean Wise	Common cockle	<i>Cerastoderma edule</i>	DFPO Limfjord mussel and cockle	Wild	Hydraulic dredge	Denmark's Limfjord, FAO Statistical Area 27
Cockle	MSC	Ocean Wise	Waddenzee	<i>Cerastoderma edule</i>	OHV Dutch Waddenzee and Oosterschelde Hand Raked cockle	Wild	Hand rake	Netherlands EEZ
Cockle	MSC	Ocean Wise	Oosterschelde	<i>Cerastoderma edule</i>	OHV Dutch Waddenzee and Oosterschelde Hand Raked cockle	Wild	Hand rake	Netherlands EEZ
Cod		Ocean Wise	Atlantic cod	<i>Gadus morhua</i>		Wild	Handline	US: Georges Bank
Cod		Ocean Wise	Pacific cod	<i>Gadus macrocephalus</i>		Wild	Bottom trawl, Trap, Jig, Bottom longline	Alaska
Cod		Ocean Wise	Pacific cod	<i>Gadus macrocephalus</i>		Wild	Bottom trawl	California, Oregon, Washington
Cod		Ocean Wise	Pacific cod	<i>Gadus macrocephalus</i>		Wild	Bottom trawl	British Columbia
Cod	MSC	Ocean Wise	Arctic cod	<i>Gadus morhua</i>	Faroe Island North East Arctic cod & Saithe	Wild	Bottom trawl	Norwegian and Russian EEZ and International waters
Cod	MSC	Ocean Wise	Arctic cod	<i>Gadus morhua</i>	Comapêche and Euronor cod and haddock	Wild	Bottom trawl	North East Arctic - ICES Sub Areas I and II
Cod	MSC	Ocean Wise	Arctic cod	<i>Gadus morhua</i>	UK Fisheries/DFU/Doggerbank Northeast Arctic cod, haddock and saithe	Wild	Bottom trawl	North East Arctic - ICES Sub Areas I and II
Cod	MSC	Ocean Wise	Atlantic cod	<i>Gadus morhua</i>	Russian Federation Barents sea cod and haddock	Wild	Bottom trawl	Norwegian EEZ and Svalbard FPZ
Cod	MSC	Ocean Wise	Arctic cod	<i>Gadus morhua</i>	Barents Sea cod, haddock and saithe	Wild	Bottom trawl	Barents Sea - Within Norwegian and Russian EEZ and International Waters
Cod	MSC	Ocean Wise	Atlantic cod (North)	<i>Gadus morhua</i>	ISF cod	Wild	Bottom trawl, Midwater trawl, Longline, Danish seine, Handline, Gillnet	Icelandic EEZ

Cod	MSC	Ocean Wise	North East Arctic cod	<i>Gadus morhua</i>	Greenland cod, haddock and saithe trawl	Wild	Bottom trawl	ICES Areas I and II: within Norwegian and Russian EEZ and International waters
Cod	MSC	Ocean Wise	Pacific cod	<i>Gadus macrocephalus</i>	Alaska Pacific Cod - Bering Sea and Aleutian Islands	Wild	Jig, Bottom longline, Trap, Trawl	Alaska - Bearing Sea and Aleutian Islands
Cod	MSC	Ocean Wise	Pacific cod	<i>Gadus macrocephalus</i>	Alaska Pacific Cod - Gulf of Alaska	Wild	Jig, Bottom longline, Trap, Trawl	Alaska - Gulf of Alaska
Cod		Not Recommended	Atlantic cod	<i>Gadus morhua</i>		Wild	Bottom trawl, Bottom longline, Bottom gillnet	Canada
Cod		Not Recommended	Atlantic cod	<i>Gadus morhua</i>		Wild	Bottom gillnet, Bottom longline, Bottom trawl	US: Georges Bank
Cod		Not Recommended	Atlantic cod	<i>Gadus morhua</i>		Wild	Bottom longline, Bottom trawl, Handline	US: Gulf of Maine
Cod		Not Recommended	Pacific cod	<i>Gadus macrocephalus</i>		Wild	Bottom trawl, Danish seine, Bottom longline	Russia
Cod		Not Recommended	Pacific cod	<i>Gadus macrocephalus</i>		Wild	Bottom trawl, Bottom longline, Bottom gillnet, Danish seine, Trap net	Japan
Cod	MSC	Not Recommended	Arctic cod	<i>Gadus morhua</i>	Norway North East Arctic cod	Wild	Trawl, Longline, Gillnet, Danish seine, Handline	Norway - ICES subareas I and II
Cod	MSC	Not Recommended	Atlantic cod	<i>Gadus morhua</i>	Canada/Newfoundland 3PS cod	Wild	Handline, Longline, Gillnet, Various	North-West Atlantic, FAO 21, Northwest Atlantic Fisheries Organisation (NAFO) Subdivision 3Ps
Cod	MSC	Not Recommended	Atlantic cod	<i>Gadus morhua</i>	AGARBA Spain Barents Sea cod	Wild	Bottom trawl	Arctic Ocean-Barents Sea, ICES subareas I & II
Cod	MSC	Not Recommended	Atlantic cod	<i>Gadus morhua</i>	Arkhangelsk Trawl Fleet Barents Sea cod & haddock	Wild	Bottom trawl	Barents and Norwegian Seas
Cod	MSC	Not Recommended	Atlantic cod	<i>Gadus morhua</i>	DFPO Denmark Eastern Baltic cod	Wild	Bottom trawl, Longline	ICES sub division 25-32
Cod	MSC	Not Recommended	Atlantic cod	<i>Gadus morhua</i>	Fiskbranschens Sweden Eastern Baltic cod	Wild	Bottom trawl, Longline, Trap	ICES areas 25-31 (Eastern Baltic Sea)
Cod	MSC	Not Recommended	Atlantic cod	<i>Gadus morhua</i>	Poland Eastern Baltic cod	Wild	Bottom trawl, Bottom gillnet, Midwater trawl, Longline	Poland - FAO 27, ECES 25-32
Cod	MSC	Not Recommended	Atlantic cod	<i>Gadus morhua</i>	DFPO Denmark North Sea & Skagerrak cod & saithe	Wild	Bottom trawl, Danish seine, Set net, Various	North Sea (ICES area IV) and Divisions IIIa,b,c,d.
Cod	MSC	Not Recommended	European cod	<i>Gadus morhua</i>	Germany Eastern Baltic cod	Wild	Bottom trawl, Midwater trawl, Seine	Eastern Baltic Sea
Cod	MSC	Not Recommended	North Sea Cod	<i>Gadus morhua</i>	Scottish Fisheries Sustainable Accreditation Group (SFSAG) North Sea cod	Wild	Trawl	Northeast Atlantic FAO area 27
Cod		Under Review	Atlantic cod	<i>Gadus morhua</i>		Wild	Handline	Canada
Conch		Ocean Wise	Queen conch, Pink conch	<i>Strombus gigas</i>		Wild	Diver	Caribbean Sea: US Virgin Islands
Conch		Not Recommended	Queen conch, Pink conch	<i>Strombus gigas</i>		Wild	Diver	Caribbean Sea: Honduras
Conch		Not Recommended	Queen conch, Pink conch	<i>Strombus gigas</i>		Wild	Diver	Caribbean Sea: Nicaragua
Conch		Not Recommended	Queen conch, Pink conch	<i>Strombus gigas</i>		Wild	Hand harvest	Caribbean Sea: Belize
Conch		Not Recommended	Queen conch, Pink conch	<i>Strombus gigas</i>		Wild	Diver	Caribbean Sea: Puerto Rico
Conch		Not Recommended	Queen conch, Pink conch	<i>Strombus gigas</i>		Wild	Diver	Northwest Atlantic: Bahamas
Conch		Not Recommended	Queen conch, Pink conch	<i>Strombus gigas</i>		Wild	Hand harvest	Northwest Atlantic: Turks and Caicos
Crab		Ocean Wise	Atlantic Red Deepsea Crab	<i>Chaceon quinque-dens</i>		Wild	Trap	US Atlantic

Crab		Ocean Wise	Atlantic rock crab	<i>Cancer irroratus</i>		Wild	Conical trap	Belle River, PEI
Crab		Ocean Wise	Blue crab (Hardshell, Softshell)	<i>Callinectes sapidus</i>		Wild	Trotline	Chesapeake Bay, US
Crab		Ocean Wise	Blue swimmer crab	<i>Portunus armatus</i>		Wild	Trap	Australia
Crab		Ocean Wise	Brown rock crab	<i>Cancer antennarius</i>		Wild	Crab ring	Oregon
Crab		Ocean Wise	Dungeness crab	<i>Metacarcinus magister</i> (formerly <i>Cancer magister</i>)		Wild	Trap	Alaska, British Columbia, Washington, Oregon
Crab		Ocean Wise	King crab (Golden, Blue, Red)	<i>Lithodes aequispinus, Paralithodes platypus, Paralithodes camtschaticus</i>		Wild	Trap	Alaska - Aleutian Islands, Bristol Bay
Crab		Ocean Wise	King Crab (Red)	<i>Paralithodes camtschaticus</i>		Wild	Trap	Norway
Crab		Not Recommended	King Crab (Southern)	<i>Lithodes santolla</i>		Wild	Trap	Argentina
Crab		Ocean Wise	Red rock crab	<i>Cancer productus</i>		Wild	Crab ring	Oregon
Crab		Ocean Wise	Snow Crab	<i>Chionoecetes opilio</i>		Wild	Trap	Alaska Bering Sea
Crab		Ocean Wise	Southern Tanner Crab	<i>Chionoecetes bairdi</i>		Wild	Pot	Alaska Bering Sea
Crab		Ocean Wise	Stone crab	<i>Menippe mercenaria, Menippe adina</i>		Wild	Trap	US Atlantic, US Gulf of Mexico
Crab	MSC	Ocean Wise	Blue swimmer crab & Sea Mullet	<i>Portunus armatus, Mugil cephalus</i>	Western Australia Peel Harvey estuarine fishery	Wild	Trap, Gillnet, Various	Peel Harvey, Estuary, Western Australia.
Crab	MSC	Ocean Wise	Crystal crab	<i>Chaceon albus</i>	Australia West Coast deep sea crab	Wild	Trap	West coast of Western Australia: FAO statistical area 57
Crab	MSC	Ocean Wise	Snow crab	<i>Chionoecetes opilio</i>	Gulf of St Lawrence snow crab trap	Wild	Trap	Nova Scotia
Crab	MSC	Ocean Wise	Snow crab	<i>Chionoecetes opilio</i>	Scotian shelf snow crab trap	Wild	Trap	Nova Scotia
Crab		Not Recommended	Atlantic rock crab	<i>Cancer irroratus</i>		Wild	Trap	US Atlantic
Crab		Not Recommended	Atlantic rock crab	<i>Cancer irroratus</i>		Wild	Trap	Canada: Gulf of St Lawrence
Crab		Not Recommended	Beni-zuwai crab	<i>Chionoecetes japonicus</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan
Crab		Not Recommended	Blue crab (Hardshell, Softshell)	<i>Callinectes sapidus</i>		Wild	Trap	Gulf of Mexico, US Atlantic
Crab		Not Recommended	Blue, red swimmer crab (Hardshell, Softshell)	<i>Portunus pelagicus, P. haanii</i>		Wild	Trap, Bottom gillnet, Bottom trawl	China, Thailand, Indonesia, India, Vietnam
Crab		Not Recommended	Blue swimmer crab	<i>Portunus armatus</i>		Wild	Bottom trawl	Australia
Crab		Not Recommended	Blue swimmer crab	<i>Portunus pelagicus</i>		Wild	Bottom gillnet, Trap	Philippines
Crab		Not Recommended	Brown rock crab	<i>Cancer antennarius</i>		Wild	Trap	California
Crab		Not Recommended	Chinese mitten Crab	<i>Eriocheir sinensis</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan
Crab		Not Recommended	Dungeness crab	<i>Metacarcinus magister</i> (formerly <i>Cancer magister</i>)		Wild	Trap	California
Crab		Not Recommended	Hanasaki Crab	<i>Paralithodes brevipes</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan

Crab		Not Recommended	Jonah crab	<i>Cancer borealis</i>		Wild	Trap	Canada and US Atlantic
Crab		Not Recommended	Kegani Crab	<i>Erimacrus isenbeckii</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan
Crab		Not Recommended	King Crab (Red)	<i>Paralithodes camtschaticus</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan
Crab		Not Recommended	King Crab (Blue)	<i>Paralithodes platypus</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan
Crab		Not Recommended	King Crab (Golden)	<i>Lithodes aequispinus</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan
Crab		Not Recommended	Red rock crab	<i>Cancer productus</i>		Wild	Trap	California
Crab		Not Recommended	Snow crab	<i>Chionoecetes opilio</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan
Crab		Not Recommended	Southern Tanner Crab	<i>Chionoecetes bairdi</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan
Crab		Not Recommended	Triangle tanner crab	<i>Chionoecetes angulatus</i>		Wild	Trap	Russia Bering Sea, Sea of Okhotsk, Northern Sea of Japan
Crab		Not Recommended	Yellow rock crab	<i>Cancer anthonyi</i>		Wild	Trap	California
Crab	MSC	Not Recommended	Blue crab	<i>Callinectes sapidus</i>	Louisiana blue crab	Wild	Trap	Gulf of Mexico, State waters of Louisiana
Crab	MSC	Not Recommended	Brown crab	<i>Cancer pagurus</i>	SSMO Shetland inshore brown & velvet crab, lobster and scallop fishery	Wild	Trap	EU waters - ICES Area Iva which is within 6 nautical miles of Shetland
Crab	MSC	Not Recommended	Velvet crab	<i>Necora puber</i>	SSMO Shetland inshore brown & velvet crab, lobster and scallop fishery	Wild	Trap	EU waters - ICES Area Iva which is within 6 nautical miles of Shetland
Crab	MSC	Not Recommended	Deep Sea Red Crab	<i>Chaceon quinquegens</i>	Atlantic deep sea red crab	Wild	Trap	Cape Hatteras (North Carolina) in the South to the border with Canada in the North
Crab	MSC	Ocean Wise	Snow Crab	<i>Chionoecetes opilio</i>	Newfoundland & Labrador snow crab	Wild	Trap	Newfoundland & Labrador
Crayfish		Ocean Wise	Crayfish (Crawfish, Crawdad)	<i>Procambarus clarkii</i>		Farmed	Pond	US
Crayfish		Not Recommended	Crayfish (Crawfish, Crawdad)	<i>Procambarus clarkii</i>		Wild	Trap	Louisiana Atchafalaya Basin
Crayfish		Not Recommended	Crayfish (Crawfish, Crawdad)	<i>Procambarus clarkii</i>		Farmed	Pond	China
Croaker		Ocean Wise	Atlantic croaker	<i>Micropogonias undulatus</i>		Wild	Trap net, Seine, hook and line	US Atlantic Ocean
Croaker		Not Recommended	Atlantic croaker	<i>Micropogonias undulatus</i>		Wild	Bottom gillnet, Bottom trawl	US Atlantic Ocean
Drum		Ocean Wise	Red drum	<i>Sciaenops ocellatus</i>		Farmed	Pond	Texas, US
Drum		Not Recommended	Black Drum	<i>Pogonias cromis</i>		Wild	Trotline	Gulf of Mexico
Eel		Not Recommended	American eel (Freshwater eel, unagi)	<i>Anguilla rostrata</i>		Farmed	Pond	South Korea, Japan, Taiwan, China

Eel		Not Recommended	European eel (Freshwater eel, unagi)	<i>Anguilla anguilla</i>		Farmed	Pond	South Korea, Japan, Taiwan, China
Eel		Not Recommended	Japanese eel (Freshwater eel, unagi)	<i>Anguilla japonica</i>		Farmed	Pond	South Korea, Japan, Taiwan, China
Eulachon		Not Recommended	Eulachon	<i>Thaleichthys pacificus</i>		Wild	Seine, Conical net	BC
Flounder		Ocean Wise	Arrowtooth flounder	<i>Atheresthes stomia</i>		Wild	Bottom trawl	Alaska, California, Washington, Oregon
Flounder		Ocean Wise	Arrowtooth flounder	<i>Atheresthes stomia</i>		Wild	Midwater trawl	British Columbia
Flounder		Not Recommended	California flounder	<i>Paralichthys californicus</i>		Wild	Bottom trawl, Bottom gillnet	Central California, Southern California
Flounder		Ocean Wise	California flounder	<i>Paralichthys californicus</i>		Wild	Trolling Lines	Central California, Southern California
Flounder		Ocean Wise	Kamchatka flounder	<i>Atheresthes evermanni</i>		Wild	Bottom trawl	Alaska
Flounder		Ocean Wise	Starry flounder	<i>Platichthys stellatus</i>		Wild	Bottom trawl	California
Flounder	MSC	Ocean Wise	Arrowtooth flounder	<i>Atheresthes stomias</i>	Alaska Flatfish - Bering Sea and Aleutian Islands	Wild	Bottom trawl	Bering Sea and Aleutian Islands
Flounder	MSC	Ocean Wise	Alaska Plaice	<i>Pleuronectes quadrituberculatus</i>	Alaska Flatfish - Bering Sea and Aleutian Islands	Wild	Bottom trawl	Bering Sea and Aleutian Islands
Flounder	MSC	Ocean Wise	Flathead sole	<i>Hippoglossoides elassodon</i>	Alaska Flatfish - Bering Sea and Aleutian Islands	Wild	Bottom trawl	Bering Sea and Aleutian Islands
Flounder	MSC	Ocean Wise	Kamchatka flounder	<i>Atheresthes evermanni</i>	Alaska Flatfish - Bering Sea and Aleutian Islands	Wild	Bottom trawl	Bering Sea and Aleutian Islands
Flounder	MSC	Ocean Wise	Northern rock sole	<i>Lepidopsetta polyxystra</i>	Alaska Flatfish - Bering Sea and Aleutian Islands	Wild	Bottom trawl	Bering Sea and Aleutian Islands
Flounder	MSC	Ocean Wise	Yellowfin sole	<i>Limanda aspera</i>	Alaska Flatfish - Bering Sea and Aleutian Islands	Wild	Bottom trawl	Bering Sea and Aleutian Islands
Flounder	MSC	Ocean Wise	Arrowtooth flounder	<i>Atheresthes stomias</i>	Alaska Flatfish - Gulf of Alaska	Wild	Bottom trawl	Gulf of Alaska
Flounder	MSC	Ocean Wise	Flathead sole	<i>Hippoglossoides elassodon</i>	Alaska Flatfish - Gulf of Alaska	Wild	Bottom trawl	Gulf of Alaska
Flounder	MSC	Ocean Wise	Northern rock sole	<i>Lepidopsetta polyxystra</i>	Alaska Flatfish - Gulf of Alaska	Wild	Bottom trawl	Gulf of Alaska
Flounder	MSC	Ocean Wise	Rex sole	<i>Glyptocephalus zachirus</i>	Alaska Flatfish - Gulf of Alaska	Wild	Bottom trawl	Gulf of Alaska
Flounder	MSC	Ocean Wise	Southern Rock sole	<i>Lepidopsetta bilineata</i>	Alaska Flatfish - Gulf of Alaska	Wild	Bottom trawl	Gulf of Alaska
Flounder	MSC	Ocean Wise	Arrowtooth flounder	<i>Atheresthes stomias</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Chilipepper rockfish	<i>Sebastes goodei</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Daover sole	<i>Microstomus pacificus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	English sole	<i>Parophrys vetulus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Lingcod	<i>Ophiodon elongatus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Longnose Skates	<i>Raja rhina</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Longspine Thornyheads	<i>Sebastolobus altivelis</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Petrале sole	<i>Eopsetta jordani</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Sablefish	<i>Anoplopoma fimbria</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Shortspine thornyheads	<i>Sebastolobus alascanus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Splitnose rockfish	<i>Sebastes diploproa</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California

Flounder	MSC	Ocean Wise	Widow rockfish	<i>Sebastes entomelas</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Yellowtail rockfish	<i>Sebastes flavidus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Flounder	MSC	Ocean Wise	Flathead flounder	<i>Hippoglossoides dubius</i>	Kyoto Danish Seine Fishery Federation flathead flounder	Wild	Danish seine	Sea of Japan
Flounder	MSC	Ocean Wise	Yellowtail flounder	<i>Limanda ferruginea</i>	OCI Grand Bank Yellowtail flounder trawl	Wild	Bottom trawl	Grand Banks
Flounder		Not Recommended	Arrowtooth flounder	<i>Atheresthes stomia</i>		Wild	Bottom trawl	British Columbia
Flounder		Not Recommended	California flounder	<i>Paralichthys californicus</i>		Wild	Bottom trawl, Bottom gillnet	Southern California
Flounder		Not Recommended	Summer flounder, Lemon sole	<i>Paralichthys dentatus, various</i>		Wild	Bottom trawl	Atlantic US – New England
Flounder		Not Recommended	Windowpane flounder	<i>Scophthalmus aquosus</i>		Wild	Bottom trawl	Atlantic US – Mid-Atlantic, Gulf of Maine, Georges Bank, New England
Flounder		Not Recommended	Winter flounder; blackback flounder	<i>Pseudopleuronectes americanus</i>		Wild	Bottom trawl; Bottom gillnet	Atlantic US (Georges Bank and Southern New England)
Flounder		Not Recommended	Witch flounder	<i>Glyptocephalus cynoglossus</i>		Wild	Bottom trawl	Atlantic US – New England, Mid Atlantic
Flounder		Not Recommended	Winter flounder; blackback flounder	<i>Pseudopleuronectes americanus</i>		Wild	Bottom trawl	Atlantic Canada
Flounder		Not Recommended	Yellowtail flounder	<i>Limanda ferruginea</i>		Wild	Bottom trawl; Bottom gillnet	Atlantic US – Georges Bank, New England, Cape Cod, Gulf of Maine, Mid Atlantic
Greenling		Not Recommended	Kelp greenling	Hexagrammosdecagrammus		Wild	Handline	Oregon, Washington, California
Grenadier		Ocean Wise	Giant grenadier	<i>Albatrossia pectoralis</i>		Wild	Bottom trawl	Oregon, Washington, California
Grenadier		Ocean Wise	Pacific grenadier	<i>Coryphaenoides acrolepis</i>		Wild	Bottom trawl	California
Grenadier	MSC	Ocean Wise	Blue Grenadier	<i>Macruronus novaezelandiae</i>	Australia blue grenadier	Wild	Bottom trawl, Midwater trawl	Southern Ocean, around Tasmania within EEZ of Australia
Grouper		Ocean Wise	Black grouper	<i>Mycteroperca bonaci</i>		Wild	Handline	S. Atlantic, Gulf of Mexico
Grouper		Ocean Wise	Hawaiian grouper	<i>Epinephelus quernus</i>		Wild	Handline	Hawaii
Grouper		Not Recommended	Black grouper	<i>Mycteroperca bonaci</i>		Wild	Bottom longline	Gulf of Mexico
Grouper		Not Recommended	Black grouper	<i>Mycteroperca bonaci</i>		Wild	Bottom longline	Mexico
Grouper		Not Recommended	Gag grouper	<i>Mycteroperca microlepis</i>		Wild	Bottom longline, Handline	S. Atlantic, Gulf of Mexico
Grouper		Not Recommended	Red grouper	<i>Epinephelus morio</i>		Wild	Bottom longline, Handline	S. Atlantic, Gulf of Mexico
Grouper		Not Recommended	Red grouper	<i>Epinephelus morio</i>		Wild	Bottom longline, Handline	Mexico
Grouper		Not Recommended	Snowy grouper	<i>Epinephelus niveatus</i>		Wild	Bottom longline, Handline	S. Atlantic, Gulf of Mexico
Grouper		Not Recommended	Warsaw grouper	<i>Epinephelus nigritus</i>		Wild	Bottom longline, Handline	S. Atlantic, Gulf of Mexico
Grouper		Not Recommended	Yellowedge grouper	<i>Epinephelus flavolimbatus</i>		Wild	Bottom longline, Handline	S. Atlantic, Gulf of Mexico
Haddock		Not Recommended	Haddock	<i>Melanogrammus aeglefinus</i>		Wild	Bottom longline	Canada Atlantic; Scotia Fundy
Haddock		Ocean Wise	Haddock	<i>Melanogrammus aeglefinus</i>		Wild	Handline, Bottom longline	US - Georges Bank
Haddock	MSC	Ocean Wise	Arctic haddock	<i>Melanogrammus aeglefinus</i>	Faroe Island North East Arctic haddock	Wild	Bottom trawl	ICES areas I and II within Norwegian and Russian EEZ and International waters
Haddock	MSC	Ocean Wise	Atlantic haddock	<i>Melanogrammus aeglefinus</i>	Comapêche and Euronor cod and haddock	Wild	Bottom trawl	North East Arctic - ICES Sub Areas I and II

Haddock	MSC	Ocean Wise	Atlantic haddock	<i>Melanogrammus aeglefinus</i>	UK Fisheries/DFFU/Doggerbank Northeast Arctic cod, haddock and saithe	Wild	Bottom trawl	North East Arctic - ICES Sub Areas I and II
Haddock	MSC	Ocean Wise	Icelandic haddock	<i>Melanogrammus aeglefinus</i>	ISF Iceland haddock	Wild	Bottom trawl, Midwater trawl, longline, Danish seine, Handline, Gillnet	Icelandic EEZ
Haddock	MSC	Ocean Wise	North East Arctic haddock	<i>Melanogrammus aeglefinus</i>	Greenland cod, haddock and saithe trawl	Wild	Bottom trawl	ICES Areas I and II: within Norwegian and Russian EEZ and International waters
Haddock	MSC	Ocean Wise	Atlantic haddock	<i>Melanogrammus aeglefinus</i>	Russian Federation Barents sea cod and haddock	Wild	Bottom trawl	Norwegian EEZ and Svalbard FPZ
Haddock	MSC	Ocean Wise	Atlantic haddock	<i>Melanogrammus aeglefinus</i>	US Acadian redfish, haddock and pollock Otter Trawl	Wild	Bottom trawl	US FAO Fishing Area 21 in Division 21.4X and Division 21.5t
Haddock	MSC	Ocean Wise	Atlantic haddock	<i>Melanogrammus aeglefinus</i>	Barents Sea cod and Barents sea haddock	Wild	Bottom trawl	Barents Sea - ICES Areas I and II. Within Norwegian and Russian EEZ and International Waters
Haddock		Not Recommended	Haddock	<i>Melanogrammus aeglefinus</i>		Wild	Bottom trawl	Canada
Haddock		Not Recommended	Haddock	<i>Melanogrammus aeglefinus</i>		Wild	Handline	US - Gulf of Maine
Haddock		Not Recommended	Haddock	<i>Melanogrammus aeglefinus</i>		Wild	Bottom trawl, Bottom longline	US - Gulf of Maine
Haddock		Not Recommended	Haddock	<i>Melanogrammus aeglefinus</i>		Wild	Bottom trawl	US - Georges Bank
Haddock	MSC	Not Recommended	Arctic haddock	<i>Melanogrammus aeglefinus</i>	Norway North East Arctic haddock	Wild	Bottom trawl, Bottom longline, Gillnet, Danish seine, Handline	ICES Sub-areas I and II
Haddock	MSC	Not Recommended	Atlantic haddock	<i>Melanogrammus aeglefinus</i>	Canada Scotia-Fundy haddock	Wild	Bottom trawl, Bottom longline, Handline, Gillnet	Scotian shelf 4X5Y and 5Zjm
Haddock	MSC	Not Recommended	Atlantic haddock	<i>Melanogrammus aeglefinus</i>	Arkhangelsk Trawl Fleet Barents Sea cod & haddock	Wild	Bottom trawl	Barents and Norwegian Seas
Haddock	MSC	Not Recommended	Atlantic haddock	<i>Melanogrammus aeglefinus</i>	Scottish Fisheries Sustainable Accreditation Group (SFSAG) North Sea haddock	Wild	Danish seine, Bottom trawl	North Sea, ICES Sub Area IVa,b
Haddock	MSC		Atlantic haddock	<i>Melanogrammus aeglefinus</i>	DFPO Denmark North Sea & Skagerrak haddock	Wild	Bottom trawl, Danish seine, Gillnet, Bottom longline	North Sea & Skagerrak
Hake		Ocean Wise	Offshore hake	<i>Merluccius albidus</i>		Wild	Bottom trawl	US Atlantic
Hake		Ocean Wise	Red hake	<i>Urophycis chuss</i>		Wild	Bottom trawl	US Atlantic
Hake		Ocean Wise	Silver hake	<i>Merluccius bilinearis</i>		Wild	Bottom trawl	US Atlantic
Hake	MSC	Ocean Wise	North Pacific Hake	<i>Merluccius productus</i>	Pacific hake mid-water trawl	Wild	Midwater trawl	Washington, Oregon, California, British Columbia
Hake		Not Recommended	White hake	<i>Urophycis tenuis</i>		Wild	Bottom trawl, Bottom gillnet, Bottom longline	US North Atlantic
Hake		Not Recommended	White hake	<i>Urophycis tenuis</i>		Wild	Bottom trawl, Bottom gillnet, Bottom longline	Canada: Maritimes, Newfoundland, Labrador
Hake	MSC	Not Recommended	Hake	<i>Merluccius merluccius</i>	DFPO Denmark North Sea, Skagerrak & Kattegat hake	Wild	Bottom trawl, Danish seine, Gillnet, Bottom longline	North Sea, Skagerrak & Kattegat
Hake	MSC	Not Recommended	Hake	<i>Merluccius merluccius</i>	Grupo Regal Spain hake longline	Wild	Longline	CES sub-areas VI, VII and Divisions VIII a, b, d, e
Hake	MSC	Not Recommended	South African hake	<i>Merluccius paradoxus, Merluccius capensis</i>	South Africa hake trawl	Wild	Bottom trawl	South Atlantic Ocean

Halibut		Ocean Wise	Pacific halibut	<i>Hippoglossus stenolepis</i>		Wild	Bottom longline; Handline	BC, Alaska, California, Oregon, Washington
Halibut		Ocean Wise	Atlantic halibut	<i>Hippoglossus hippoglossus</i>		Farmed	Recirculating aquaculture system (RAS)	Worldwide
Halibut		Not Recommended	Atlantic halibut	<i>Hippoglossus hippoglossus</i>		Wild	Bottom trawl	US Atlantic - New England
Halibut	MSC	Not Recommended	Atlantic halibut	<i>Hippoglossus hippoglossus</i>	Canada Atlantic halibut	Wild	Longline, Gillnet, Bottom trawl	Nova Scotia and Newfoundland including part of the Grand banks and Georges bank, NAFO areas 3NOPS, 4VWZ and 5Zc
Herring		Ocean Wise	Atlantic herring ("sardines", pilchard)	<i>Clupea harengus</i>		Wild	Midwater trawl, Purse seine	US N. Atlantic
Herring		Ocean Wise	Pacific herring	<i>Clupea pallasii</i>		Wild	Purse seine, Gillnet	British Columbia
Herring		Ocean Wise	Pacific herring	<i>Clupea pallasii</i>		Wild	Bottom gillnet	California
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Canadian 4VWX Purse Seine herring fishery	Wild	Purse seine	Bay of Fundy Stock: NAFO Division 4VWX Herring
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Danish Pelagic Producers Organization Atlanto Scandian herring	Wild	Purse seine, Midwater trawl	North-East Atlantic (ICES divisions I, IIa and IIb, V, XIV).
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Faroese Pelagic Organization (FPO) Atlanto-Scandian herring	Wild	Purse seine, Midwater trawl	North-East Atlantic in FAO 27, ICES division areas I, IIa, IIb, V & XIV
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Hastings fleet pelagic herring	Wild	Gillnet	Eastern English Channel
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Norway North Sea and Skagerrak herring	Wild	Midwater trawl, Purse seine	North Sea and Skagerrak
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Norway spring spawning herring	Wild	Midwater trawl, Purse seine	EEZ's of Norway, Russia, Iceland, EU and Faroe Islands
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Pelagic Freezer-Trawler Association North Sea herring	Wild	Midwater trawl	The North Sea and Eastern English Channel
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Samherji Norwegian & Icelandic herring trawl and seine	Wild	Midwater trawl, Purse seine	Icelandic EEZ
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Scottish Pelagic Sustainability Group Ltd Atlanto Scandian herring	Wild	Midwater trawl	EEZ of Norway and Faroe
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Scottish Pelagic Sustainability Group Ltd North Sea herring	Wild	Midwater trawl	Central and north North Sea
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	SPSG West of Scotland herring Pelagic Trawl	Wild	Midwater trawl	Within EU waters - ICES Areas VIa North, VIb, Vb
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	CSHMAC Celtic Sea herring	Wild	Midwater trawl	North East Atlantic (Celtic Sea)
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Northern Ireland Pelagic Sustainability Group (NIPSG) Irish Sea herring	Wild	Midwater trawl	North East Atlantic
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	NAFO Division 4R Atlantic herring purse seine	Wild	Purse seine	NAFO Division 4R, in Herring Fishing Areas (FA) 13 and 14
Herring	MSC	Ocean Wise	Herring	<i>Clupea harengus</i>	Northern Ireland Pelagic Sustainability Group(NIPSG) Irish Sea-Atlantic mackerel & North Sea herring	Wild	Midwater trawl	North East Atlantic
Herring	MSC	Not Recommended	Herring	<i>Clupea harengus</i>	DPPO and DFPO North Sea herring	Wild	Purse seine, Midwater trawl	ICES divisions IV a, b, c, and VII d.
Herring	MSC	Not Recommended	Herring	<i>Clupea harengus</i>	FROM Nord North Sea and Eastern Channel pelagic trawl herring	Wild	Midwater trawl	FAO statistical area 27, Subarea IV and Divisions IIIa and VIId

Herring	MSC	Not Recommended	Herring	<i>Clupea harengus</i>	Gulf of St Lawrence Fall herring gillnet	Wild	Gillnet	Southern Gulf of St. Lawrence, Herring Fishing Area 16F
Herring	MSC	Not Recommended	Herring	<i>Clupea harengus</i>	DFPO, DPPO and SPFPO Skagerrak, Kattegat and Western Baltic herring	Wild	Midwater trawl; Purse seine; Trap net; Gillnet	Skagerrak, Kattegat and Western Baltic
Herring	MSC	Not Recommended	Thread herring	<i>Opisthonema spp. - O. Libertate, O. medirastre and O. bulleri</i>	Southern Gulf of California thread herring	Wild	Purse seine	Gulf of California, Mexico (Pacific Ocean)
Hogfish		Ocean Wise	Hogfish	<i>Lachnolaimus maximus</i>		Wild	Hand implements, Handlines, Hand operated pole and line	Florida Gulf of Mexico
Hogfish		Ocean Wise	Hogfish	<i>Lachnolaimus maximus</i>		Wild	Hand implements	South Carolina
Hogfish		Not Recommended	Hogfish	<i>Lachnolaimus maximus</i>		Wild	Hand implements	North Carolina, Puerto Rico, Florida (Western Central Atlantic)
Hogfish		Not Recommended	Hogfish	<i>Lachnolaimus maximus</i>		Wild	Handlines and hand operated pole and lines	North Carolina, South Carolina, Florida (Western Central Atlantic)
Hoki	MSC	Ocean Wise	Hoki	<i>Macruronus novaezelandiae</i>	New Zealand hoki	Wild	Midwater trawl, Bottom trawl	New Zealand
Hoki	MSC	Not Recommended	Hoki	<i>Macruronus magellanicus</i>	Argentine hoki	Wild	Bottom trawl, Midwater trawl	Argentina
Icefish	MSC	Ocean Wise	Australia mackerel icefish	<i>Champsocephalus gunnari</i>	Australia mackerel icefish	Wild	Bottom trawl, Midwater trawl	Heard Island and McDonald Islands
Icefish	MSC	Ocean Wise	Icefish	<i>Champsocephalus gunnari</i>	South Georgia icefish pelagic trawl	Wild	Pelagic trawl	South Georgia
Kelp		Ocean Wise	Giant Kelp	<i>Macrocystis pyrifera</i>		Wild	Hand harvest	British Columbia
Kelp		Ocean Wise	Bull Kelp	<i>Nereocystis leutkeana</i>		Wild	Hand harvest	British Columbia
Krill		Ocean Wise	Pacific Krill	<i>Euphausia pacifica</i>		Wild	Midwater trawl	British Columbia
Krill		Ocean Wise	Antarctic krill	<i>Euphausia superba</i>		Wild	Midwater trawl	Southern Ocean
Krill	MSC	Ocean Wise	Antarctic krill	<i>Euphausia superba</i>	Aker Biomarine Antarctic krill	Wild	Midwater trawl	Atlantic sector of the Southern Ocean
Krill	MSC	Ocean Wise	Antarctic krill	<i>Euphausia superba</i>	Olympic Seafood Antarctic krill	Wild	Midwater trawl	Antarctic Sea / Southern Ocean - FAO statistical area/s 48 - Southern Ocean, CCAMLR area 48.1, 48.2, 48.3, 48.4
Limpet	MSC	Ocean Wise	Atlantic Slipper Limpet	<i>Crepidula fornicata</i>	Cancale Bay Atlantic slipper limpet dredge	Wild	Dredge	Bay of Cancale, ICES area VIIe. FAO statistical area 27
Ling	MSC	Ocean Wise	Ling	<i>Molva molva</i>	ISF Iceland Saithe Fishery: Expedited Assessment of the ISF Iceland Ling	Wild	Bottom trawl, Danish seine, Longline, Handline, Gillnet, Various	Icelandic EEZ
Ling	MSC	Ocean Wise	Ling	<i>Molva molva</i>	ISF Icelandic golden redfish, blue ling, and tusk	Wild	Trawl, Seine, longline, handline, gillnet	Icelandic EEZ
Ling	MSC	Not Recommended	Ling	<i>Genypterus blacodes</i>	New Zealand EEZ ling trawl and longline fishery	Wild	Bottom trawl, Bottom longline	New Zealand EEZ - Management areas: LIN3, LIN4, LIN5, LIN6, LIN 7
Lingcod		Ocean Wise	Lingcod (Buffalo cod, blue cod, white cod)	<i>Ophiodon elongatus</i>		Wild	Bottom trawl, Bottom longline, Handline	Washington, Oregon, California
Lingcod		Ocean Wise	Lingcod (Buffalo cod, blue cod, white cod)	<i>Ophiodon elongatus</i>		Wild	Bottom longline, Jig, Troll, Midwater trawl	British Columbia
Lingcod	MSC	Ocean Wise	Lingcod	<i>Ophiodon elongatus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California

Lingcod		Not Recommended	Lingcod (Buffalo cod, blue cod, white cod)	<i>Ophiodon elongatus</i>		Wild	Bottom trawl	British Columbia
Lionfish		Ocean Wise	Lionfish	<i>Pterois volitans, Pterois miles</i>		Wild	Spear, Trap	US Atlantic & Gulf of Mexico
Lobster		Ocean Wise	California spiny lobster	<i>Panulirus interruptus</i>		Wild	Trap	Baja California
Lobster		Ocean Wise	Caribbean spiny lobster	<i>Panulirus interruptus</i>		Wild	Casitas, Trap	Bahamas
Lobster		Ocean Wise	Caribbean spiny lobster	<i>Panulirus argus</i>		Wild	Trap	Florida
Lobster		Ocean Wise	Caribbean, California Spiny Lobster	<i>Panulirus argus, P. interruptus</i>		Wild	Casitas, Diver, Trap	Mexico
Lobster		Ocean Wise	Norway lobster	<i>Nephrops norvegicus</i>		Wild	Trap	Kattegat Bay, Norway
Lobster	MSC	Ocean Wise	American lobster	<i>Homarus americanus</i>	Eastern Canada offshore lobster	Wild	Trap	Canada - Lobster Fishing Area 41
Lobster	MSC	Ocean Wise	American lobster	<i>Homarus americanus</i>	Gaspésie lobster trap	Wild	Trap	Canada - LFAs 19, 20 and 21
Lobster	MSC	Ocean Wise	European lobster	<i>Homarus gammarus</i>	Normandy and Jersey lobster	Wild	Trap	North and West Cotentin (Basse Normandie, France), Jersey and Granville Bay.
Lobster	MSC	Ocean Wise	Rock lobster	<i>Jasus tristani</i>	Tristan da Cunha rock lobster	Wild	Trap	Tristan da Cunha islands
Lobster	MSC	Ocean Wise	Spiny lobster	<i>Panulirus argus</i>	Sian Ka'an and Banco Chinchorro Biosphere Reserves spiny lobster	Wild	Diver, Casitas, Hand harvest	Mexico
Lobster	MSC	Ocean Wise	American lobster	<i>Homarus americanus</i>	Bay of Fundy, Scotian Shelf and Southern Gulf of St. Lawrence lobster trap	Wild	Trap	UoC1 - Southern Gulf of St Lawrence, LFAs 23, 25, 26A and 26B
Lobster		Not Recommended	American lobster	<i>Homarus americanus</i>		Wild	Trap	US Gulf of Maine, US Georges Banks, Southern New England
Lobster		Not Recommended	Caribbean Spiny Lobster	<i>Panulirus argus</i>		Wild	Trap	Belize, Brazil, Honduras, Nicaragua
Lobster		Not Recommended	Norway lobster	<i>Nephrops norvegicus</i>		Wild	Bottom trawl, Trap	Northeast Atlantic Ocean (except Mediterranean Sea)
Lobster	MSC	Not Recommended	American lobster	<i>Homarus americanus</i>	Iles-de-la-Madeleine Lobster	Wild	Trap	Magdalen Islands LFA 22
Lobster	MSC	Not Recommended	American lobster	<i>Homarus americanus</i>	Prince Edward Island lobster trap	Wild	Trap	Prince Edward Island, LFAs 24, 25, and 26A
Lobster	MSC	Not Recommended	American lobster	<i>Homarus americanus</i>	Bay of Fundy, Scotian Shelf and Southern Gulf of St. Lawrence lobster trap	Wild	Trap	UoC2 - Scotian Shelf, LFAs 27-33, UoC3 - Scotian Shelf, LFAs 34, UoC4 - Bay of Fundy, LFAs 35-38
Lobster	MSC	Not Recommended	Rock lobster	<i>Panulirus cygnus</i>	Australian Western rock lobster	Wild	Trap	Western Australia
Lobster	MSC	Not Recommended	Red Rock Lobster	<i>Panulirus interruptus</i>	Gulf of Maine lobster fishery	Wild	Trap	FAO Fishing Area 21 Northwest Atlantic LCMA 1
Lobster	MSC	Not Recommended	Rock lobster	<i>Jasus frontalis</i>	Juan Fernandez Rock lobster	Wild	Trap	Chile - Robinson Crusoe and Sta Clara, Alejandro Selkirk, Islas Desventuradas
Lobster	MSC	Not Recommended	Yellow Squat Lobster	<i>Cervimunida johni</i>	Chile squat lobsters and nylon shrimp modified trawl fishery	Wild	Trawl	FAO statistical area 87, South East Pacific
Lobster	MSC	Not Recommended	Red Squat Lobster	<i>Pleuroncodes monodon</i>	Chile squat lobsters and nylon shrimp modified trawl fishery	Wild	Trawl	FAO statistical area 87, South East Pacific
Lobster	MSC	Not Recommended	Yellow Squat Lobster	<i>Cervimunida johni</i>	Chile squat lobsters demersal trawl Camanchaca Fishery	Wild	Trawl	Chile
Lobster	MSC	Not Recommended	Red Squat Lobster	<i>Pleuroncodes monodon</i>	Chile squat lobsters demersal trawl Camanchaca Fishery	Wild	Trawl	Chile

Lobster	MSC	Not Recommended	Nephrops	<i>Nephrops norvegicus</i>	Danish and Swedish nephrops	Wild	Bottom trawl	Denmark
Lobster		Under Review	American lobster	<i>Homarus americanus</i>		Wild	Trap	Canada
Lumpfish	MSC	Ocean Wise	Lumpfish	<i>Cyclopterus lumpus</i>	Greenland lumpfish	Wild	Gillnet	Greenland - North-west Atlantic
Mackerel		Ocean Wise	Atka mackerel	<i>Pleurogrammus monopterygius</i>		Wild	Bottom trawl	Alaska
Mackerel		Ocean Wise	Atlantic mackerel	<i>Scomber scombrus</i>		Wild	Purse seine	US
Mackerel		Ocean Wise	Atlantic mackerel	<i>Scomber scombrus</i>		Wild	Purse seine	Canada
Mackerel		Ocean Wise	King mackerel, Spanish mackerel	<i>Scomberomorus cavalla, S. maculatus</i>		Wild	Handline, Gillnet	Gulf of Mexico, US South Atlantic
Mackerel		Ocean Wise	Atlantic mackerel	<i>Scomber scombrus</i>		Wild	Midwater trawl	US Atlantic
Mackerel	MSC	Ocean Wise	North East Atlantic mackerel	<i>Scomber scombrus</i>	MINSA North East Atlantic mackerel	Wild	Midwater trawl, Purse Seine, Handline, Various	North East Atlantic, Europe & Norway
Mackerel	MSC	Ocean Wise	Mackerel scad	<i>Scomber scombrus</i>	Faroese Pelagic Organisation (FPO) North East Atlantic mackerel	Wild	Purse seine, Midwater trawl	North east Atlantic. FAO statistical area 27
Mackerel	MSC	Ocean Wise	Mackerel	<i>Scomber scombrus</i>	Northern Ireland Pelagic Sustainability Group(NIPSG) Irish Sea-Atlantic mackerel & North Sea herring	Wild	Midwater trawl	North East Atlantic ICES Areas VI, VII, IVa.
Mahi Mahi		Ocean Wise	Mahi mahi (dolphinfish)	<i>Coryphaena hippurus</i>		Wild	Troll, Pole, Handline	US Atlantic
Mahi Mahi		Ocean Wise	Mahi mahi (dolphinfish)	<i>Coryphaena hippurus</i>		Wild	Pelagic longline	US Atlantic, US Gulf of Mexico
Mahi Mahi		Ocean Wise	Mahi mahi (dolphinfish)	<i>Coryphaena hippurus</i>		Wild	Pelagic longline	Ecuador
Mahi Mahi		Not Recommended	Mahi mahi (dolphinfish)	<i>Coryphaena hippurus</i>		Wild	Troll, Pole	US Pacific (Hawaii)
Mahi Mahi		Not Recommended	Mahi mahi (dolphinfish)	<i>Coryphaena hippurus</i>		Wild	Pelagic longline	Guatemala, Costa Rica, Peru, East Pacific Ocean, North Pacific Ocean, South Pacific Ocean, West Central Pacific Ocean, Indian Ocean, Indonesia, Panama, Taiwan
Mahi Mahi		Not Recommended	Mahi mahi (dolphinfish)	<i>Coryphaena hippurus</i>		Wild	FAD purse seine	North Atlantic, South Atlantic, East Pacific
Mahi Mahi		Not Recommended	Mahi mahi (dolphinfish)	<i>Coryphaena hippurus</i>		Wild	Unassociated purse seine	East Pacific Ocean
Marlin		Not Recommended	Black marlin	<i>Istiompax indica</i>		Wild	Pelagic longline	North Pacific, South Pacific, Western Central Pacific
Marlin		Not Recommended	Blue marlin	<i>Makaira nigricans</i>		Wild	Pelagic longline	North Pacific, South Pacific, Western Central Pacific
Marlin		Not Recommended	Striped marlin	<i>Tetrapturus audax</i>		Wild	Pelagic longline	North Pacific, South Pacific, Western Central Pacific
Menhaden		Ocean Wise	Atlantic menhaden	<i>Brevoortia tyrannus</i>		Wild	Purse seine	US Atlantic
Menhaden		Ocean Wise	Gulf menhaden	<i>Brevoortia patronus</i>		Wild	Purse seine	US Gulf of Mexico
Milkfish	Naturland	Ocean Wise	Milkfish	<i>Chanos chanos</i>		Farmed	Various	Worldwide
Monkfish		Not Recommended	Goosefish, anglerfish	<i>Lophius americanus</i>		Wild	Bottom trawl; Bottom gillnet	US Atlantic
Mullet		Ocean Wise	Striped mullet	<i>Mugil cephalus</i>		Wild	Seine, Various	US Atlantic and Gulf of Mexico
Mullet		Not Recommended	Red Mullet	<i>Illex argentinus</i>		Wild	Bottom gillnet, bottom trawl, beam trawl	United Kingdom: Cornwall
Mussels	ASC	Ocean Wise	Mussels	Multiple Species		Farmed	Various	Worldwide
Mussels	Canadian Organic	Ocean Wise	Mussels	Multiple Species		Farmed	Various	Canada
Mussels	Food Alliance Shellfish	Ocean Wise	Mussels	Multiple Species		Farmed	Various	Worldwide
Mussels	Naturland	Ocean Wise	Mussels	Multiple Species		Farmed	Various	Worldwide

Mussels	GAA BAP	Ocean Wise	Mussels	Multiple Species		Farmed	Various	Worldwide
Mussels		Ocean Wise	Blue mussel	<i>Mytilus edulis</i>		Farmed	Off-bottom culture	Worldwide
Mussels		Ocean Wise	Blue mussel	<i>Mytilus edulis</i>		Wild	Hand rake, dredge	Maine, Massachusetts (rake only), New York, Rhode Island
Mussels		Ocean Wise	Bay mussel	<i>Mytilus trossulus</i>		Farmed	Off-bottom culture	BC
Mussels		Ocean Wise	Green mussel	<i>Perna canaliculus</i>		Farmed	Off-bottom culture	New Zealand (most)
Mussels		Ocean Wise	Mediterranean mussel	<i>Mytilus galloprovincialis</i>		Farmed	Off-bottom culture	Worldwide
Mussels		Ocean Wise	Mussels (various)	<i>Mytilus spp.</i> , <i>Perna spp.</i>		Farmed	Off-bottom culture, On-bottom culture	Worldwide
Mussels	MSC	Ocean Wise	Chilean mussel	<i>Mytilus chilensis</i>	Chilean mussel fishery and suspended culture Toralla S.A and Cultivos Toralla S.A	Wild	Off-bottom culture	South East Pacific
Mussels	MSC	Ocean Wise	Mussels	<i>Mytilus spp</i>	Exmouth mussels	Wild	Off-bottom culture	NW English Channel
Mussels	MSC	Ocean Wise	Mussels	<i>Mytilus edulis</i>	Royal Frysk Jutland blue shell mussel dredge	Wild	Dredge	East coast of Jutland, Denmark
Mussels	MSC	Ocean Wise	Mussels	<i>Mytilus edulis</i>	North Menai Strait mussel	Wild	On-bottom culture	Irish Sea
Mussels	MSC	Ocean Wise	Mussels	<i>Mytilus edulis</i>	DFPO Limfjord mussel and cockle	Wild	Dredge	Denmark's Limfjord, FAO Statistical Area 27
Mussels	MSC	Ocean Wise	Mussels	<i>Mytilus edulis</i>	Netherlands blue shell mussel	Wild	Dredge, On-bottom	The Waddenzee an
Mussels	MSC	Ocean Wise	Mussels	<i>Mytilus edulis</i>	Schleswig-Holstein blue shell mu	Wild	Dredge, On-bottom	ICES Area IVb – in
Mussels	MSC	Ocean Wise	Mussels	<i>Mytilus edulis</i>	Limfjord blue shell mussel (rope grown)	Farmed	Off-bottom culture	Limfjorden, Denmark
Mussels		Not Recommended	Blue mussel	<i>Mytilus edulis</i>		Wild	Dredge	Massachusetts
Mussels	MSC	Not Recommended	Blue mussel	<i>Mytilus edulis</i>	DFPO Inner Danish Waters blue shell mussel	Wild	Dredge	Eastern Inner Danish Waters - ICES IIIa and Baltic Sea area 22
Mussels	MSC	Not Recommended	Mussels	<i>Mytilus edulis</i>	Ireland Bottom Grown Mussel (<i>Mytilus edulis</i>) Fishery	Wild	Modified Dutch bottom dredge with limited hand raking	Ireland
Mussels	MSC	Not Recommended	Mussels	<i>Mytilus edulis</i>	Northern Ireland Bottom Grown Mussel (<i>Mytilus edulis</i>) Fishery	Wild	Dredge, Hand rake	Northern Ireland
Mussels	MSC	Not Recommended	Mussels	<i>Mytilus edulis</i>	Netherlands suspended culture mussel	Farmed	Off-bottom culture, On-bottom culture	North Sea
Mussels	MSC	Not Recommended	Mussels	<i>Mytilus edulis</i>	Shetland and Scottish Mainland Rope Grown mussel Enhanced fishery	Farmed	Off-bottom culture	Scottish Mainland & Shetland
Mussels	MSC	Not Recommended	Mussels	<i>Mytilus edulis</i>	SSPO Swedish West Coast rope grown mussel	Farmed	Off-bottom culture	Skagerrak & Kattegat
Octopus		Ocean Wise	Common octopus	<i>Octopus vulgaris</i>		Wild	Pot	Spain, Portugal
Octopus		Ocean Wise	Day octopus	<i>Octopus cyanea</i>		Wild	Spear, Handline	Hawaii
Octopus		Ocean Wise	Giant Pacific octopus	<i>Enteroctopus dofleini</i>		Wild	Trap, Pot	British Columbia, Alaska
Octopus		Ocean Wise	Night octopus	<i>Octopus ornatus</i>		Wild	Spear, Handline	Hawaii
Octopus		Not Recommended	Common octopus	<i>Octopus vulgaris</i>		Wild	Bottom trawl, Trap	Spain, Portugal, Morocco, Mauritania
Octopus		Not Recommended	Common octopus	<i>Octopus vulgaris</i>		Wild	Handline	Mexico
Octopus		Not Recommended	Day octopus	<i>Octopus cyanea</i>		Wild	Trap, Spear, Handline	Indonesia
Octopus		Not Recommended	Red octopus	<i>Octopus maya</i>		Wild	Handline	Mexico
Octopus	MSC	Not Recommended	Common octopus	<i>Octopus vulgaris</i>	Western Asturias Octopus Traps Fishery of Artisanal Cofradias	Wild	Traps	Spain
Opah		Not Recommended	Opah	<i>Lampris guttatus</i>		Wild	Gillnet	California
Opah		Not Recommended	Opah aka Moonfish	<i>Lampris guttatus</i>		Wild	Pelagic longline	Hawaii, Pacific Ocean (North, South, WCPO)
Orange Roughy		Not Recommended	aka Slimehead	<i>Hoplostethus atlanticus</i>		Wild	Bottom trawl	New Zealand

Orange Roughy	MSC	Not Recommended	Orange roughy aka slimehead	<i>Hoplostethus atlanticus</i>		Wild	Bottom trawl	New Zealand
Oysters	ASC	Ocean Wise	Oysters	Multiple Species		Farmed	Various	Worldwide
Oysters	Canadian Organic	Ocean Wise	Oysters	Multiple Species		Farmed	Various	Canada
Oysters	Food Alliance Shellfish	Ocean Wise	Oysters	Multiple Species		Farmed	Various	Worldwide
Oysters		Ocean Wise	Eastern oyster	<i>Crassostrea virginica</i>		Wild	Dredge, Tong	US Gulf of Mexico
Oysters		Ocean Wise	Eastern oyster	<i>Crassostrea virginica</i>		Wild	Tong, Hand rake	Canada: Gulf of St. Lawrence
Oysters		Ocean Wise	Oysters - various	<i>Crassostrea spp., Ostrea spp., Saccostera spp.</i>		Farmed	Off-bottom culture, On-bottom culture	Worldwide
Oysters	MSC	Ocean Wise	European flat oyster	<i>Ostrea edulis</i>	Dutch Oyster Association oyster fishery	Wild	Dredge	Oosterschelde, Lake Grevelingen
Oysters	MSC	Ocean Wise	Pacific Oyster	<i>Crassostrea gigas</i>	Dutch Oyster Association oyster fishery	Wild	Dredge	Oosterschelde, Lake Grevelingen
Oysters	MSC	Ocean Wise	European flat oyster	<i>Ostrea edulis</i>	Limfjord oyster dredge fishery	Wild	Dredge	Western Limfjord, Denmark
Perch		Ocean Wise	Yellow perch	<i>Perca flavescens</i>		Wild	Bottom gillnet, Trap net	Canada (Lake Erie, Lake Huron, Lake Ontario, Lake Superior) & US (Lake Huron, Lake Michigan, Lake Ontario, Lake Superior)
Perch		Ocean Wise	Yellow perch	<i>Perca flavescens</i>		Wild	Trap net	Maryland, US
Perch		Ocean Wise	Yellow perch	<i>Perca flavescens</i>		Farmed	Recirculating aquaculture system (RAS)	Worldwide
Perch		Not Recommended	Yellow perch	<i>Perca flavescens</i>		Wild	Midwater gillnet	Manitoba
Perch	MSC	Not Recommended	Common perch	<i>Perca fluviatilis</i>	Irikla Reservoir perch	Wild	Gillnet	Irikla Reservoir, Caspian Sea Basin, Russia
Perch	MSC	Not Recommended	Perch	<i>Perca fluviatilis</i>	Bratsk Reservoir perch	Wild	Trap net	Bratsk Reservoir, Angara River, Irkutsk oblast, Russia
Pike		Not Recommended	Northern pike	<i>Esox lucius</i>		Wild	Midwater gillnet	Manitoba
Pike	MSC	Not Recommended	Northern pike	<i>Esox lucius</i>	Waterhen Lake walleye and Northern pike Commercial Gillnet	Wild	Gillnet	Waterhen Lake, Manitoba
Pike	MSC	Not Recommended	Pikeperch	<i>Sander lucioperca</i>	SIC Lake Malaren and Lake Vanern pikeperch	Wild	Gillnet, traps	Sweden
Plaice		Ocean Wise	Alaska plaice			Wild	Bottom trawl, Midwater trawl, Bottom longline	Alaska
Plaice	MSC	Ocean Wise	Alaska plaice			Wild	Bottom trawl	Bering Sea and Aleutian Islands
Plaice	MSC	Ocean Wise	Plaice	<i>Pleuronectes platessa</i>	ISF Iceland saithe, ling, Atlantic wolffish and plaice	Wild	Trawl, Seine, longline, handline	North East atlantic (FAO 27)
Plaice		Not Recommended	American plaice	<i>Hippoglossoides platessoides</i>		Wild	Bottom trawl	US Atlantic - New England
Plaice		Not Recommended	European plaice	<i>Pleuronectes platessa</i>		Wild	Danish seine, Bottom trawl, Bottom longline, Bottom gillnet	Iceland
Plaice	MSC	Not Recommended	Plaice	<i>Pleuronectes platessa</i>	Cooperative Fishery Organisation (CVO) North Sea plaice and sole	Wild	Trawl, Various	North Sea
Plaice	MSC	Not Recommended	Dover Sole	<i>Solea solea</i>	Cooperative Fishery Organisation (CVO) North Sea plaice and sole	Wild	Trawl, Various	North Sea
Plaice	MSC	Not Recommended	Plaice	<i>Pleuronectes platessa</i>	Osprey Trawlers North Sea twin-rigged plaice	Wild	Bottom trawl	Central North Sea
Plaice	MSC	Not Recommended	Plaice	<i>Pleuronectes platessa</i>	Ekofish Group-North Sea twin rigged otter trawl plaice	Wild	Bottom trawl	Between Scotland and Denmark
Plaice	MSC	Not Recommended	Plaice	<i>Pleuronectes platessa</i>	DFPO Denmark North Sea plaice	Wild	Danish seine, Bottom trawl, Gillnet	The North Sea

Plaice	MSC	Not Recommended	Plaice	<i>Pleuronectes platessa</i>	North Sea – Skagerrak Plaice Fishery Scope Extension Assessment	Wild	Danish seine, Gillnet, Demersal trawl, Longline	North Sea, Skagerrak & Kattegat, FAO statistical area 27, ICES Area IV, Division IIIa.
Pollock		Ocean Wise	Atlantic pollock	<i>Pollachius virens</i>		Wild	Purse seine, Gillnet	Norway
Pollock	MSC	Ocean Wise	Alaskan pollock	<i>Theragra chalcogramma</i>	Alaska Pollock - Bering Sea and Aleutian Islands	Wild	Midwater trawl	Bering Sea and Aleutian Islands
Pollock	MSC	Ocean Wise	Alaskan pollock	<i>Theragra chalcogramma</i>	Alaska Pollock- Gulf of Alaska	Wild	Trawl	Gulf of Alaska
Pollock	MSC	Ocean Wise	Atlantic pollock	<i>Pollachius virens</i>	US Acadian redfish, haddock and pollock Otter Trawl	Wild	Bottom trawl	US FAO Fishing Area 21 in Division 21.4X and Division 21.5t
Pollock		Not Recommended	Atlantic pollock	<i>Pollachius virens</i>		Wild	Bottom trawl; Bottom gillnet	US - Georges Bank, Gulf of Maine
Pollock		Not Recommended	Atlantic pollock	<i>Pollachius virens</i>		Wild	Trawl; Gillnet; Danish Seine	Canada
Pollock		Not Recommended	Atlantic pollock	<i>Pollachius virens</i>		Wild	Trawl; Gillnet; Danish Seine	Iceland
Pollock	MSC	Not Recommended	Russian pollock	<i>Theragra chalcogramma</i>	Russia Sea of Okhotsk pollock	Wild	Midwater trawl	Russia, Sea of Okhotsk
Pomfret		Not Recommended	Bigscale pomfret	<i>Taractichthys steindachneri, Eumegistus illustris</i>		Wild	Pelagic longline; Handline	Hawaii
Pompano		Ocean Wise	Florida pompano	<i>Trachinotus carolinus</i>		Wild	Handline, Seine, Gillnet, Cast net	US
Pompano		Ocean Wise	Pompano	<i>Trachinotus spp.</i>		Farmed	Recirculating aquaculture system (RAS)	Worldwide
Pompano		Not Recommended	Pompano	<i>Trachinotus spp.</i>		Farmed	Open net pen	Asia, Dominican Republic
Porgy		Not Recommended	Red porgy, Seabream, Silver snapper, Tai	<i>Pargus pargus</i>		Wild	Handline	US Atlantic, Gulf of Mexico
Redfish	MSC	Ocean Wise	Acadian redfish	<i>Sebastes fasciatus</i>	Canada 3LN redfish	Wild	Midwater trawl	Northeast Atlantic
Redfish	MSC	Not Recommended	Acadian redfish	<i>Sebastes fasciatus</i>	Canada 3LN redfish	Wild	Bottom trawl	Northeast Atlantic
Redfish	MSC	Ocean Wise	Acadian redfish	<i>Sebastes fasciatus</i>	US Acadian redfish, haddock and pollock Otter Trawl	Wild	Bottom trawl	US FAO Fishing Area 21 in Division 21.4X and Division 21.5t
Redfish	MSC	Ocean Wise	Acadian redfish	<i>Sebastes fasciatus</i>				
Redfish	MSC	Ocean Wise	Golden Redfish	<i>Sebastes marinus</i>	ISF Iceland golden redfish	Wild	Bottom trawl, Danish seine, Bottom longline, Handline, Gillnet, Nephrops trawl	North East Atlantic
Rockfish		Ocean Wise	Aurora rockfish	<i>Sebastes aurora</i>		Wild	Bottom trawl	California, Oregon, Washington
Rockfish		Ocean Wise	Black rockfish	<i>Sebastes melanops</i>		Wild	Handline	California, Washington, Oregon
Rockfish		Ocean Wise	Blackgill rockfish	<i>Sebastes melanostomus</i>		Wild	Bottom longline, Bottom trawl	California, Washington, Oregon
Rockfish		Ocean Wise	Blackspotted rockfish	<i>Sebastes melanostictus</i>		Wild	Bottom trawl	Alaska
Rockfish		Ocean Wise	Blue rockfish	<i>Sebastes mystinus</i>		Wild	Handline	California, Washington, Oregon
Rockfish		Ocean Wise	Bocaccio rockfish	<i>Sebastes paucispinis</i>		Wild	Bottom longline; Bottom trawl	California, Washington, Oregon
Rockfish		Ocean Wise	Brown rockfish	<i>Sebastes auriculatus</i>		Wild	Handline	California, Washington, Oregon
Rockfish		Ocean Wise	Cabazon	<i>Scorpaenichthys m armoratus</i>		Wild	Handline	California, Oregon, Washington
Rockfish		Ocean Wise	Canary rockfish	<i>Sebastes pinniger</i>		Wild	Midwater trawl	British Columbia

Rockfish		Ocean Wise	Canary rockfish	<i>Sebastes pinniger</i>		Wild	Bottom trawl	California, Washington, Oregon
Rockfish		Ocean Wise	Chilipepper rockfish	<i>Sebastes goodei</i>		Wild	Bottom trawl	California, Washington, Oregon
Rockfish		Ocean Wise	China rockfish	<i>Sebastes nebulosus</i>		Wild	Handline	California, Washington, Oregon
Rockfish		Ocean Wise	Darkblotched rockfish	<i>Sebastes crameri</i>		Wild	Bottom trawl	California
Rockfish		Ocean Wise	Dusky rockfish	<i>Sebastes variabilis</i>		Wild	Bottom trawl	Alaska
Rockfish		Ocean Wise	Greenstriped rockfish	<i>Sebastes elongatus</i>		Wild	Bottom trawl	California, Washington, Oregon
Rockfish		Ocean Wise	Longspine thornyhead	<i>Sebastolobus altivelus</i>		Wild	Bottom trawl, Bottom longline	California, Washington, Oregon
Rockfish		Ocean Wise	Longspine thornyhead	<i>Sebastolobus altivelus</i>		Wild	Bottom trawl, Bottom longline	British Columbia
Rockfish		Ocean Wise	Northern rockfish	<i>Sebastes polypsinis</i>		Wild	Bottom trawl	Alaska
Rockfish		Ocean Wise	Pacific Ocean perch	<i>Sebastes alutus</i>		Wild	Bottom trawl	California, Alaska
Rockfish		Ocean Wise	Rougeye rockfish	<i>Sebastes aleutianus</i>		Wild	Bottom trawl, Bottom longline	California, Alaska
Rockfish		Ocean Wise	Shortspine thornyhead	<i>Sebastolobus alascanus</i>		Wild	Bottom trawl, Bottom longline	Alaska, California, Washington, Oregon
Rockfish		Ocean Wise	Shortraker rockfish	<i>Sebastes borealis</i>		Wild	Bottom trawl	Alaska
Rockfish		Ocean Wise	Silvergry rockfish	<i>Sebastes brevispinis</i>		Wild	Midwater trawl	British Columbia
Rockfish		Ocean Wise	Splitnose rockfish	<i>Sebastes diploproa</i>		Wild	Bottom trawl	California, Washington, Oregon
Rockfish		Ocean Wise	Tiger rockfish	<i>Sebastes nigrocinctus</i>		Wild	Bottom longline, Troll, Jig	British Columbia (Inshore)
Rockfish		Ocean Wise	Vermilion rockfish	<i>Sebastes miniatus</i>		Wild	Bottom longline	California
Rockfish		Ocean Wise	Widow rockfish	<i>Sebastes flavidus</i>		Wild	Bottom trawl, Midwater trawl	California, Oregon
Rockfish		Ocean Wise	Quillback rockfish	<i>Sebastes maliger</i>		Wild	Bottom longline, Jig, Troll	British Columbia (Inshore & Offshore)
Rockfish		Ocean Wise	Yelloweye rockfish	<i>Sebastes ruberrimus</i>		Wild	Bottom longline, Jig, Troll	British Columbia (Inshore)
Rockfish		Ocean Wise	Yellowmouth rockfish	<i>Sebastes reedi</i>		Wild	Midwater trawl	British Columbia
Rockfish		Ocean Wise	Yellowtail rockfish	<i>Sebastes flavidus</i>		Wild	Midwater trawl, Bottom longline, Jig, Troll	California, Oregon, Washington
Rockfish		Ocean Wise	Yellowtail rockfish	<i>Sebastes flavidus</i>		Wild	Midwater trawl, Bottom longline, Jig, Troll	British Columbia
Rockfish	MSC	Ocean Wise	Chilipepper rockfish	<i>Sebastes goodei</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Rockfish	MSC	Ocean Wise	Splitnose rockfish	<i>Sebastes diploproa</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Rockfish	MSC	Ocean Wise	Widow rockfish	<i>Sebastes flavidus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Rockfish	MSC	Ocean Wise	Yellowtail rockfish	<i>Sebastes flavidus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Rockfish		Not Recommended	Black and yellow rockfish	<i>Sebastes chrysomelas</i>		Wild	Handline	California
Rockfish		Not Recommended	Canary rockfish	<i>Sebastes pinniger</i>		Wild	Bottom trawl	British Columbia
Rockfish		Not Recommended	China rockfish	<i>Sebastes nebulosus</i>		Wild	Bottom longline	British Columbia
Rockfish		Not Recommended	Copper rockfish	<i>Sebastes caurinus</i>		Wild	Bottom longline	British Columbia
Rockfish		Not Recommended	Darkblotched rockfish	<i>Sebastes crameri</i>		Wild	Bottom trawl, Midwater trawl	British Columbia
Rockfish		Not Recommended	Greenstriped rockfish	<i>Sebastes elongatus</i>		Wild	Bottom trawl	British Columbia
Rockfish		Not Recommended	Grass rockfish	<i>Sebastes rastrelliger</i>		Wild	Handline	California, Washington, Oregon

Rockfish		Not Recommended	Pacific Ocean perch	<i>Sebastes alutus</i>		Wild	Bottom trawl, Midwater trawl	British Columbia
Rockfish		Not Recommended	Redbanded rockfish	<i>Sebastes babcocki</i>		Wild	Bottom longline, Bottom trawl, Midwater trawl	British Columbia
Rockfish		Not Recommended	Redstripe rockfish	<i>Sebastes proriger</i>		Wild	Bottom trawl	British Columbia
Rockfish		Not Recommended	Rougeye rockfish	<i>Sebastes aleutianus</i>		Wild	Bottom trawl, Midwater trawl, Bottom longline, Jig, Troll	British Columbia
Rockfish		Not Recommended	Shortraker rockfish	<i>Sebastes borealis</i>		Wild	Bottom trawl, Bottom longline	British Columbia
Rockfish		Not Recommended	Shortspine thornyhead	<i>Sebastes alascanus</i>		Wild	Bottom trawl	British Columbia
Rockfish		Not Recommended	Silvergrey rockfish	<i>Sebastes brevispinis</i>		Wild	Bottom trawl	British Columbia
Rockfish		Not Recommended	Tiger rockfish	<i>Sebastes nigrocinctus</i>		Wild	Bottom longline, Troll, Jig	British Columbia (Offshore)
Rockfish		Not Recommended	Vermilion rockfish	<i>Sebastes miniatus</i>		Wild	Handline	California, Washington, Oregon
Rockfish		Not Recommended	Widow rockfish	<i>Sebastes entomelas</i>		Wild	Bottom trawl	British Columbia
Rockfish		Not Recommended	Yelloweye rockfish	<i>Sebastes ruberrimus</i>		Wild	Bottom longline, Troll, Jig	British Columbia (Outside)
Rockfish		Not Recommended	Yellowmouth rockfish	<i>Sebastes reedi</i>		Wild	Bottom trawl	British Columbia
Rockfish		Not Recommended	Yellowtail rockfish	<i>Sebastes flavidus</i>		Wild	Bottom trawl	British Columbia
Sablefish		Ocean Wise	Sablefish, black cod, butterfish	<i>Anoplopoma fimbria</i>		Wild	Bottom longline, Bottom trawl	British Columbia
Sablefish		Ocean Wise	Sablefish, black cod, butterfish	<i>Anoplopoma fimbria</i>		Farmed	Open net pen	British Columbia
Sablefish		Ocean Wise	Sablefish, black cod, butterfish	<i>Anoplopoma fimbria</i>		Wild	Bottom longline, Trap	Alaska
Sablefish		Ocean Wise	Sablefish, black cod, butterfish	<i>Anoplopoma fimbria</i>		Wild	Bottom trawl, Bottom longline, Trap	California
Sablefish	MSC	Ocean Wise	Sablefish, black cod, butterfish	<i>Anoplopoma fimbria</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl, Various	Washington, Oregon, California
Sablefish	MSC	Ocean Wise	Sablefish, black cod, butterfish	<i>Anoplopoma fimbria</i>	US North Pacific sablefish	Wild	Bottom longline	Alaska
Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	UK Fisheries/DFFU/Doggerbank Northeast Arctic cod, haddock and saithe	Wild	Bottom trawl	North East Arctic – ICES Sub Areas I and II
Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	Germany North Sea saithe trawl	Wild	Bottom trawl	EC waters: ICES Sub-Area IIa, IIIa, IIb,cd, IV
Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	Norway North Sea saithe	Wild	Danish seine, Trawl, Purse seine, Jig, Longline, Various	The Norwegian Sea
Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	Norway North East Arctic Saithe	Wild	Danish seine, Trawl, Purse seine, Jig, Longline, Various	North Sea
Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	Faroe Island saithe	Wild	Trawl, Longline, Jig	Faroe Plateau and Faroe Bank
Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	Faroe Islands North East Arctic cod and saithe	Wild	Bottom trawl	ICES areas I and II within Norwegian and Russian EEZ and International waters; FAO area 27
Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	ISF Iceland saithe	Wild	Bottom trawl, Danish seine, Longline, Handline, Gillnet, Nephrops trawl	Iceland
Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	Greenland cod, haddock and saithe trawl	Wild	Bottom trawl	ICES Areas I and II: within Norwegian and Russian EEZ and International Waters
Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	UK Fisheries/DFFU/Doggerbank Group saithe	Wild	Bottom trawl	NE Atlantic, ICES Subareas IV, VI and Iia

Saithe	MSC	Ocean Wise	Saithe	<i>Pollachius virens</i>	Barents Sea cod, haddock and saithe	Wild	Bottom trawl	Barents Sea - ICES Areas I and II. Within Norwegian and Russian EEZ and International Waters
Saithe	MSC	Not Recommended	Saithe	<i>Pollachius virens</i>	EURONOR saithe	Wild	Bottom trawl	The North Sea and the Arctic Ocean (ICES subareas I, II and IV)
Saithe	MSC	Not Recommended	Saithe	<i>Pollachius virens</i>	Scapêche and Compagnie de Pêche de St. Malo saithe	Wild	Bottom trawl	North Sea, West Scotland, Arctic
Saithe	MSC	Not Recommended	Saithe	<i>Pollachius virens</i>	Scottish Fisheries Sustainable Accreditation Group (SFSAG) saithe	Wild	Bottom trawl	North Sea and West of Scotland
Saithe	MSC	Not Recommended	Saithe	<i>Pollachius virens</i>	DFPO Denmark North Sea & Skagerrak saithe	Wild	Bottom trawl, Gillnet	North Sea (ICES area IV) and Divisions IIIa,b,c,d
Saithe	MSC	Not Recommended	Saithe	<i>Pollachius virens</i>	Arkhangelsk Trawl Fleet Barents Sea cod, haddock, and saithe	Wild	Trawl	Barents and Norwegian Seas
Salmon (Atlantic)		Ocean Wise	Atlantic salmon	<i>Salmo salar</i>		Farmed	Recirculating aquaculture system (RAS)	Worldwide
Salmon (Atlantic)		Ocean Wise	Atlantic salmon (Blue Circle Brand only)	<i>Salmo salar</i>		Farmed	Open net pen	Norway - Kvaroy and Selsoyvik farms only
Salmon (Atlantic)		Not Recommended	Atlantic salmon	<i>Salmo salar</i>		Farmed	Open net pen	British Columbia
Salmon (Atlantic)		Not Recommended	Atlantic salmon	<i>Salmo salar</i>		Farmed	Open net pen	Norway
Salmon (Atlantic)		Not Recommended	Atlantic salmon	<i>Salmo salar</i>		Farmed	Open net pen	Chile
Salmon (Atlantic)		Not Recommended	Atlantic salmon	<i>Salmo salar</i>		Farmed	Open net pen	Scotland
Salmon (Atlantic)		Not Recommended	Atlantic salmon	<i>Salmo salar</i>		Farmed	Open net pen	Atlantic Canada, Maine, US
Salmon (Atlantic)	ASC	Not Recommended	Atlantic Salmon	<i>Salmo spp.</i>		Farmed	Open net pen	Worldwide
Salmon (Chinook)		Ocean Wise	Chinook salmon	<i>Oncorhynchus tshawytscha</i>		Wild	Gillnet	BC north coast, BC central coast, transboundary Canada
Salmon (Chinook)		Ocean Wise	Chinook salmon	<i>Oncorhynchus tshawytscha</i>		Wild	Troll, Pole	BC north coast
Salmon (Chinook)		Ocean Wise	Chinook salmon	<i>Oncorhynchus tshawytscha</i>		Wild	Gillnet	Washington North Pacific
Salmon (Chinook)		Ocean Wise	Chinook salmon	<i>Oncorhynchus tshawytscha</i>		Farmed	Open net pen	New Zealand
Salmon (Chinook)	MSC	Ocean Wise	Chinook salmon	<i>Oncorhynchus tshawytscha</i>	Alaska Salmon - Prince William Sound	Wild	Gillnets, seines driftnets, hook and line, troll,	Prince William Sound, Alaska
Salmon (Chinook)	MSC	Ocean Wise	Chinook salmon	<i>Oncorhynchus tshawytscha</i>	Alaska Salmon	Wild	Gillnets, seines driftnets, hook and line, troll,	Alaska **except South East Alaska and Yakutat
Salmon (Chinook)	MSC	Not Recommended	Chinook salmon	<i>Oncorhynchus tshawytscha</i>	Alaska Annette Islands Reserve	Wild	Gillnets, purse seine	AK Annette Islands
Salmon (Chinook)		Not Recommended	Chinook salmon	<i>Oncorhynchus tshawytscha</i>		Wild	Gillnet, Purse seine, Troll	US Washington, Oregon, California ** except WA North Pacific
Salmon (Chinook)		Not Recommended	Chinook salmon	<i>Oncorhynchus tshawytscha</i>		Wild	Troll, Pole	BC: West Vancouver Island
Salmon (Chinook)		Not Recommended	Chinook salmon	<i>Oncorhynchus tshawytscha</i>		Wild	Unassociated purse seine, Gillnet	BC south coast
Salmon (Chum)		Ocean Wise	Chum salmon	<i>Oncorhynchus keta</i>		Wild	Purse seine, Gillnet, Troll	BC
Salmon (Chum)		Ocean Wise	Chum salmon	<i>Oncorhynchus keta</i>		Wild	Gillnet	United States: Washington North Pacific

Salmon (Chum)	MSC	Ocean Wise	Chum salmon	<i>Oncorhynchus keta</i>	British Columbia Chum Salmon	Wild	Purse seine, Troll, Gillnet	Inner South Coast, West Vancouver Island
Salmon (Chum)	MSC	Ocean Wise	Chum salmon	<i>Oncorhynchus keta</i>	VA-Delta Kamchatka salmon	Wild	Trap net in sea, beach seines in river	Russia: Sea of Okhotsk and Ozernaya, Koshegochek, Golgina, Opala, Kol and Vorovskaya Rivers
Salmon (Chum)	MSC	Ocean Wise	Chum salmon	<i>Oncorhynchus kisutch</i>	Alaska Salmon	Wild	Gillnets, seines driftnets, hook and line, troll,	Alaska **except South East Alaska and Yakutat
Salmon (Chum)	MSC	Ocean Wise	Chum salmon	<i>Oncorhynchus kisutch</i>	Alaska Salmon - Prince William Sound	Wild	Gillnets, seines driftnets, hook and line, troll,	Prince William Sound, Alaska
Salmon (Chum)	MSC	Not Recommended	Chum salmon	<i>Oncorhynchus kisutch</i>	Alaska Annette Islands Reserve	Wild	Gillnets, purse seine	AK Annette Islands
Salmon (Chum)	MSC	Not Recommended	Chum salmon	<i>Oncorhynchus keta</i>	Iturup Island pink & chum salmon	Wild	Trap	Iturup Island, Russia
Salmon (Chum)		Not Recommended	Chum salmon	<i>Oncorhynchus keta</i>		Wild	Troll, Gillnet, Purse seine	US Washington, Oregon, California ** except WA North Pacific
Salmon (Coho)		Ocean Wise	Coho salmon	<i>Oncorhynchus kisutch</i>		Wild	Gillnet	Washington North Pacific
Salmon (Coho)		Ocean Wise	Coho salmon	<i>Oncorhynchus kisutch</i>		Wild	Gillnet	BC central coast, transboundary Canada
Salmon (Coho)		Ocean Wise	Coho salmon	<i>Oncorhynchus kisutch</i>		Wild	Troll, Unassociated purse seine	North Coast BC
Salmon (Coho)		Ocean Wise	Coho salmon, sockeye salmon	<i>Oncorhynchus kisutch, O. nerka</i>		Farmed	Recirculating aquaculture system (RAS)	Canada: BC, US
Salmon (Coho)	MSC	Ocean Wise	Coho Salmon	<i>Oncorhynchus kisutch</i>	Alaska Salmon	Wild	Purse seine, gillnet, troll	Alaska **except South East Alaska and Yakutat
Salmon (Coho)	MSC	Not Recommended	Coho Salmon	<i>Oncorhynchus kisutch</i>	Alaska Annette Islands Reserve	Wild	Gillnets, purse seines	AK Annette Islands
Salmon (Coho)		Not Recommended	Coho salmon	<i>Oncorhynchus kisutch</i>		Wild	Troll, Gillnet, Purse seine	US Washington, Oregon, California ** except WA North Pacific
Salmon (Coho)		Not Recommended	Coho salmon	<i>Oncorhynchus kisutch</i>		Wild	Unassociated purse seine, Gillnet	BC south coast
Salmon (Coho)		Not Recommended	Coho salmon	<i>Oncorhynchus kisutch</i>		Wild	Troll, Pole	BC: West Vancouver Island
Salmon (Coho)		Not Recommended	Coho salmon	<i>Oncorhynchus kisutch</i>		Farmed	Open net pen	Chile
Salmon (Pink)		Ocean Wise	Pink salmon	<i>Oncorhynchus gorbuscha</i>		Wild	Gillnet, Purse seine	US Puget Sound
Salmon (Pink)		Ocean Wise	Pink salmon	<i>Oncorhynchus gorbuscha</i>		Wild	Purse seine, Gillnet, Troll	BC
Salmon (Pink)		Ocean Wise	Pink salmon	<i>Oncorhynchus gorbuscha</i>		Wild	Reefnet	Washington
Salmon (Pink)	MSC	Ocean Wise	Pink salmon	<i>Oncorhynchus gorbuscha</i>	British Columbia Pink Salmon	Wild	Beach seine, Gillnet, Weir, Purse seine, Various	Fraser River, Inner South Coast, North/Central Coast, Haida Gwaii
Salmon (Pink)	MSC	Ocean Wise	Pink salmon	<i>Oncorhynchus gorbuscha</i>	VA-Delta Kamchatka salmon	Wild	Trap net in sea, beach seines in river	Russia: Sea of Okhotsk and Ozernaya, Koshegochek, Golgina, Opala, Kol and Vorovskaya Rivers
Salmon (Pink)	MSC	Ocean Wise	Pink salmon	<i>Oncorhynchus gorbuscha</i>	Alaska Salmon	Wild	Purse seine, gillnet, troll	Alaska **except South East Alaska and Yakutat

Salmon (Pink)	MSC	Ocean Wise	Pink salmon	<i>Oncorhynchus gorbuscha</i>	Alaska Salmon - Prince William Sound	Wild	Gillnets, seines driftnets, hook and line, troll,	Prince William Sound, Alaska
Salmon (Pink)	MSC	Not Recommended	Pink salmon	<i>Oncorhynchus gorbuscha</i>	Alaska Annette Islands Reserve	Wild	Gillnets, purse seines	AK Annette Islands
Salmon (Pink)		Not Recommended	Pink salmon	<i>Oncorhynchus gorbuscha</i>		Wild	Troll, Gillnet, Purse seine	US Washington, Oregon, California ** except Puget Sound (gillnet, drift net, purse seine)
Salmon (Pink)	MSC	Not Recommended	Pink salmon	<i>Oncorhynchus gorbuscha</i>	Iturup Island pink & chum salmon	Wild	Trap	Iturup Island, Russia
Salmon (Pink)	MSC	Not Recommended	Pink salmon	<i>Oncorhynchus gorbuscha</i>	Sakhalin Island Northeast trap net pink salmon	Wild	Trap net, Gillnet	East Sakhalin Island, Russia
Salmon (Sockeye)		Ocean Wise	Sockeye salmon	<i>Oncorhynchus nerka</i>		Wild	Gillnet	Washington North Pacific
Salmon (Sockeye)		Ocean Wise	Sockeye salmon	<i>Oncorhynchus nerka</i>		Wild	Purse seine, Gillnet, Troll	BC
Salmon (Sockeye)		Ocean Wise	Sockeye salmon (Early summer run)	<i>Oncorhynchus nerka</i>		Wild	Reefnet	Washington - Lummi Island, San Juan Island
Salmon (Sockeye)	MSC	Ocean Wise	Sockeye salmon	<i>Oncorhynchus nerka</i>	Alaska Salmon	Wild	Purse seine, gillnet, troll	Alaska **except South East Alaska and Yakutat
Salmon (Sockeye)	MSC	Not Recommended	Sockeye salmon	<i>Oncorhynchus nerka</i>	Alaska Annette Islands Reserve	Wild	Gillnets, purse seines	AK Annette Islands
Salmon (Sockeye)	MSC	Ocean Wise	Sockeye salmon	<i>Oncorhynchus nerka</i>	Alaska Salmon - Prince William Sound	Wild	Gillnets, seines driftnets, hook and line, troll,	Prince William Sound, Alaska
Salmon (Sockeye)	MSC	Ocean Wise	Sockeye salmon	<i>Oncorhynchus nerka</i>	British Columbia sockeye salmon	Wild	Gillnet, Purse seine	Barkley Sound, Nass River, Skeena River
Salmon (Sockeye)	MSC	Ocean Wise	Sockeye salmon	<i>Oncorhynchus nerka</i>	VA-Delta Kamchatka salmon	Wild	Coastal trap nets in the sea, and beach seines in rivers	Russia: Sea of Okhotsk and Ozernaya, Koshegochek, Golgina, Opala, Kol and Vorovskaya Rivers
Salmon (Sockeye)		Not Recommended	Sockeye salmon	<i>Oncorhynchus nerka</i>		Wild	Troll, Gillnet, Purse seine	US Washington, Oregon, California ** except WA North Pacific
Salmon (Sockeye)	MSC	Not Recommended	Sockeye salmon	<i>Oncorhynchus nerka</i>	Ozernaya River sockeye salmon	Wild	Gillnet, Purse seine	Ozernaya River, Russia
Salmon (Sockeye)		Under Review	Sockeye salmon	<i>Oncorhynchus nerka</i>		Wild	Purse seine, Gillnet, Troll	Russia, Japan
Sanddab		Ocean Wise	Pacific sanddab	<i>Citharichthys sordidus</i>		Wild	Bottom trawl	Washinton, Oregon, California
Sardine		Ocean Wise	Pacific sardine	<i>Sardinops sagax</i>		Wild	Purse seine	US Pacific, Canadian Pacific
Sardine	MSC	Ocean Wise	Sardine	<i>Sardina pilchardus</i>	South Brittany sardine purse seine	Wild	Purse seine	Bay of Biscay
Sardine		Not Recommended	European sardine / Atlantic sardine	<i>Sardina pilchardus</i>		Wild	Unassociated purse seine, Midwater trawl	Mediterranean Sea, Black Sea
Sardine	MSC	Not Recommended	Sardine	<i>Sardina pilchardus</i>	Cornwall sardine, UK	Wild	Ring net, Gillnet	Cornwall, UK
Sardine	MSC	Not Recommended	Sardine	<i>Sardina pilchardus</i>	Gulf of California, Mexico - sardine	Wild	Purse seine	Gulf of California, Mexico
Sardine	MSC	Not Recommended	Sardine	<i>Sardina pilchardus</i>	Portugal sardine purse seine	Wild	Purse seine	Portugal
Sardine	MSC	Not Recommended	Sardine	<i>Sardina pilchardus</i>	Bay of Biscay purse seine sardine fishery	Wild	Purse seine	Bay of Biscay
Scad		Ocean Wise	Bigeye scad	<i>Selar crumenophthalmus</i>		Wild	Handline, Purse seine	Hawaii
Scad		Ocean Wise	Mackerel scad	<i>Decapterus macarellus</i>		Wild	Handline, Lift net	Hawaii
Scallop	ASC	Ocean Wise	Scallops (various)	Multiple Species		Farmed	Various	Worldwide
Scallop	Canadian Organic	Ocean Wise	Scallops (various)	Multiple Species		Farmed	Various	Canada
Scallop		Ocean Wise	Baja scallop, lions paw scallop	<i>Nodipecten subnodosus</i>		Wild	Diver	Baja California

Scallop		Ocean Wise	Bay scallop	<i>Argopecten irradians (or Aequipecten)</i>		Farmed	Off-bottom culture, On-bottom culture, Dredge, Hand harvest	Worldwide
Scallop		Ocean Wise	Chilean/Peruvian scallop	<i>Argopecten purpuratus</i>		Farmed	Off-bottom culture	Chile
Scallop		Ocean Wise	Japanese scallop	<i>Pecten yessoensis</i>		Farmed	Off-bottom culture	Japan
Scallop		Ocean Wise	Mexican Bay Scallops	<i>Argopecten ventricosus</i>		Wild	Diver	Magdalena Bay, Baja California Sur (Mexico)
Scallop		Ocean Wise	Peruvian Calico scallop	<i>Argopecten purpuratus</i>		Wild	Diver	Peru, Sechura Bay
Scallop		Ocean Wise	Qualicum Beach scallop	<i>Patinopecten x</i>		Farmed	Off-bottom culture	Vancouver Island
Scallop		Ocean Wise	Scallops (various)	<i>Argopecten spp., Chlamys spp., Patinopecten spp., Patenopecten spp.</i>		Farmed	Off-bottom culture, On-bottom culture	Worldwide
Scallop		Ocean Wise	Weatherwane scallop	<i>Patinopecten caurinus</i>		Wild	Dredge	Alaska
Scallop	MSC	Ocean Wise	Pategonian Scallop	<i>Zygochlamys patagonica</i>	Pategonian Scallop	Wild	Dredge	Argentina
Scallop	MSC	Ocean Wise	Queen scallop	<i>Aequipecten opercularis</i>	Faroe Islands queen scallop	Wild	Dredge	Faroe Islands
Scallop	MSC	Ocean Wise	Yesso scallop	<i>Patinopecten yessoensis</i>	Zhangzidao scallop	Wild/Farmed	Off-bottom culture, Diver, Dredge	The North Yellow sea
Scallop		Not Recommended	Sea scallop (giant scallop)	<i>Placopecten magellanicus</i>		Wild	Dredge	Canada
Scallop	MSC	Not Recommended	Atlantic Sea Scallop	<i>Placopecten magellanicus</i>	FBSA Canada Full Bay sea scallop	Wild	Dredge	The Bay of Fundy and Scallop Fishing Area 29
Scallop	MSC	Not Recommended	Japanese scallop	<i>Patinopecten yessoensis</i>	Japanese scallop hanging and seabed enhanced fisheries	Wild	Various	Japan Sea and Funka Bay
Scallop	MSC	Not Recommended	King scallops	<i>Pecten maximus</i>	SSMO Shetland inshore brown & velvet crab, lobster and scallop fishery	Wild	Dredge	EU waters-ICES Areas IVa which is within 6 nautical miles of Shetland
Scallop	MSC	Not Recommended	Sea scallop	<i>Placopecten magellanicus</i>	US Sea Scallop	Wild	Dredge	US Mid-Atlantic, Georges Banks
Scallop		Not Recommended	Bay scallop	<i>Argopecten irradians</i>		Wild	Dredge	US: New York, Massachusetts
Scup/ Porgy		Ocean Wise	Scup	<i>Stenotomus chrysops</i>		Wild	Bottom trawl	US: New England
Scup/ Porgy		Ocean Wise	aka Fairmaid, Ironside, Scuppaug	<i>Stenotomus chrysops</i>		Wild	Bottom trawl	US: mid-Atlantic
Sea bass, European		Ocean Wise	European seabass, branzino	<i>Dicentrarchus labrax</i>		Farmed	Recirculating Aquaculture System (RAS)	Worldwide
Sea bass, European	MSC	Ocean Wise	Dutch rod and line fishery for sea bass	<i>Dicentrarchus labrax</i>		Wild	Handline	Southern North Sea
Sea bass, European		Not Recommended	European seabass, branzino	<i>Dicentrarchus labrax</i>		Farmed	Open net pen	Mediterranean Sea
Sea Bream		Not Recommended	Black seabream	<i>Spondylisoma cantharus</i>		Wild	Handline, Midwater trawl, Bottom gillnet, Bottom trawl	United Kingdom, France
Sea Bream		Not Recommended	Gilthead seabream	<i>Sparus aurata</i>		Farmed	Open net pen	Mediterranean Sea
Sea Cucumber		Ocean Wise	Giant Red Sea Cucumber	<i>Paratichopus californicus</i>		Wild	Diver	British Columbia
Sea Cucumber		Ocean Wise	Orange-footed sea cucumber	<i>Cucumaria frondosa</i>		Wild	Towed dredges	Newfoundland and Labrador, Quebec
Sea Cucumber		Not Recommended	Orange-footed sea cucumber	<i>Cucumaria frondosa</i>		Wild	Towed dredges	Nova Scotia, New Brunswick
Seaweed		Ocean Wise	Seaweed	<i>All species</i>		Farmed	Various	Worldwide
Shark		Ocean Wise	Spiny dogfish	<i>Squalus acanthias</i>		Wild	Bottom trawl	Washington, Oregon, California
Shark		Not Recommended	Common thresher shark	<i>Alopias vulpinus</i>		Wild	Gillnet	California

Shark		Not Recommended	Blue shark	<i>Prionace glauca</i>		Wild	Pelagic longline, Deepset longline, Shallowset longline	South Pacific, East Pacific, North Pacific, WCPO, Indian Ocean, North Atlantic, South Atlantic, Canada
Shark		Not Recommended	Silky shark	<i>Cacharhinus falciformis</i>		Wild	Pelagic longline, FAD purse seine	East Pacific, South Pacific, North Pacific, Sri Lanka Indian Ocean
Shark		Not Recommended	Porbeagle shark	<i>Lamna nasus</i>		Wild	Pelagic longline	Canadian Atlantic
Shark		Not Recommended	Porbeagle shark	<i>Lamna nasus</i>		Wild	Handline, Pelagic longline, Various	Atlantic ocean
Shark		Not Recommended	Shortfin mako shark	<i>Isurus oxyrinchus</i>		Wild	Gillnet	California
Shark		Not Recommended	Shortfin mako shark	<i>Isurus oxyrinchus</i>		Wild	Pelagic longline	WCPO, North Pacific, South Pacific, Indian Ocean, North Atlantic, South Atlantic, Canada North Atlantic, US North Atlantic
Shark		Not Recommended	Spiny dogfish	<i>Squalus acanthias</i>		Wild	Trawl; Longline; Handline	Worldwide (except US West coast)
Shrimp/Prawns	ASC	Ocean Wise	Shrimp	Multiple Species		Farmed	Various	Worldwide
Shrimp/Prawns	Naturland	Ocean Wise	Shrimp	Multiple Species		Farmed	Various	Worldwide
Shrimp/Prawns		Ocean Wise	Giant freshwater prawn	<i>Macrobrachium rosenbergii</i>		Farmed	Pond	Central America, North America, South America
Shrimp/Prawns		Ocean Wise	Giant freshwater prawn	<i>Macrobrachium rosenbergii</i>		Farmed	Pond	Asia
Shrimp/Prawns		Ocean Wise	Northern pink shrimp	<i>Pandalus borealis</i>		Wild	Trap	Nova Scotia: Chedabucto Bay
Shrimp/Prawns		Ocean Wise	Humpback shrimp (Coonstripe shrimp)	<i>Pandalus hypsinotus</i>		Wild	Trap	BC, Alaska, California
Shrimp/Prawns		Ocean Wise	Northern shrimp	<i>Pandalus borealis</i>		Wild	Bottom trawl	Alaska
Shrimp/Prawns		Ocean Wise	Northern shrimp	<i>Pandalus borealis</i>		Wild	Bottom trawl	British Columbia
Shrimp/Prawns		Ocean Wise	Pink shrimp	<i>Pandalus jordani</i>		Wild	Modified trawl	Oregon
Shrimp/Prawns		Ocean Wise	Pink shrimp	<i>Pandalus jordani</i>		Wild	Bottom trawl	British Columbia
Shrimp/Prawns		Ocean Wise	Ridgeback shrimp	<i>Sicyonia ingentis</i>		Wild	Bottom trawl	California
Shrimp/Prawns		Ocean Wise	Sidestripe shrimp	<i>Pandalopsis dispar</i>		Wild	Bottom trawl	British Columbia
Shrimp/Prawns		Ocean Wise	Sidestripe shrimp	<i>Pandalopsis dispar</i>		Wild	Bottom trawl	Alaska
Shrimp/Prawns		Ocean Wise	Spot prawn	<i>Pandalus platyceros</i>		Wild	Trap	Alaska, Washington
Shrimp/Prawns		Ocean Wise	Spot prawn	<i>Pandalus platyceros</i>		Wild	Trap	BC
Shrimp/Prawns		Ocean Wise	Tiger shrimp (Selva brand only)	<i>Penaeus monodon</i>		Farmed	Silvofishery: extensive mixed shrimp and mangrove forestry using Selva Shrimp Criteria®	Vietnam: Ca Mau
Shrimp/Prawns		Ocean Wise	Whiteleg shrimp	(Lito) <i>Penaeus vannamei</i>		Farmed	Recirculating aquaculture system (RAS), Pond, Raceway	US
Shrimp/Prawns	MSC	Ocean Wise	Coldwater Prawn	<i>Pandalus borealis</i>	Norway North East Arctic cold water prawn	Wild	Trawl	Barents Sea and Svalbard
Shrimp/Prawns	MSC	Ocean Wise	Northern Coldwater Prawn	<i>Pandalus borealis</i>	Canada Scotian Shelf Northern prawn Trawl	Wild	Bottom trawl	CAN - Shrimp Fishing Areas (SFA) 13, 14, 15
Shrimp/Prawns	MSC	Ocean Wise	Northern Coldwater Prawn	<i>Pandalus borealis</i>	Gulf of St. Lawrence northern shrimp	Wild	Bottom trawl	Gulf of St. Lawrence, SFA 9, 10, 12

Shrimp/Prawns	MSC	Ocean Wise	Northern Coldwater Prawn	<i>Pandalus borealis</i>	Canada offshore northern and striped shrimp	Wild	Bottom trawl	Atlantic Canada - SFAs 1,2,3,4,5,6,
Shrimp/Prawns	MSC	Ocean Wise	Offshore Striped Shrimp	<i>Pandalus montagu</i>	Canada offshore northern and striped shrimp	Wild	Bottom trawl	Atlantic Canada - SFAs 2,3,& 4
Shrimp/Prawns	MSC	Ocean Wise	Northern shrimp, pink shrimp, deepwater prawn, deep-sea prawn, great northern prawn and crevette nordique	<i>Pandalus borealis</i>	Faroe Islands North East Arctic cold water prawn	Wild	Bottom trawl; Modified trawl	Barrents sea
Shrimp/Prawns	MSC	Ocean Wise	Oregon Pink shrimp	<i>Pandalus jordani</i>	Oregon and Washington pink shrimp	Wild	Midwater Trawl	Oregon & Washington Coast
Shrimp/Prawns	MSC	Ocean Wise	Northern Coldwater Prawn	<i>Pandalus borealis</i>	Estonia North East Arctic cold water prawn	Wild	Bottom trawl; Modified trawl	ICES Ia,b and Iib. FAO 27
Shrimp/Prawns		Not Recommended	Northern Coldwater Prawn	<i>Pandalus borealis</i>	Canada offshore northern and striped shrimp	Wild	Bottom trawl	Atlantic Canada - SFA 7
Shrimp/Prawns		Not Recommended	Argentine red shrimp	<i>Pleoticus muelleri</i>		Wild	Bottom trawl	Argentina
Shrimp/Prawns		Not Recommended	Blue shrimp	<i>Litopenaeus stylirostris</i>		Wild	Trawl; Various	Gulf of Mexico, Mexico
Shrimp/Prawns		Not Recommended	Brown shrimp (Gulf shrimp)	<i>Farfantepenaeus aztecus</i>		Wild	Bottom trawl, Skimmer trawl	US South Atlantic, US Gulf of Mexico
Shrimp/Prawns		Not Recommended	Chinese white shrimp	(<i>Fennero</i>) <i>Penaeus chinensis</i>		Farmed	Pond	Asia
		Not Recommended	Giant freshwater prawn	<i>Macrobrachium rosenbergii</i>		Farmed	Pond	Bangladesh
Shrimp/Prawns		Not Recommended	Humpy shrimp	<i>Pandalus goniurus</i>		Wild	Various	BC, Alaska, California, Oregon, Washington
Shrimp/Prawns		Not Recommended	Pink shrimp	<i>Pandalus jordani</i>		Wild	Bottom trawl	California, Washington
Shrimp/Prawns		Not Recommended	Pink shrimp (Gulf shrimp)	<i>Penaeus duorarum</i>		Wild	Bottom trawl, Skimmer trawl	US South Atlantic, US Gulf of Mexico
Shrimp/Prawns		Not Recommended	Rock shrimp (Gulf shrimp)	<i>Sicyonia brevirostris</i>		Wild	Bottom trawl, Midwater trawl, Cast net	Gulf of Mexico, Florida Gulf, South Atlantic
Shrimp/Prawns		Not Recommended	Royal red shrimp (Gulf shrimp)	<i>Hymenopenaeus robustus,</i>		Wild	Bottom trawl, Skimmer trawl	Gulf of Mexico, US South Atlantic
Shrimp/Prawns		Not Recommended	Seabob shrimp (Gulf shrimp)	<i>Xiphopenaeus kroyeri</i>		Wild	Bottom trawl, Skimmer trawl	US South Atlantic, US Gulf of Mexico
Shrimp/Prawns		Not Recommended	Spot prawn	<i>Pandalus platyceros</i>		Wild	Trap	California
Shrimp/Prawns		Not Recommended	Tiger prawn	<i>Penaeus monodon</i>		Farmed	Pond	Asia, South America
Shrimp/Prawns		Not Recommended	Tiger prawn	<i>Penaeus monodon</i>		Farmed	Pond	Bangladesh
Shrimp/Prawns		Not Recommended	Tiger prawn	<i>Penaeus monodon</i>		Farmed	Pond	India
Shrimp/Prawns		Not Recommended	Tiger prawn	<i>Penaeus monodon</i>		Farmed	Pond	Indonesia
Shrimp/Prawns		Not Recommended	Giant tiger prawn	<i>Penaeus monodon</i>		Farmed	Pond	Malaysia
Shrimp/Prawns		Not Recommended	Giant tiger prawn	<i>Penaeus monodon</i>		Farmed	Pond Silviculture	Vietnam
Shrimp/Prawns		Not Recommended	White shrimp	<i>Litopenaeus vannamei</i>		Farmed	Pond	Malaysia
Shrimp/Prawns		Not Recommended	Whiteleg shrimp	(<i>Lito</i>) <i>Penaeus vannamei</i>		Farmed	Pond	Honduras
Shrimp/Prawns		Not Recommended	Whiteleg shrimp	(<i>Lito</i>) <i>Penaeus vannamei</i>		Farmed	Pond	India
Shrimp/Prawns		Not Recommended	Whiteleg shrimp	(<i>Lito</i>) <i>Penaeus vannamei</i>		Farmed	Pond	Indonesia
Shrimp/Prawns		Not Recommended	Whiteleg shrimp	(<i>Lito</i>) <i>Penaeus vannamei</i>		Farmed	Pond	Ecuador
Shrimp/Prawns		Not Recommended	Whiteleg shrimp	(<i>Lito</i>) <i>Penaeus vannamei</i>		Wild/Farmed	Trawl; Pond	Mexico to Peru
Shrimp/Prawns		Not Recommended	Whiteleg shrimp	(<i>Lito</i>) <i>Penaeus vannamei</i>		Farmed	Pond	Thailand
Shrimp/Prawns		Not Recommended	Whiteleg shrimp	(<i>Lito</i>) <i>Penaeus vannamei</i>		Farmed	Pond	China
Shrimp/Prawns		Not Recommended	Whiteleg shrimp	(<i>Lito</i>) <i>Penaeus vannamei</i>		Farmed	Intensive Pond	Vietnam

Shrimp/Prawns	MSC	Not Recommended	Atlantic seabob shrimp	<i>Xiphopenaeus kroyeri</i>	Suriname Atlantic seabob shrimp	Wild	Bottom trawl	Suriname
Shrimp/Prawns	MSC	Not Recommended	Brown Tiger Prawn	<i>Penaeus esculentus</i>	Exmouth Gulf prawn	Wild	Bottom trawl	North/northwest waters of Exmouth Gulf, Western Australia
Shrimp/Prawns	MSC	Not Recommended	Western King prawn	<i>Penaeus latisulcatus</i>	Exmouth Gulf prawn	Wild	Bottom trawl	North/northwest waters of Exmouth Gulf, Western Australia
Shrimp/Prawns	MSC	Not Recommended	Brown Tiger Prawn	<i>Penaeus esculentus</i>	Shark Bay prawn	Wild	Bottom trawl	North/northwest waters of Exmouth Gulf, Western Australia
Shrimp/Prawns	MSC	Not Recommended	Western King prawn	<i>Penaeus latisulcatus</i>	Shark Bay prawn	Wild	Bottom trawl	North/northwest waters of Exmouth Gulf, Western Australia
Shrimp/Prawns	MSC	Not Recommended	Coldwater Prawn	<i>Pandalus borealis</i>	West Greenland coldwater prawn	Wild	Bottom trawl	West Greenland
Shrimp/Prawns	MSC	Not Recommended	Cold water prawns, shrimp, northern shrimp, deep-water shrimp, pink shrimp, northern red shrimp	<i>Pandalus borealis</i>	Denmark Skagerrak and the Norwegian Deep cold water prawn	Wild	Bottom trawl	Skagerrak, Kattegat and the Norwegian Deep. ICES divisions: IIIa and IVa East. FAO statistical area: 27
Shrimp/Prawns	MSC	Not Recommended	Cold water prawns, shrimp, northern shrimp, deep-water shrimp, pink shrimp, northern red shrimp	<i>Pandalus borealis</i>	Norway Skagerrak and the Norwegian Deep cold-water prawn	Wild	Bottom trawl	North Sea and Skagerrak, FAO statistical area 27. ICES Divisions IIIa and IVa East
Shrimp/Prawns	MSC	Not Recommended	King Prawn	<i>Penaeus latisulcatus</i>	Spencer Gulf king prawn	Wild	Bottom trawl	The Spencer Gulf of South Australia
Shrimp/Prawns	MSC	Not Recommended	Northern Shrimp	<i>Pandalus borealis</i>	Sweden Skagerrak, Kattegat and the Norwegian Deep cold-water prawn	Wild	Bottom trawl	ICES Divisions IIIa West and IVa East (Skagerrak and the Norwegian Deep) in Norwegian and EU waters, FAO 27
Shrimp/Prawns	MSC	Not Recommended	Nylon Shrimp	Heterocarpus reedi	Chile squat lobsters and nylon shrimp modified trawl fishery	Wild	Bottom trawl; Modified trawl	FAO statistical area 87, South East Pacific
Skate		Ocean Wise	Big skate	<i>Raja binoculata</i>		Wild	Bottom longline, bottom trawl	British Columbia
Skate		Ocean Wise	Big skate	<i>Raja binoculata</i>		Wild	Bottom trawl	Oregon, California, Washington
Skate		Ocean Wise	California skate	<i>Raja inornata</i>		Wild	Bottom trawl	Oregon, California, Washington
Skate		Ocean Wise	Longnose skate	<i>Raja rhina</i>		Wild	Bottom trawl	Oregon, California, Washington
Skate	MSC	Ocean Wise	Longnose skate	<i>Raja rhina</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl; Midwater trawl	Washington, Oregon, California
Skate		Not Recommended	Longnose skate	<i>Raja rhina</i>		Wild	Bottom trawl, Bottom longline	British Columbia
Skate		Not Recommended	Winter skate	<i>Leucoraja ocellata</i>		Wild	Trawl, Bottom gillnet	US Atlantic
Smelt		Ocean Wise	Rainbow smelt	<i>Osmerus mordax</i>		Wild	Bottom gillnet, Midwater trawl	Canada (Lake Erie, Lake Huron)
Smelt		Ocean Wise	Rainbow smelt	<i>Osmerus mordax</i>		Wild	Bottom gillnet, Trap net	US (Lake Superior)
Smelt	MSC	Ocean Wise	Great silver smelt	<i>Argentina silus</i>	Faroe Islands silver smelt	Wild	Trawl	Faroe Bank & Faroe Plateau
Smelt		Under Review	Night smelt	<i>Spirinchus starksi</i>		Wild	Dip net; Gillnet	California, Oregon
Snapper		Ocean Wise	Blacktail snapper	<i>Lutjanus fulvus</i>		Wild	Handline, surround net, diver	Hawaii

Snapper		Ocean Wise	Bluestriped snapper	<i>Lutjanus kasmira</i>		Wild	Handline, surround net, diver	Hawaii
Snapper		Ocean Wise	Gray snapper	<i>Lutjanus griseus</i>		Wild	Diver	US: Gulf of Mexico
Snapper		Ocean Wise	Gray snapper (uku)	<i>Aprion virescens</i>		Wild	Handline, Troll, Pole	Hawaii
Snapper		Ocean Wise	Kalekale snapper	<i>Pristipomoides sieboldii</i>		Wild	Handline	Hawaii
Snapper		Ocean Wise	Mutton snapper	<i>Lutjanus analis</i>		Wild	Handline, Diver	US Gulf of Mexico, US South Atlantic
Snapper		Ocean Wise	Oblique-banded snapper	<i>Pristipomoides zonatus</i>		Wild	Handline	Hawaii
Snapper		Ocean Wise	Pink snapper	<i>Pristipomoides filamentosus</i>		Wild	Handline	Hawaii
Snapper		Ocean Wise	Red snapper	<i>Etelis carbunculus</i>		Wild	Handline	Hawaii
Snapper		Ocean Wise	Ruby snapper	<i>Etelis coruscans</i>		Wild	Handline	Hawaii
Snapper		Ocean Wise	Rusty jobfish	<i>Aphareus rustilans</i>		Wild	Handline	Hawaii
Snapper		Ocean Wise	Yellowtail snapper	<i>Ocyurus chrysurus</i>		Wild	Handline	Gulf of Mexico
Snapper		Not Recommended	Red snapper	<i>Lutjanus campechanus</i>		Wild	Handline, Troll, Pole	US - Gulf of Mexico, South Atlantic
Snapper		Not Recommended	Lane snapper	<i>Lutjanus synagris</i>		Wild	Handline, Trap	Brazil Atlantic
Snapper		Not Recommended	Lane snapper	<i>Lutjanus synagris</i>		Wild	Handline, Bottom longline	Gulf of Mexico, US South Atlantic
Snapper		Not Recommended	Mutton snapper	<i>Lutjanus analis</i>		Wild	Handline, Trap	Brazil Atlantic
Snapper		Not Recommended	Mutton snapper	<i>Lutjanus analis</i>		Wild	Bottom longline	US Gulf of Mexico
Snapper		Not Recommended	Gray snapper	<i>Lutjanus griseus</i>		Wild	Handline	US: Gulf of Mexico, Southeast Atlantic
Snapper		Not Recommended	Thai Snapper, Porgy, Red Hawaiian Porgy, Squirefish, Sea Bream, Red Bream, Cockney	<i>Pagrus auratus, Chrysophrys auratus</i>		Wild	Trawl; Bottom longline; Handline; Danish seine	New Zealand
Snapper		Not Recommended	Vermilion snapper	<i>Rhomboplites aurorubens</i>		Wild	Handline, Troll, Pole	US - Gulf of Mexico, South Atlantic
Snapper		Not Recommended	Yellowtail snapper	<i>Ocyurus chrysurus</i>		Wild	Handline, Troll, Pole, Trap	US - Gulf of Mexico, South Atlantic, Brazil
Sole		Ocean Wise	Butter sole	<i>Isopsetta isolepis</i>		Wild	Bottom trawl	Alaska
Sole		Ocean Wise	Dover sole	<i>Microstomus pacificus</i>		Wild	Bottom trawl	Alaska
Sole		Ocean Wise	Dover sole	<i>Microstomus pacificus</i>		Wild	Bottom trawl	Washington, Oregon, California
Sole		Ocean Wise	English sole	<i>Parophrys vetulus</i>		Wild	Bottom trawl	British Columbia
Sole		Ocean Wise	English sole	<i>Parophrys vetulus</i>		Wild	Bottom trawl	Washington, Oregon, California
Sole		Ocean Wise	Flathead sole	<i>Hippoglossoides elassodon</i>		Wild	Bottom trawl	Alaska
Sole		Ocean Wise	Petrale sole	<i>Eopsetta jordani</i>		Wild	Bottom trawl	British Columbia
Sole		Ocean Wise	Petrale sole	<i>Eopsetta jordani</i>		Wild	Bottom trawl	Washington, Oregon, California
Sole		Ocean Wise	Rex sole	<i>Glyptocephalus zachirus</i>		Wild	Bottom trawl	California, Alaska
Sole		Ocean Wise	Rock sole	<i>Lepidopsetta bilineata</i>		Wild	Bottom trawl	Alaska
Sole		Ocean Wise	Yellowfin sole	<i>Pleuronectes asper aka Limanda aspera</i>		Wild	Bottom trawl	Alaska
Sole	MSC	Ocean Wise	Dover sole	<i>Microstomus pacificus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl	Washington, Oregon and California
Sole	MSC	Ocean Wise	English sole	<i>Parophrys vetulus</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl	Washington, Oregon and California

Sole	MSC	Ocean Wise	Petrале sole	<i>Eopsetta jordani</i>	US West Coast limited entry groundfish trawl	Wild	Bottom trawl, Midwater trawl	Washington, Oregon and California
Sole	MSC	Ocean Wise	Flathead Sole	<i>Hippoglossoides elassodon</i>	Alaska Flatfish - Bering Sea and Aleutian Islands	Wild	Bottom trawl	Bering Sea and Aleutian Islands
Sole	MSC	Ocean Wise	Northern rock sole	<i>Lepidopsetta polyxystra</i>	Alaska Flatfish - Bering Sea and Aleutian Islands	Wild	Bottom trawl	Bering Sea and Aleutian Islands
Sole	MSC	Ocean Wise	Yellowfin sole	<i>Limanda aspera</i>	Alaska Flatfish - Bering Sea and Aleutian Islands	Wild	Bottom trawl	Bering Sea and Aleutian Islands
Sole	MSC	Ocean Wise	Flathead Sole	<i>Hippoglossoides elassodon</i>	Alaska Flatfish - Gulf of Alaska	Wild	Bottom trawl	Gulf of Alaska
Sole	MSC	Ocean Wise	Northern rock sole	<i>Lepidopsetta polyxystra</i>	Alaska Flatfish - Gulf of Alaska	Wild	Bottom trawl	Gulf of Alaska
Sole	MSC	Ocean Wise	Rex sole	<i>Glyptocephalus zachirus</i>	Alaska Flatfish - Gulf of Alaska	Wild	Bottom trawl	Gulf of Alaska
Sole	MSC	Ocean Wise	Southern Rock Sole	<i>Lepidopsetta bilineata</i>	Alaska Flatfish - Gulf of Alaska	Wild	Bottom trawl	Gulf of Alaska
Sole		Not Recommended	Dover sole	<i>Microstomus pacificus</i>		Wild	Bottom trawl	British Columbia
Sole		Not Recommended	Rex sole	<i>Errex zachirus</i>		Wild	Bottom trawl	British Columbia
Sole		Not Recommended	Rock sole	<i>Lepidopsetta bilineata</i>		Wild	Bottom trawl	British Columbia
Sole	MSC	Not Recommended	Dover Sole	<i>Solea solea</i>	Cooperative Fishery Organisation (CVO) North Sea plaice and sole	Wild	Trawl; Various	The North Sea
Sole	MSC	Not Recommended	Dover Sole	<i>Solea solea</i>	DFPO Denmark North Sea sole	Wild	Bottom trawl; Gillnet	North Sea
Sole	MSC	Not Recommended	Dover sole	<i>Solea solea</i>	FROM Nord North Sea and Eastern Channel trammel net sole	Wild	Trammel net	North Sea and Eastern Channel: FAO area 27. North Sea stock: ICES subarea IVc. Eastern Channel stock: ICES division VIIId
Spearfish		Not Recommended	Shortbill spearfish	<i>Tetrapturus angustirostris</i>		Wild	Pelagic longline, Pole, Handline, Purse seine, Various	Hawaii, Pacific Imported
Sprat	MSC	Ocean Wise	European Sprat	<i>Sprattus sprattus</i>	LFPO pelagic trawl sprat	Wild	Trawl; various	Northeast Atlantic
Squid		Ocean Wise	Humboldt squid, jumbo squid	<i>Dosidicus gigas</i>		Wild	Jig	Mexico, Gulf of California
Squid		Ocean Wise	Humboldt squid, jumbo squid	<i>Dosidicus gigas</i>		Wild	Jig	Chile, Peru
Squid		Ocean Wise	Japanese flying squid	<i>Todarodes pacificus</i>		Wild	Jig, unassociated purse seine, trap net	Japan
Squid		Not Recommended	Japanese flying squid	<i>Todarodes pacificus</i>		Wild	Bottom trawl	Japan
Squid		Not Recommended	Indian squid	<i>Loligo duveaueceli</i>		Wild	Bottom trawl	India, Thailand
Squid		Not Recommended	Longfin squid	<i>Loligo pealei</i>		Wild	Bottom trawl	US Atlantic
Squid		Not Recommended	Market squid	<i>Loligo opalescens</i>		Wild	Purse seine	California
Squid		Not Recommended	Mitre squid	<i>Loligo chilensis</i>		Wild	Bottom trawl	China, Thailand
Squid		Not Recommended	Argentine shortfin squid	<i>Illex argentinus</i>		Wild	Jig	Argentina
Squid		Not Recommended	Shortfin squid	<i>Illex illecebrosus</i>		Wild	Bottom trawl	East coast US
Steelhead		Ocean Wise	Steelhead	<i>Oncorhynchus mykiss</i>		Farmed	Open net pen, Man-made lake	Lois Lake, Canada
Steelhead		Ocean Wise	Steelhead	<i>Oncorhynchus mykiss</i>		Farmed	Recirculating aquaculture systems (RAS)	Worldwide
Steelhead		Under Review	Steelhead	<i>Oncorhynchus mykiss</i>		Farmed/Wild	Open net pen, Raceway	Canada
Sturgeon		Ocean Wise	Atlantic sturgeon	<i>Acipenser oxyrinchus</i>		Farmed	Recirculating aquaculture system (RAS)	US
Sturgeon		Ocean Wise	Beluga sturgeon	<i>Huso huso</i>		Farmed	Recirculating aquaculture system (RAS)	US
Sturgeon		Ocean Wise	Russian sturgeon	<i>Acipenser gueldenstaedtii</i>		Farmed	Recirculating aquaculture system (RAS)	US
Sturgeon		Ocean Wise	Shortnose sturgeon	<i>Acipenser brevirostrum</i>		Farmed	Recirculating aquaculture system (RAS)	Worldwide

Sturgeon		Ocean Wise	Siberian sturgeon	<i>Acipenser baerii</i>		Farmed	Recirculating aquaculture system (RAS)	US
Sturgeon		Ocean Wise	Sturgeon	<i>Various spp</i>		Farmed	Recirculating aquaculture systems (RAS)	Worldwide
Sturgeon		Ocean Wise	Sterlet	<i>Acipenser ruthenus</i>		Farmed	Recirculating aquaculture system (RAS)	US
Sturgeon		Ocean Wise	White sturgeon	<i>Acipenser transmontanus</i>		Farmed	Recirculating aquaculture system (RAS)	Worldwide
Sturgeon		Ocean Wise	White sturgeon	<i>Acipenser transmontanus</i>		Farmed	Recirculating aquaculture system (RAS)	US
Sturgeon		Not Recommended	Atlantic sturgeon	<i>Acipenser oxyrinchus oxyrinchus</i>		Wild	Large mesh bottom gillnet	Quebec: St Lawrence River
Sturgeon		Not Recommended	Lake sturgeon	<i>Acipenser fulvescens</i>		Wild	Large mesh bottom gillnet	Quebec: St Lawrence River
Sturgeon		Not Recommended	Paddlefish	<i>Polyodon spathula</i>		Wild	Drift gillnet	Mississippi River, US
Sturgeon		Not Recommended	Shovelnose sturgeon	<i>Scaphirhynchus platorhynchus</i>		Wild	Drift gillnet	Mississippi River, US
Sturgeon		Not Recommended	White sturgeon	<i>Acipenser transmontanus</i>		Wild	Drift gillnet	Columbia River Ore.
Sturgeon		Under Review	Atlantic sturgeon	<i>Acipenser oxyrinchus oxyrinchus</i>		Wild	Bottom gillnet	New Brunswick, St. Johns River
Swordfish		Ocean Wise	Swordfish	<i>Xiophias gladius</i>		Wild	Handline	Western and Central Pacific: Vietnam
Swordfish		Ocean Wise	Swordfish	<i>Xiophias gladius</i>		Wild	Shallow-set longline	Hawaii
Swordfish		Ocean Wise	Swordfish	<i>Xiophias gladius</i>		Wild	Buoy	US Atlantic, Northern Stock
Swordfish		Ocean Wise	Swordfish	<i>Xiophias gladius</i>		Wild	Pelagic longline	Atlantic US, Gulf of Mexico
Swordfish		Ocean Wise	Swordfish	<i>Xiophias gladius</i>		Wild	Harpoon, Handline	Atlantic Canada, US, Hawaii
Swordfish		Ocean Wise	Swordfish	<i>Xiophias gladius</i>		Wild	Harpoon, Handline	Pacific Ocean
Swordfish		Ocean Wise	Swordfish	<i>Xiophias gladius</i>		Wild	Harpoon	South Atlantic Ocean
Swordfish	MSC	Ocean Wise	North Atlantic swordfish	<i>Xiophias gladius</i>	North West Atlantic Canada harpoon swordfish	Wild	Harpoon	NAFO areas 3, 4, 5, & 6 as well as outside the NAFO Convention Area, in the ICCAT Northern Swordfish Boundary Area
Swordfish		Not Recommended	Swordfish	<i>Xiophias gladius</i>		Wild	Pelagic longline	Pacific Ocean (excluding Hawaii)
Swordfish		Not Recommended	Swordfish	<i>Xiophias gladius</i>		Wild	Gillnet	California
Swordfish		Not Recommended	Swordfish	<i>Xiophias gladius</i>		Wild	Shallow-set longline, Pelagic longline	Indian Ocean
Swordfish		Not Recommended	Swordfish	<i>Xiophias gladius</i>		Wild	Pelagic longline	Atlantic Ocean (excluding US)
Swordfish	MSC	Not Recommended	North Atlantic swordfish	<i>Xiphias gladius</i>	North West Atlantic Canada longline swordfish	Wild	Pelagic longline	Atlantic Canadian EEZ and international waters within the ICCAT Northern Swordfish Boundary Area
Swordfish	MSC	Not Recommended	Broadbill swordfish	<i>Xiphias gladius</i>	Walker Seafood Australia albacore, yellowfin tuna and swordfish	Wild	Pelagic longline	Australia - FAO statistical area 81, Western and Central Pacific Ocean
Tilapia		Ocean Wise	Blue Tilapia	<i>Oreochromis aureus</i>		Farmed	Raceway	Peru
Tilapia		Ocean Wise	Nile tilapia	<i>Oreochromis niloticus</i>		Farmed	Open net pen	Mexico, Indonesia, Honduras
Tilapia		Ocean Wise	Nile Tilapia	<i>Oreochromis niloticus</i>		Farmed	Recirculating aquaculture system (RAS)	Worldwide

Tilapia		Ocean Wise	Tilapia	<i>Oreochromis spp., Sarotherodon spp., Tilapia spp.</i>		Farmed	Recirculating aquaculture system (RAS)	US
Tilapia		Ocean Wise	Tilapia	<i>Oreochromis spp., Sarotherodon spp., Tilapia spp.</i>		Farmed	Pond	Ecuador
Tilapia	Naturland	Ocean Wise	Tilapia	<i>Oreochromis spp.</i>		Farmed	Various	Worldwide
Tilapia		Not Recommended	Tilapia	<i>Oreochromis niloticus, O.niloticus x</i>		Farmed	Ponds	China
Tilapia		Not Recommended	Tilapia	<i>Oreochromis mossambicus, O. niloticus, Oreochromis spp.</i>		Farmed	Ponds	Taiwan
Tilapia		Not Recommended	Tilapia	<i>Oreochromis mossambicus, O. niloticus, Oreochromis spp.</i>		Farmed	Open net pen	Columbia
Tilefish		Not Recommended	Blue tilefish	<i>Caulolatilus microps</i>		Wild	Bottom longline; Handline	Gulf of Mexico, US S. Atlantic
Tilefish		Ocean Wise	Golden tilefish	<i>Lopholatilus chamaeleonticeps</i>		Wild	Bottom longline; Handline	Western Atlantic (East Coast of North America)
Triggerfish		Not Recommended	Queen triggerfish	<i>Balistes vetula</i>		Wild	Handline, pot, trap, diver, bottom longline	US, Puerto Rico
		Not Recommended	Gray triggerfish	<i>Balistes capriscus</i>		Wild	Handline	US Gulf of Mexico
		Not Recommended	Gray triggerfish	<i>Balistes capriscus</i>		Wild	Diver, Handline	US Southeast Atlantic
Trout		Ocean Wise	Brook trout, speckled trout	<i>Salvelinus fontinalis</i>		Farmed	Recirculating Aquaculture Systems (RAS)	Worldwide
Trout		Ocean Wise	Lake trout	<i>Salvelinus namaycush</i>		Wild	Trap net, Gillnet	Canada (Lake Huron), US (Lake Superior - Michigan and Minnesota, Lake Michigan)
Trout		Ocean Wise	Rainbow trout	<i>Oncorhynchus mykiss</i>		Farmed	Recirculating Aquaculture Systems (RAS)	Worldwide
Trout		Ocean Wise	Rainbow trout, steelhead	<i>Oncorhynchus mykiss</i>		Farmed	Open net pen, Man-made lake	Lois Lake, Canada
Trout		Ocean Wise	Rainbow trout, steelhead	<i>Oncorhynchus mykiss</i>		Wild	Midwater gillnet	US Washington: Quillayute River
Trout		Ocean Wise	Rainbow trout, steelhead	<i>Oncorhynchus mykiss</i>		Farmed	Raceway, Pond	United States: Washington
Trout		Ocean Wise	Rainbow trout, steelhead	<i>Oncorhynchus mykiss</i>		Farmed	Open net pen	United States
Trout		Not Recommended	Rainbow trout	<i>Oncorhynchus mykiss</i>		Wild	Midwater gillnet	US Washington: Chehalis River, Hoh River, Queets River, Quinault River, Humptulius River
Trout		Not Recommended	Lake trout	<i>Salvelinus namaycush</i>		Wild	Trap net; Gillnet	Canada (Lake Superior), US (Lake Superior - Wisconsin)
Trout		Under Review	Steelhead	<i>Oncorhynchus mykiss</i>		Farmed	Open net pen	Canada
Tuna (Albacore)		Ocean Wise	Albacore tuna	<i>Thunnus alalunga</i>		Wild	Troll, Pole	Pacific Ocean (excluding Hawaii)
Tuna (Albacore)		Ocean Wise	Albacore tuna	<i>Thunnus alalunga</i>		Wild	Deepset longline	Hawaii
Tuna (Albacore)		Ocean Wise	Albacore tuna	<i>Thunnus alalunga</i>		Wild	Troll, Pole	North Atlantic Ocean
Tuna (Albacore)	MSC	Ocean Wise	Albacore tuna	<i>Thunnus alalunga</i>	American Western Fish Boat Owners Association (WFOA) albacore tuna North Pacific	Wild	Troll, Pole, Jig	US North Pacific
Tuna (Albacore)	MSC	Ocean Wise	Albacore tuna	<i>Thunnus alalunga</i>	Canadian Highly Migratory Species Foundation (CHMSF) British Columbia albacore tuna North Pacific	Wild	Troll, Jig	British Columbia
Tuna (Albacore)	MSC	Ocean Wise	Albacore tuna	<i>Thunnus alalunga</i>	New Zealand albacore tuna troll	Wild	Troll	New Zealand

Tuna (Albacore)		Not Recommended	Albacore tuna	<i>Thunnus alalunga</i>		Wild	Pelagic longline	Pacific Ocean
Tuna (Albacore)		Not Recommended	Albacore tuna	<i>Thunnus alalunga</i>		Wild	Pelagic longline, Deepset longline, Shallowset longline	Indian Ocean
Tuna (Albacore)		Not Recommended	Albacore tuna	<i>Thunnus alalunga</i>		Wild	Pelagic longline	North Atlantic Ocean
Tuna (Albacore)		Not Recommended	Albacore tuna	<i>Thunnus alalunga</i>		Wild	Troll, Pole, Pelagic longline	South Atlantic Ocean
Tuna (Albacore)		Not Recommended	Albacore tuna	<i>Thunnus alalunga</i>		Wild	Gillnet	California
Tuna (Albacore)	MSC	Not Recommended	Albacore tuna	<i>Thunnus alalunga</i>	Fiji albacore tuna longline	Wild	Pelagic longline	Fiji
Tuna (Albacore)	MSC	Not Recommended	Albacore tuna	<i>Thunnus alalunga</i>	Walker Seafood Australia albacore, yellowfin tuna and swordfish	Wild	Pelagic longline	Australia - FAO statistical area 81, Western and Central Pacific Ocean
Tuna (Albacore)	MSC	Not Recommended	Albacore tuna	<i>Thunnus alalunga</i>	North Atlantic albacore artisanal fishery	Wild	Troll, Pole	North Atlantic, FAO 27 Atlantic, Northeast
Tuna (Bigeye)		Not Recommended	Bigeye tuna	<i>Thunnus obesus</i>		Wild	Greenstick	Atlantic Ocean
Tuna (Bigeye)		Not Recommended	Bigeye tuna	<i>Thunnus obesus</i>		Wild	FAD purse seine, Pelagic longline	Pacific Ocean
Tuna (Bigeye)		Not Recommended	Bigeye tuna	<i>Thunnus obesus</i>		Wild	FAD purse seine, Pelagic longline	Indian Ocean
Tuna (Bigeye)		Not Recommended	Bigeye tuna	<i>Thunnus obesus</i>		Wild	FAD purse seine, Pelagic longline	Atlantic Ocean
Tuna (Blackfin)		Not Recommended	Blackfin tuna	<i>Thunnus atlanticus</i>		Wild	Troll, Pole, Greenstick	Atlantic Ocean
Tuna (Blackfin)		Not Recommended	Blackfin tuna	<i>Thunnus atlanticus</i>		Wild	FAD purse seine, Pelagic longline	Atlantic Ocean
Tuna (Bluefin)		Not Recommended	Pacific Bluefin tuna	<i>Thunnus orientalis</i>		Wild	Unassociated purse seine, Pelagic longline	Pacific Ocean
Tuna (Bluefin)		Not Recommended	Pacific Bluefin tuna	<i>Thunnus orientalis</i>		Farmed	Open net pen	Japan, Mexico
Tuna (Bluefin)		Not Recommended	Pacific Bluefin tuna	<i>Thunnus orientalis</i>		Wild	Gillnet	California
Tuna (Bluefin)		Not Recommended	Atlantic Bluefin tuna	<i>Thunnus thynnus</i>		Wild	All gears	Worldwide
Tuna (Bluefin)		Not Recommended	Atlantic Bluefin tuna	<i>Thunnus thynnus</i>		Farmed	Open net pen	Mediterranean Sea
Tuna (Bluefin)		Not Recommended	Southern Bluefin tuna	<i>Thunnus maccoyii</i>		Farmed	Open net pen	Australia
Tuna (Bluefin)		Not Recommended	Southern Bluefin tuna	<i>Thunnus maccoyii</i>		Wild	Pelagic longline	Pacific Ocean, Indian Ocean
Tuna (Skipjack)		Ocean Wise	Skipjack tuna	<i>Katsuwonus pelamis</i>		Wild	Troll, Pole	Western and Central Pacific
Tuna (Skipjack)		Ocean Wise	Skipjack tuna	<i>Katsuwonus pelamis</i>		Wild	Longline	Hawaii
Tuna (Skipjack)		Ocean Wise	Skipjack tuna	<i>Katsuwonus pelamis</i>		Wild	Troll, Pole	Indian Ocean
Tuna (Skipjack)		Ocean Wise	Skipjack tuna	<i>Katsuwonus pelamis</i>		Wild	Unassociated purse seine	Indian Ocean
Tuna (Skipjack)		Ocean Wise	Skipjack tuna	<i>Katsuwonus pelamis</i>		Wild	Troll, Pole, Greenstick, Unassociated purse seine	Atlantic Ocean
Tuna (Skipjack)	MSC	Ocean Wise	Skipjack tuna	<i>Katsuwonus pelamis</i>	PNA Western and Central Pacific skipjack and tuna	Wild	Unassociated purse seine	Western and Central Pacific
Tuna (Skipjack)	MSC	Ocean Wise	Skipjack tuna	<i>Katsuwonus pelamis</i>	Tri Marine Western and Central Pacific skipjack and yellowfin tuna	Wild	Unassociated purse seine	Western and Central Pacific
Tuna (Skipjack)	MSC	Ocean Wise	Skipjack tuna	<i>Katsuwonus pelamis</i>	Solomon Islands skipjack and yellowfin tuna purse seine and pole & line	Wild	Unassociated purse seine, Pole, Troll	Western and Central Pacific Ocean. FAO Statistical area 71
Tuna (Skipjack)	MSC	Ocean Wise	Skipjack tuna	<i>Katsuwonus pelamis</i>	Talley's New Zealand Skipjack Tuna	Wild	Purse Seine	New Zealand
Tuna (Skipjack)		Not Recommended	Skipjack tuna	<i>Katsuwonus pelamis</i>		Wild	FAD purse seine	Pacific Ocean (excluding Hawaii)
Tuna (Skipjack)		Not Recommended	Skipjack tuna	<i>Katsuwonus pelamis</i>		Wild	FAD purse seine	Indian Ocean
Tuna (Skipjack)		Not Recommended	Skipjack tuna	<i>Katsuwonus pelamis</i>		Wild	FAD purse seine	Atlantic Ocean
Tuna (Tongol)		Ocean Wise	Tongol tuna	<i>Thunnus tonggol</i>		Wild	Handline, Troll	Western Central Pacific Ocean (Indonesia)

Tuna (Tongol)		Ocean Wise	Tongol tuna	<i>Thunnus tonggol</i>		Wild	Unassociated purse seine	Western Central Pacific Ocean (Malaysia and Thailand)
Tuna (Tongol)		Not Recommended	Tongol tuna	<i>Thunnus tonggol</i>		Wild	Unassociated purse seine	Indian Ocean (Thailand, Malaysia, Iran)
Tuna (Tongol)		Not Recommended	Tongol tuna	<i>Thunnus tonggol</i>		Wild	Troll, Pole	Indian Ocean (Indonesia, Iran)
Tuna (Tongol)		Not Recommended	Tongol tuna	<i>Thunnus tonggol</i>		Wild	Gillnet, Drift gillnet	Indian Ocean (Indonesia, Iran) and WCPO (Indonesia)
Tuna (Yellowfin)		Ocean Wise	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	Handline, Troll/Pole	Western Central Pacific Ocean (excluding Hawaii)
Tuna (Yellowfin)		Ocean Wise	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	Deepset longline	Hawaii
Tuna (Yellowfin)		Ocean Wise	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	Dolphin-set purse seine	Pacific Ocean (East)
Tuna (Yellowfin)		Ocean Wise	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	Unassociated purse seine	Pacific Ocean (West)
Tuna (Yellowfin)		Ocean Wise	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	Greenstick	North Atlantic
Tuna (Yellowfin)	MSC	Ocean Wise	Yellowfin tuna	<i>Thunnus albacares</i>	PNA Western and Central Pacific skipjack and tuna	Wild	Unassociated purse seine	Western and Central Pacific
Tuna (Yellowfin)	MSC	Ocean Wise	Yellowfin tuna	<i>Thunnus albacares</i>	Maldives pole & line skipjack & yellowfin tuna	Wild	Pole, Troll	Maldives
Tuna (Yellowfin)	MSC	Ocean Wise	Yellowfin tuna	<i>Thunnus albacares</i>	Tri Marine Western and Central Pacific skipjack and yellowfin tuna	Wild	Unassociated purse seine	Western and Central Pacific
Tuna (Yellowfin)	MSC	Ocean Wise	Yellowfin tuna	<i>Thunnus albacares</i>	Solomon Islands skipjack and yellowfin tuna purse seine and pole & line	Wild	Unassociated purse seine	Western and Central Pacific Ocean. FAO Statistical area 71
Tuna (Yellowfin)		Not Recommended	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	Troll, Pole	Atlantic Ocean
Tuna (Yellowfin)		Not Recommended	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	FAD purse seine, Pelagic longline	Pacific Ocean (excluding Hawaii)
Tuna (Yellowfin)		Not Recommended	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	Unassociated purse seine	Pacific Ocean (East)
Tuna (Yellowfin)		Not Recommended	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	Troll, Pole, FAD purse seine, Unassociated purse seine, Pelagic longline	Indian Ocean
Tuna (Yellowfin)		Not Recommended	Yellowfin tuna	<i>Thunnus albacares</i>		Wild	Unassociated purse seine, FAD purse seine, Pelagic longline	Atlantic Ocean
Tuna (Yellowfin)	MSC	Not Recommended	Yellowfin tuna	<i>Thunnus albacares</i>	Walker Seafood Australia albacore, yellowfin tuna and swordfish	Wild	Pelagic longline	Australia - FAO statistical area 81, Western and Central Pacific Ocean
Turbot		Ocean Wise	Greenland halibut; Greenland turbot	<i>Reinhardtius hippoglossoides</i>		Wild	Bottom longline, Bottom trawl	Alaska
Turbot		Not Recommended	Greenland turbot	<i>Reinhardtius hippoglossoides</i>		Wild	Bottom gillnet, Bottom longline, Bottom trawl	Greenland
Turbot	MSC	Ocean Wise	Greenland Halibut	<i>Reinhardtius hippoglossoides</i>	West Greenland Halibut offshore Greenland Halibut	Wild	Bottom trawl	Greenland Northwest Atlantic
Tusk	MSC	Ocean Wise	Tusk	<i>Brosme brosme</i>	ISF Iceland golden redfish, blue ling and tusk	Wild	Trawl, Seine, longline, handline	North East atlantic (FAO 27)
Urchin		Ocean Wise	Green sea urchin, red sea urchin, uni	<i>Strongylocentrotus droebachiensis</i> , <i>Strongylocentrotus franciscanus</i>		Wild	Diver, Hand harvest	BC, Atlantic Canada
Urchin		Not Recommended	Green sea urchin, uni	<i>Strongylocentrotus droebachiensis</i>		Wild	Various	Maine
Urchin		Not Recommended	Red urchin	<i>Strongylocentrotus franciscanus</i>		Wild	Diver, Hand harvest	California
Vendace	MSC	Ocean Wise	Vendace	<i>Coregonus albula</i>	NKF Bothnian Bay vendace trawl	Wild	Bottom trawl	FAO 27 Atlantic, ICES subdivision area IIIa, 31

Wahoo		Ocean Wise	Wahoo (Pacific kingfish)	<i>Acanthocybium solandri</i>		Wild	Troll, Handline	US: Pacific (Hawaii) and US Atlantic
Wahoo		Not Recommended	Wahoo (Pacific kingfish)	<i>Acanthocybium solandri</i>		Wild	Pelagic longline	US Atlantic, US Gulf of Mexico
Wahoo		Not Recommended	Wahoo (Pacific kingfish)	<i>Acanthocybium solandri</i>		Wild	FAD purse seine	North Atlantic, South Atlantic, East Pacific
Walleye		Ocean Wise	aka yellow pickerel, pickerel, yellow pike, dore	<i>Sander vitreus</i>		Wild	Bottom gillnet, Trap net	Canada (Lake Erie, Lake Huron, Lake Ontario), US (Lake Huron, Lake Michigan, Lake Superior - Michigan)
Walleye	MSC	Ocean Wise	Walleye	<i>Sander vitreus</i>	Waterhen Lake walleye and Northern pike Commercial Gillnet	Wild	Gillnet	Waterhen Lake, Manitoba
Walleye		Not Recommended	aka yellow pickerel, pickerel, yellow pike, dore	<i>Sander vitreus</i>		Wild	Bottom gillnet, Trap net	Canada (Lake Superior, Lake Manitoba, Lake Winnipeg, Lake Winnipegosis), US (Lake Superior - Wisconsin)
Weakfish		Not Recommended	aka Grey trout, northern seatrout, Atlantic seatrout	<i>Cynoscion regalis</i>		Wild	Gillnet; Seine; Bottom trawl	US Atlantic
Whitefish, Lake		Ocean Wise	Lake whitefish	<i>Coregonus clupeaformis</i>		Wild	Bottom gillnet, Trap net	Canada (Lake Erie, Lake Huron, Lake Ontario, Lake Superior) & US (Lake Huron, Lake Erie, Lake Michigan - Wisconsin and Michigan, Lake Superior - Michigan)
Whitefish, Lake		Not Recommended	Lake whitefish	<i>Coregonus clupeaformis</i>		Wild	Bottom gillnet, Trap net	Canada (Lake Manitoba, Lake Winnipeg, Lake Winnipegosis) & US (Lake Superior - Wisconsin)
Whitefish, Lake		Not Recommended	Round whitefish	<i>Prosopium cylindraceum</i>		Wild	Trap net; Gillnet	Great Lakes
White Seabass		Ocean Wise	White seabass	<i>Atractoscion nobilis</i>		Wild	Handline, Drift gillnet	California
White Seabass		Not Recommended	White seabass	<i>Atractoscion nobilis</i>		Wild	Bottom gillnet	California
Whiting	MSC	Ocean Wise	Blue whiting	<i>Micromesistius poutassou</i>	Faroese Pelagic Organisation (FPO) North East Atlantic blue whiting	Wild	Midwater trawl	North east Atlantic. FAO statistical area 27
Whiting	MSC	Ocean Wise	Southern blue whiting	<i>Micromesistius australis</i>	New Zealand EEZ southern blue whiting pelagic trawl	Wild	Midwater trawl	New Zealand - Bounty Platform, Bounty Island, Pukaki rise
Wolffish	MSC	Ocean Wise	Atlantic Wolffish	<i>Anarhichas lupus</i>	ISF Iceland saithe, ling, Atlantic wolffish and plaice	Wild	Trawl, seine, longline, handline	North East atlantic (FAO 27)
Wreckfish		Ocean Wise	aka Sea bass	<i>Polyprion americanus</i>		Wild	Handline	US North Atlantic
Yellowtail		Ocean Wise	California yellowtail	<i>Seriola lalandi</i>		Wild	Handline	California
Yellowtail		Ocean Wise	Almaco jack (Hamachi, yellowtail, amberjack, kampachi)	<i>Seriola rivoliana</i>		Farmed	Submersible net pen	Hawaii
Yellowtail		Ocean Wise	Greater amberjack	<i>Seriola dumerili</i>		Wild	Diver	US Gulf of Mexico
Yellowtail		Not Recommended	Hamachi, Yellowtail, kingfish, amberjack	<i>Seriola quinqueradiata, S. lalandi</i>		Farmed	Open net pen	Japan

Yellowtail		Not Recommended	California yellowtail	<i>Seriola lalandi</i>		Wild	Drift gillnet, Bottom gillnet	California
Yellowtail		Not Recommended	Greater amberjack	<i>Seriola dumerili</i>		Wild	Handline	US South Atlantic, US Gulf of Mexico